

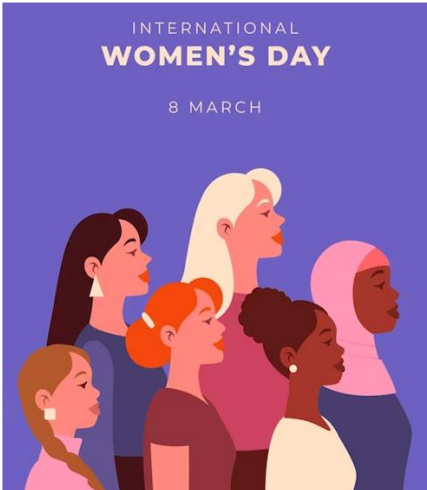


Dr. Elba Garcia

DALLAS COUNTY COMMISSIONER DISTRICT 4



March 2024 Newsletter



International Women's Day is celebrated annually on 8 March. It offers an opportunity to reflect on progress made, to call for change, and to celebrate acts of courage and determination by women who have played an extraordinary role in the history of their countries and communities. According to the International Institute for Sustainable Development (IISD), will focus on the theme, 'Count Her In: Accelerating Gender Equality Through Economic Empowerment'. The theme aligns with the priority theme for the UN 68th Commission on the Status of Women (CSW 68) and will examine pathways to greater economic inclusion for women and girls everywhere. The theme recognizes that, despite progress, women face significant obstacles to achieve equal participation in the economy and calls for ensuring equal opportunity for women and girls to build their capabilities and strengthen their capacity to learn, earn and lead.



Thank you to the City of Dallas- Park and Recreation Board and Department, Grand Prairie, Cedar Hill, TxDOT, NCTCOG, RTC, and our Dallas County Public works department for making this FM 1382 Sidepath groundbreaking ceremony a success. We are paving the way to connecting our trail network vision from Coppell to Cedar Hill for a brighter and healthier future within our Dallas County communities!



This month I am happy to present a resolution in support of awareness for World Wildlife Day. The United Nations has recognized March 3rd as World Wildlife Day to celebrate and raise awareness about the world's wild animals and plants. Wildlife and ecosystems play a crucial role in sustaining life on earth by providing essential ecosystem services, including clean air, water, food and medicine. education, public awareness, community engagement, and advocating for wildlife are essential for fostering a culture of conservation and promoting responsible behavior towards wildlife and nature.

SUBSCRIBE TO OUR NEWSLETTER:



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I am so thankful to my Road & Bridge crew for always going above and beyond their call of duty and working hard and diligently to attend to all Dallas County needs. This month they cleaned up County owned (unincorporated) property on Lake June Rd. They mowed overgrown vegetation, cleared abandoned homeless encampments, and picked up trash, debris, and illegal dumping. I commend them for a job well done!



ELECTION DAY IS MARCH 5TH



I want to thank Ms. Laura Varela with our Dallas County Elections Department for sharing valuable information to the community at Chorizo & Menudo. Please visit DallasCountyVotes.Org to learn more on dates, times, locations and to review your sample ballot.



HOW TO STAY SAFE DURING

SPRING BREAK



Limit Alcohol
Don't drink and drive. Remember alcohol can impair your judgement and actions.



Be Active
Do a variety of fun activities like walking, dancing, playing volleyball, swimming, etc.

Wear Sunglasses

Wear wraparound sunglasses that provide 100 percent UV ray protection.



Wear Sunscreen

Always wear sunscreen with at least SPF 15. Reapply every 2 hours.



Eat Healthy

Having fun takes energy and fuel. Include a variety of food. Plenty of vegetables, fruits, and whole grains.



Protect Yourself

If you choose to be sexually active use protection to reduce the risk of STI's and unplanned pregnancy

Know the Ropes

Know how to swim. While boating, wear a life jacket and avoid alcohol beverages.



Watch Your Step

Think twice before putting yourself at risk for injury. Be sure to use appropriate safety gear before venturing out.



NM STUDENT HEALTH & COUNSELING **CDC**

Fun Facts About Commissioner Elba Garcia and Dallas County District 4

S J Z V H L L M Q N K J X I Y U L O L C V F T L S
 Y K D W O X U B I R Q Z B L I D E V M E B M O G K
 O N V E O B V A K O T L C K D W F K X Y J H Q O W
 Z W T S Q K I J G A N F H Y S Z B B Q U S K X B S
 S O F I R A C V I V W G D K N L Q T L M M A Q D Q
 N F Z A R M D O L C V B I P K R X U O I K K A C A
 M E W F F V Z X U L C U T L S S B A S N M J U W U
 U A W N M Q I K L N B M I A B S N J V Z S E I C Z
 H G W L W A M N K X C F M F I E W M N Z B Z K L X
 U R Y O I P V T G V J I A Q Q Y R G A W S R X M W
 Z W Y L R F I Z S I C Z L A E S X T S N A S X K T
 W T A B D L E O O B S A Z M Q Q Y W A R X W Q J I
 P P J R A Z D O R C B D N X E H T P P G C N G E H
 S A A C N G V W P G L O S I K M R J S W U B S H B
 M R O T I C Z A I P N M E I M H B W C S H I W F M
 O K R Y E A V Y D L O O Y Y I A P E O A Y M L U W
 D L F Y L D M Q K L D R K C M N L R R J D L A A H
 H A P F S L R X V M Q L T R K C V C D O L I M D R
 Z N A S C S T U L B K H I U G P V E R Y F H P V U
 J D N Q E A Z L W M Z R M F N E M J Y U Q Y Y A R
 N E O O S S G M T D H Z G I E I B O G U E J J I H
 Z W A N N Z W Z G R K M N P I D T I Z N F L G J T
 S U N I E I C O M Q D J Z X Y Q A I G K E W T K I
 I A O Y Y I B F U P T F L E T Q O Y E O C A Y Y G
 F I A J Z F P F G G A J X N P E H Y H S D V E F W

1. Name of County Board that combats human trafficking chaired by Commissioner Elba Garcia.
2. Dallas County District 4 Superintendent.
3. Dallas County public hospital located in District 4
4. Before becoming a County Commissioner, Dr. Elba Garcia was a City of Dallas _____.
5. A County four-legged issue that is dear to Commissioner Elba Garcia.
6. A resolution presented this month by Commissioner Elba Garcia to bring awareness on the world's ecosystem.
7. Police Chief for the City of Grand Prairie.
8. An independent school district in District 4 with a Latina Superintendent that has a podcast called "Heart to Heart".

- ANSWER KEY:
1. New Life Opportunities
 2. Gilbert Aguilar
 3. Parkland
 4. Councilmember
 5. Animal Cruelty
 6. World Wildlife Day
 7. Daniel Scesny
 8. Irving ISD