

Behind The BADGE



OFFICIAL NEWSLETTER

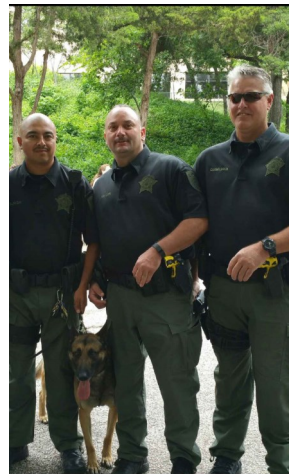
DALLAS COUNTY SHERIFF'S DEPARTMENT

FROM THE SHERIFF

We are halfway through 2016 and have seen a lot happen throughout the Sheriff's Department. We have welcomed new employees, said farewell to some of our long-time employees, passed our annual jail inspection, renamed our jail medical facility, honored our fallen deputies, and participated in various community events. Our recent quarterly award ceremony saw us honor over 300 employees for their years of service, acts of valor, and promotion to a higher rank or position. Congratulations to the recipients of these awards, especially Detective J. Swanson and Deputy Katrina Caldwell-Russell for their acts of bravery. I am extremely proud of our officers and consistently say that we have the best personnel in law enforcement. Thank you to everyone for their dedication and service to this department.

Kids and Cops Community Event

The Dallas County Sheriff's Department participated in a Kids and Cops event at Reverchon Park. Detention Service Officers and members of the K-9 Interdiction Unit were on hand to represent the department and interact with attendees.



- Kids and Cops
- Gomez Memorial
- DSO Graduations
- Quarterly Awards Ceremony
- Gill-Hernandez Resolution
- LEPP Graduation
- Retirements
- K-9 Lewis
- Fallen Deputy Memorial
- National Correctional Officers Week
- Kays Tower Garden
- Announcements

Stay Informed:



Dallas.Sheriff.Dept



@dallas_sheriff

www.dallas-sheriff.com

Deputy Manuel Steve Gomez Memorial

On February 11th, the Dallas County Sheriff's office hosted a memorial ceremony for Deputy Manuel Steve Gomez at the Kenneth Mitchum Gun Range. Deputy Gomez's family joined the Sheriff's Department in dedicating a living, lasting memorial to remember an honorable and valued law enforcement officer who truly loved working as a deputy sheriff and serving the citizens of Dallas County. Sheriff Valdez, Dallas County Judge Clay Jenkins, members of the Sheriff's department, and the Gomez family all made remarks at the ceremony. The Sheriff's Department presented a gift to the Gomez Family and staked a black cast plaque to act as a marker and memorial for Deputy Gomez. A tree was also planted in his memory. This special event was sponsored by TXU Energy and the Texas Trees Foundation.



Women in Management Training

The Dallas County Sheriff's Department had its first Women in Leadership Seminar at the Bill J. Priest Institute on March 24. Attendees included women in leadership roles throughout the department. Retired Sgt. Betsy Smith taught her course "The Truth About Gender Differences," which teaches skills for women to better foster organizational communication, enhance their training/mentoring programs, and improve their daily lives both on and off the job.



UT Dallas Capstone Project

Ashley Sandoval, the daughter of Diana Lugo (Administration), is a student at UT Dallas. Ashley and a team of her peers, completed a Capstone project while shadowing the Sheriff's Department Personnel Section. This Capstone group made a final presentation to their professor for a grade as well to Chief Bonner on April 19. The group presented a professional product and we are excited that our department was chosen. A very special thanks to Captain Don Rowe, DSO Estella Rodriguez, and HR Analyst Kimberly Bell for their dedication, professionalism, hard work and support for the UT Dallas students.



DSO Graduations

The Dallas Sheriff's Department held three Detention Service Officer graduations this past quarter. Approximately 65 new DSO employees were welcomed into the department. Thank you to Sheriff Valdez, Chief Jesse Hererra, Captain Thomas Jacobson, Captain Don Rowe, and Captain Christol Turner for speaking at the graduations.



Quarterly Award Ceremony

The Quarterly Awards ceremony was held in the central jury room on May 27. Over 300 employees were recognized for their years of service, exemplary acts, and promotions. Deputy Katrina Caldwell-Russell was presented the Medal of Valor for using stop sticks on the person who attacked Dallas Police Headquarters last June. Deputy Caldwell-Russell was also recognized by the Stop Stick company for the "Hit of the Year" for using stop sticks to incapacitate the attacker's vehicle. Detective J. Swanson received the Medal of Honor for his actions in saving the life of an Arlington police officer who was shot in the line of duty.



Gill-Hernandez Resolution

The Commissioners Court approved the renaming of the Dallas County Jail's medical facility on March 1st. It will now be known as the Jesse Everett Gill and Dr. Onesimo Hernandez Medical Facility. An official resolution was read and members of the Gill and Hernandez families had an opportunity to address the court and the audience.



LEPP Graduation

Ten high school seniors from Sunset High School successfully completed the Law Enforcement Preparation Program (LEPP). The Sheriff Department's intern program acquaints young people with the nature and complexity of law enforcement. It also encourages them to seek a career in law enforcement. Speakers from across the Sheriff's Department—including chiefs and other staff—spoke with the students about their roles in the office. About seven of the Sunset students are expected to join the Sheriff's Department. Special thanks to Deputy John White and DSO Gwendolyn Johnson for supervising the LEPP program and for encouraging the students throughout their internship.



Andy Phelps Retirement Party

Detective Andy Phelps retired after 32 years of service to the Dallas County Sheriff's Department. The Criminal Investigation Division hosted a retirement party for Detective Phelps on April 15th in the central jury room. He was presented with his retirement plaque and a few special mementos. Sheriff's Department speakers included Sheriff Valdez, Chief Lupe Garza, Captain Stephen Womack, and Lieutenant Howard Sparks. Other speakers included current and former co-workers and employees of various law enforcement agencies that have interacted with Detective Phelps over the years. The Sheriff's Department thanks Detective Phelps for his years of service and wishes him a happy retirement.



MS-150 Bicycle Rally



Captain David Mitchell of the North Texas Auto Theft Task Force recently completed the MS-150 Bicycle Rally. On Saturday, April 30, and Sunday, May 1, he rode his bicycle 160 miles in order to raise funds for the battle against Multiple Sclerosis. This was the 5th time he has participated in the event. Captain Mitchell was able to meet his fundraising goal through the support of faithful contributors. He hopes that one of the dollars contributed by his support team will be the one that conquers this killer disease. There were approximately 3,000 participants in this year's event.

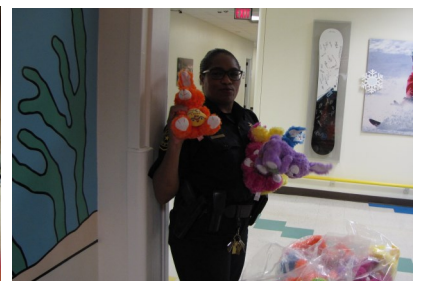
Remembering K-9 Lewis

The Dallas County Sheriff's Department is sad to report that on April 08, 2016, at 9:00 am K-9 Lewis passed away due to his struggle with cancer. K-9 Lewis put up a great fight everyday to stay alive. He will be greatly missed and very hard to replace. K-9 Lewis was cremated and his remains are being kept by his handler, Deputy Latorrez Jones. We thank you for your brave and exemplary service K-9 Lewis.



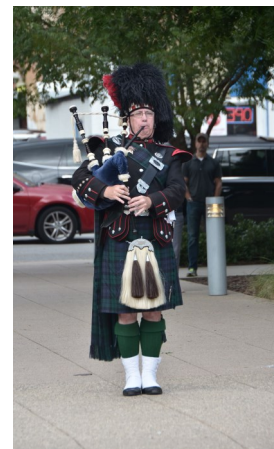
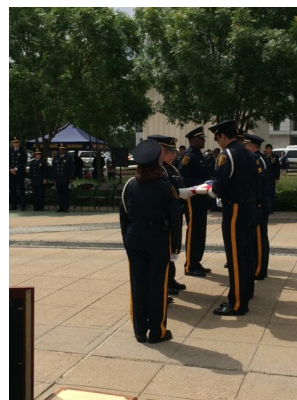
Bunny Hop at Scottish Rite Hospital

Sheriff Valdez and a few detention service officers handed out Easter bunnies at Scottish Rite Hospital on March 17th. This is a yearly tradition done in conjunction with the Easter Bunny Foundation who provides the bunnies. A special thank you to DSO Dylan Timbrell for dressing up as this year's Easter Bunny!



Fallen Deputy Memorial

The annual Fallen Deputy Memorial took place on May 20th at 11am. Sheriff's Department officers and staff, families of the fallen deputies, and invited guests were all on hand to honor the memory of the 19 fallen deputies. This annual ceremony is held at the Fallen Deputy Memorial on 651 Main Street in Downtown Dallas. A lunch was held afterward for executive staff and the families of the fallen deputies. Special thank you to the Fallen Deputy Memorial committee for organizing this event.



Civil Service Swearing-In

The Sheriff's appointee to the Civil Service Commission, Juanita Nanez, was sworn in on February 3rd by the Honorable Judge Margaret Jones-Johnson. Steven Hannah and Dwayne Bishop were also sworn in along with Ms. Nanez.



Scholarship Presentation

Nicholas Bert III, son of Deputy Nicholas Bert from the Bailiff section, was presented a scholarship from the Sheriff's Association.



Career Day at the Aberg Center for Literacy

DSO Charlotte Dorhan represented the Sheriff's Department at the Aberg Center for Literacy during their career day. Thank you to DSO Dorhan for representing the Sheriff's Department and teaching the young attendees about her job.



Boyscout Presentation

Deputy Kenneth Terrell spoke to Boyscout Troop #89 about different public safety tips. Deputy Terrell handed out materials from the Sheriff's department and answered questions from the scouts.



All Women Marching for Hope

All Women Marching for Hope hosted their 9th Annual Dallas domestic and teen violence walk. The organization sent a special thanks to Sheriff Lupe Valdez, Captain Shelia Carter-Bass, Deputy John White, Lt S. Burke, Deputy B. Ellington and Deputy V. Harris for participating in the event.



Sheriff Arturo Gutierrez Garcia

Sheriff Valdez met with some special visitors from San Luis Potosi, Mexico. Sheriff Arturo Gutierrez Garcia and two members of his staff met with the Sheriff and took a tour of the Dallas County Jail.



Bailiff Swearing In

Sheriff Valdez swore in five bailiffs over the last quarter who will be working part-time in the courts. The Sheriff's Department would like to welcome Wayne Scheir, Thomas Roberts, Greg Artesi, Joseph Cutrona, and Delia Hernandez.



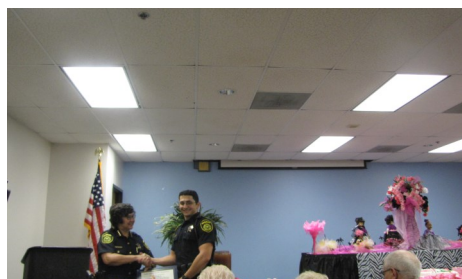
Retirement



Detention Service Officer Ronald Mike was presented a certificate of retirement for 10 years of service to the Dallas County Sheriff's Department. DSO Mike came to the department after leaving New Orleans due to Hurricane Katrina. Thank you DSO Mike for your service to the Sheriff's Department.

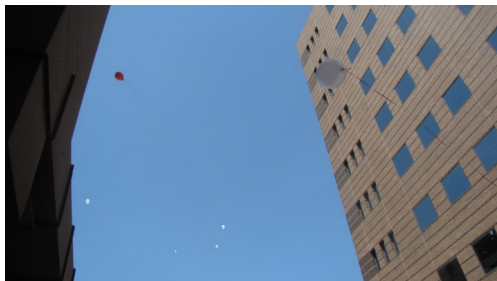
Hines Retirement

Congratulations to Deputy Laura Hines on her retirement after 30 years of service in the Dallas County Sheriff's Department. Family, friends, and Sheriff's Department staff gathered on May 26th to recognize Deputy Hines and all of the contributions she made throughout her career. Her son, Deputy Ray Garcia, also received a certificate for 10 years of service to the Dallas County Sheriff.



National Correctional Officers Week

May 2nd through the 8th was National Correctional Officers and Employees Week. This week began in 1984 when President Reagan signed a proclamation to recognize the service of correctional officers and staff. The Dallas County Sheriff held a special event to acknowledge the contributions of our detention service officers and detention staff. The Sheriff and her executive staff spoke at the event, a prayer was read, and balloons were released to commemorate the detention service officers that have passed away in the line of duty.



SPCA Blanket Donation

The Sheriff's Department has begun an initiative to donate used blankets to the Dallas SPCA on a weekly basis. The Department will donate blankets that are no longer usable due to wear and tear. Instead of throwing the blankets away, the SPCA and its animals will put them to good use. Thank you to Diane Bronar- Skipworth and the Cook Chill staff for taking charge of this initiative.



Texas Jail Association Conference



DSO Bernard Richmond was awarded the best driving time on the new driving simulator at the 30th Annual Texas Jail Association Conference in Austin. DSO Richmond is pictured with Sheriff Lupe Valdez and his trophy.

American Jail Association Conference

Assistant Chief Earnestine Sanders, DSS Sonya King (2nd Watch Gill-Hernandez), and Lt. Michelle Washington attended the 35th Annual American Jail Association Conference in Austin.



Pullolickal Chandy Retirement

Detention Service Officer Pullolickal Chandy retired from the Dallas Sheriff's Department with 23 years of service. Sheriff Valdez presented DSO Chandy with a certificate of retirement and thanked him for his service.



Jamie McClanahan Retirement

Detention Service Officer Jamie McClanahan also retired from the Dallas Sheriff's Department with 23 years of service. Sheriff Valdez presented DSO McClanahan with a certificate of retirement and congratulated her.



Texas Jail Association Conference



Sheriff Lupe Valdez is pictured with all the Sheriffs who were in attendance at the 30th Annual Texas Jail Association Conference in Austin.

Health and Safety Fair

Dallas Sheriff's Department employees attended a health and safety fair on May 21st at Friendship-West Baptist Church in Dallas. Attendees had the opportunity to interact with Sheriff's department staff and take a tour of the department's Mine-Resistant Ambush Protected vehicle or MRAP.



Meeting



Assistant Chiefs Lupe Garza and Deborah Foster are pictured with Flat Ella at the Frontiers of Flight Museum's Haddaway Award Luncheon on May 12 at Love Field. The luncheon honored Col. Dan Caine, USAF, for his service over the DC National Command Airspace on 9/11.

Community Event

Deputy Christopher Loboda from the HOV Enforcement Unit and his children Camryn, Christian, and Addison attended the Bike Rodeo and Child Safety Day on April 16th at Scottish Rite Hospital.



Sheriff's Department Merchandise



Windshield Stickers
Size: 3" ~ **Inside Only** ~
Self Adhesive Application
Non-Reflective
\$4.00 Each



Windshield Stickers
Size: 3" ~ **Outside Only** ~
Self Adhesive Application
Reflective
\$5.00 Each



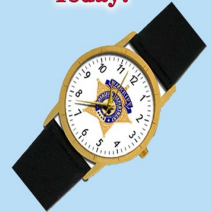
Key Holder
Custom Made
1-3/4" x 2-1/2"
Brass Ring Included
\$25.00 Each

Available July 2016!



Lapel/Tie Pin
3/4" x 3/4"
\$5.00 Each

**Limited Quantities
Get Yours
Today!**



Sheriff Logo Watch
Unisex Style
\$35.00 Each

Available at the Sheriff's Digital Photo Lab ~ 2121 French Settlement ~ Dallas TX 75212
214-951-7467

Geevarghese Mathukutty Retirement

Congratulations to Geevarghese Mathukutty in the Data Management Unit on his retirement from the Dallas County Sheriff's Department. Mr. Mathukutty worked in Intake and retired from the department with 16 years of service.



Dallas County Jail Passes 7th Consecutive Inspection

The Dallas County Jail passed its seventh consecutive inspection on February 26th. Fred St. Amant, inspector with the Texas Commission on Jail Standards, praised the Sheriff, chiefs, maintenance, and all of the jail staff for the excellent condition of the jail. Sheriff Lupe Valdez thanked all of the employees involved with the jail for working together to make this inspection successful. Commissioner John Wiley Price also thanked the Texas Commission on Jail Standards for being accessible throughout the inspection process and congratulated everyone for their diligent work.



Expanded Inmate Garden

Inmate programs has expanded their outdoor garden to include multiple fruit and vegetable beds. The produce being grown includes Irish potatoes, sweet potatoes, Swiss chard, onions, radishes, beets, cucumbers, squash, tomatoes, peppers, melons, beans and okra. The garden is located near the back of Kays Tower.



Healthy Living

Healthy Eating



1. Eat veggies first.

Don't fill up on the 'meat and potatoes' portion of your meal first. Eat as much vegetables as you can stand before moving on to the other food groups.

2. Stop counting calories.

Researchers found that when people who are counting calories are presented with an empty doughnut box (an image of something 'forbidden' and 'off limits' to them) they later performed worse on tests of attention and reasoning. Meaning, counting calories screws with your brain. Instead they suggest focusing on simpler strategies like avoiding added sugars or not eating past 7 p.m.

3. Drink Up On Water.

Water has multiple purposes for our health and well being. It has been a known fact that we can survive without food, but cannot survive without water. Water keeps you hydrated which helps prevent fatigue, low energy levels, headaches and mood swings. Water is also essential for the proper function of cells in the body. It is used to regulate our body temperature, remove unwanted toxins from your body and also acts as a lubricant around your joints. In addition, many people confuse thirst for hunger and turn towards food when dehydrated, when in actual fact, what their body really wants is water. Keeping our bodies hydrated will help maintain weight and keep us on the right track to a healthy diet.

4 Ways to Encourage Healthy Eating

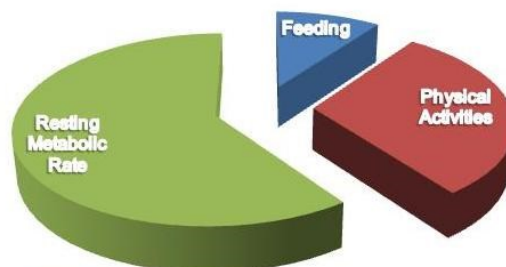


4. Know Your Total Daily Energy Expenditure (TDEE) and Don't Overeat

Some foods might taste great, are addictive or you are just going through a phase where you are eating "out of emotions". Whatever the reason, overeating can definitely lead to health risks in the long term. In addition, there are a lot of hidden calories in foods and being aware of your daily food intake can help you stay in control of your eating habits.

Total daily energy expenditure (TDEE) calculates the amount of calories your body burns per day based on your height, weight, age and physical activity level. Once you know your TDEE, it's much easier to determine if you're eating too much or not enough.

BREAKDOWN ON HOW YOUR BODY USED ENERGY IN A DAY



FEEDING - 10%
PHYSICAL ACTIVITIES - 15-30%
RESTING METABOLIC RATE - 60-75%

Announcements

DEATHS

February 28, 2016 - Elsa Bass, the mother of DSO Daphne Bass (West Tower) and the grandmother of DSO D. Lambert (Gill-Hernandez), passed away at the age of 70.

March 12, 2016 - Retired Deputy Donald Dorsey (Bailiff Section) passed away. He worked for the Sheriff's Department for 32 years before retiring in 1994. Deputy Dorsey is the ex-father-in-law of retired DSS Russell "Rusty" Harrison, the grandfather of former DSO Rebecca Chavez, and the grandfather-in-law of Deputy Paul Lee and Marcus Chavez (Vehicle Crimes Unit).

March 14, 2016 - Kermit Nixon, the father of Pamela Nixon (Vault Clerk/1st Watch), has passed away at the age of 83.

March 16, 2016 - Christall Stevens, the sister of DSO Betty Stevens (Release Section/2nd Watch), has passed away.

March 16, 2016 - Kimberly King-Young, the sister of DSS LaShonda Lacy, passed away.

March 18, 2016 - Rachel Crabtree, the mother of Cheryl McElroy (DMU Clerk/2nd Watch), passed away.

March 18, 2016 - Monique Thompson Philio, the daughter of Jackie Thompson (Clerk/TDC Desk) passed away.

March 20, 2016 - Sammy Denny, the father of Deputy Reade Denny (Traffic/Commercial Vehicle Enforcement Unit) has passed away.

March 21, 2016 - Retired DSO William Mitchell (Release-Mailroom/2nd Watch) passed away. DSO Mitchell worked with the Dallas Sheriff's Department for 18 years.

April 2, 2016 - Edith F. Hale-Marsh, the mother of DSO Marcella Hale (Technical Services/Central Intake) passed away in Winfield, Kansas.

April 2, 2016 - Janette Womack (Courtesy Patrol), the sister of DSO Darren Strange (West Tower/2nd Watch) passed away from a stroke. She had been employed with the Courtesy Patrol for 10 years as a patroller and dispatcher.

April 4, 2016 - DSO Shashan Bennett (Intake Division/2nd Watch) passed away from a heart attack. She had worked with the Sheriff's Department for 9 years.

April 17, 2016 - Winnie Moore, the grandmother of LaTrisha Jones (Fiscal Mgmt. Section) passed away at the age of 79.

May 18, 2016 - Frennie Lee Hughes, the father of Monee Hughes (Clerk 8 Fiscal/Bond Section) passed away at the age of 75.

May 19, 2016 - Nancy Ray Robertson, the grandmother of DSO Patrice Neal (S.H.O.T./2nd Watch), passed away at the age of 71.

May 21, 2016 - Kendrick Forrest, the brother of DSO Kimberly Barnes (S.H.O.T./2nd Watch) has passed away.

May 21, 2016 - Christian Hopson, the step-daughter of DTO Anthony Lloyd (3rd Watch/West Tower) has passed away.

May 27, 2016 - Evelyn Lafayette, the sister of Yolanda Lafayette (Clerk 8 Fiscal/Bond Section) passed away at the age of 54.

Please remember to keep these families in your prayers.

Dallas County Sheriff's Department
133 N. Riverfront Blvd. LB-31
Dallas, Texas 75207-4313

For submission of a newsletter item:
Sheriffmedia@dallascounty.org
Melinda.Urbina@dallascounty.org

For the latest updates:
www.dallas-sheriff.com