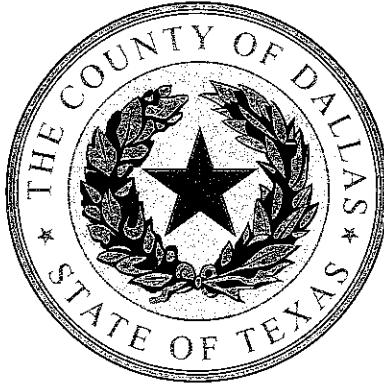


Resolution



ORDER NO 2024-0436

DATE: May 7, 2024

STATE OF TEXAS §

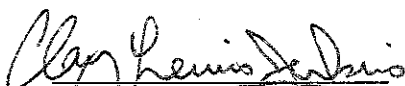
COUNTY OF DALLAS §


BE IT REMEMBERED, at a regular meeting of the Commissioners Court of Dallas County, Texas, held on the 7th day of May, 2024, on a motion made by Dr. Theresa Daniel, Commissioner District 1, and seconded by Dr. Elba Garcia, Commissioner District 4, the following Resolution was adopted:

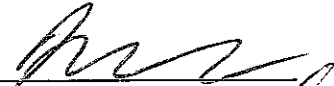
- WHEREAS**, Recognizing the urgent need to prioritize mental health awareness and support within Dallas County, we hereby declare the month of May 2024 as National Mental Health Awareness Month. This year's theme, "Where to Start: Mental Health in a Changing World," acknowledges the challenges individuals face in navigating a constantly evolving society.
- WHEREAS**, Mental illnesses are prevalent in our nation, yet fear and discrimination often prevent individuals from seeking help. By promoting prevention and public awareness, we can reduce the stigma associated with mental illness and encourage individuals to seek treatment. It is important to note that 65% of Dallas County residents cite stigma or embarrassment as the primary barrier to accessing mental health support.
- WHEREAS**, Mental health encompasses our emotional, psychological, and social well-being, impacting how we think, feel, and act in daily life. It is crucial to address mental health challenges, as one in five American adults experiences a mental health condition each year. In Texas, 36.8% of adults report symptoms of anxiety and/or depressive disorder, highlighting the need for accessible mental health services.
- WHEREAS**, One in five American adults experiences a mental health condition each year and everyone faces challenges in life that can impact their mental health. 36.8% of adults in Texas reported symptoms of anxiety and/or depressive disorder, compared to 32.3% of adults in the U.S.
- WHEREAS**, Texas faces significant challenges in youth mental health, with the highest percentage of young people experiencing depression without receiving treatment. It is essential to provide early interventions and support for individuals with mental health conditions, especially those with limited access to healthcare resources.
- WHEREAS**, Despite the prevalence of mental illness, many individuals in Texas are not receiving the necessary treatment. The 2023 State of Mental Health in America report reveals that 21% of adults in the United States are experiencing mental illness, with 55% not receiving treatment due to various barriers. It is crucial for Dallas County to collaborate with agencies and organizations to ensure all individuals have access to mental health services and support.
- WHEREAS**, Dallas County continues to collaborate with agencies that diagnose and treat mental health conditions, particularly for underserved populations, recognizing the importance of collective efforts in promoting mental wellness and prevention initiatives;


NOW, THEREFORE, BE IT RESOLVED that the Dallas County Commissioners Court proclaims May 2024 as Mental Health Month, calling upon citizens, government agencies, institutions, businesses, schools, and organizations in Dallas County to renew their commitment to increasing awareness, understanding, and access to mental health services for all individuals in need.


DONE IN OPEN COURT this the 7th day of May, 2024.


Clay Lewis Jenkins
County Judge


Dr. Theresa Daniel
Commissioner, District 1


Andrew Sommerman
Commissioner, District 2


John Wiley Price
Commissioner, District 3


Dr. Elba Garcia
Commissioner, District 4