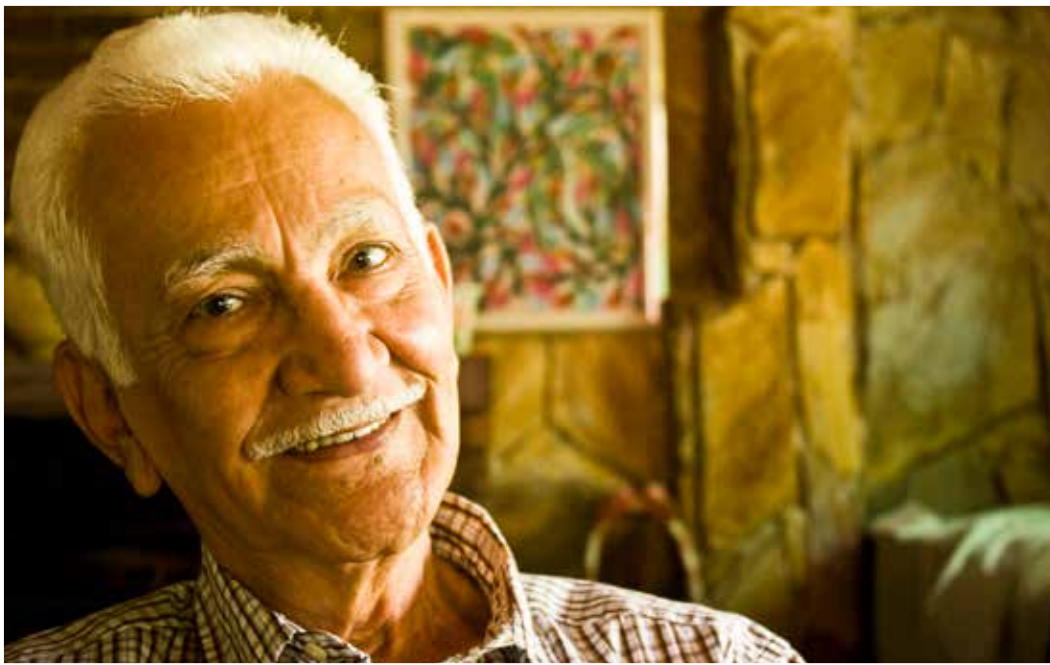


The rise in temperatures this summer should trigger a heightened awareness for our elderly neighbors and family members.



These residents are at high risk for heat-related illnesses.

Take time to check on them regularly.

Make sure they have access to air conditioning.

Encourage them to stay indoors during peak daytime temperatures.

Seek immediate medical attention if you notice a change in their health.



BEAT *the* HEAT

Need relief from the heat?
Call 214-819-6001 to see if you qualify for assistance.



DCHHS
Dallas County Health and Human Services
Healthy People Healthy Communities
Health and Social Equity



214-819-2100 | www.dallascounty.org/hhs
Philip Huang, MD, MPH
Director / Health Authority