



Go to the gym. Check in. Get points.

Download the Rally Health® app and use Gym Check-In to earn sweet rewards.



Now, getting points for getting fit couldn't be easier — with Gym Check-In on the Rally Health app. Just tap Check In from the app at any participating fitness facility and you'll be on your way to earning righteous rewards.

Step 1: Get the App

Download it from the Apple® App Store® or on Google® Play and sign in.

Step 2: Check In

Go to Rewards in the app, then tap Gym Check-In to get started.

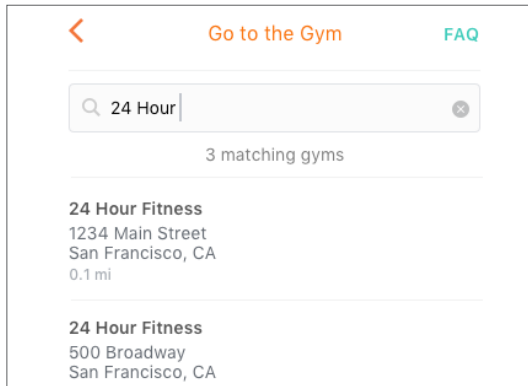
Step 3: Keep It Up!

Be sure to check in every time you go — and earn rewards faster!

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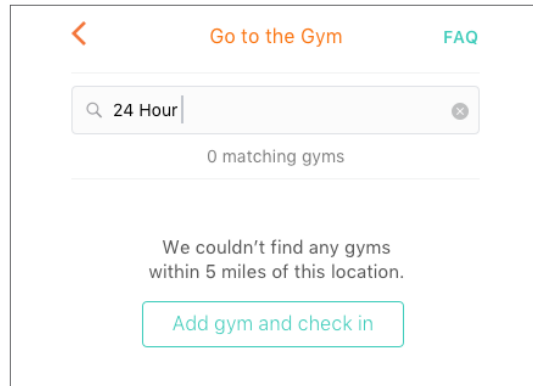
New to Rally? Just use mobile code <BeWell> to get started.

Getting started with Gym Check-In is simple.



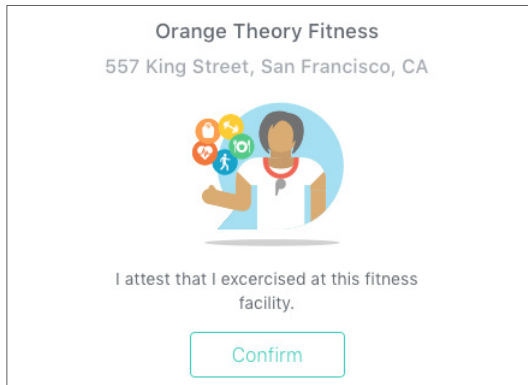
Find Your Gym

Use your location to select a gym or start typing to see a list.



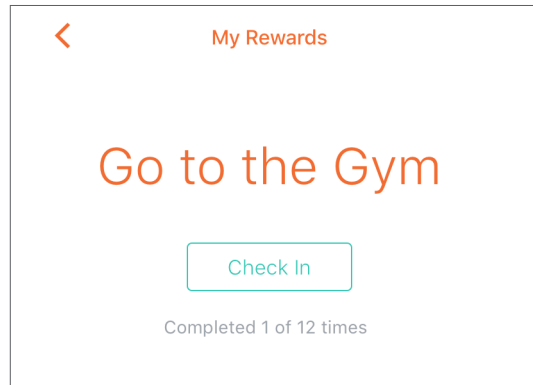
Add Your Gym

Don't see your gym listed? Just click "Add gym" to enter it.



Confirm Your Gym

Once you've selected your gym, click "Confirm." That's it!



Check Your Progress

See how much you're earning anytime, right from the app.

Live Healthier and Happier With Rally

Available at no additional cost as part of your health plan benefits, Rally® helps you get healthier by giving you personalized recommendations for simple activities you can do every day to move more, eat better, and feel great. Plus, you can earn sweet rewards all along the way.

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