



DCHHS
Safe families, healthy lives.

Dallas County Health and Human Services



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FOR IMMEDIATE RELEASE

DCHHS Reports the Second Case of Imported Chikungunya Virus

DALLAS (September 5, 2018) – Dallas County Health and Human Services (DCHHS) is reporting the second case of imported Chikungunya virus (CHIKV) in Dallas County for 2018.

The 5-year-old resident of Irving was infected during recent travel to India. For medical confidentiality and personal privacy reasons, DCHHS does not provide additional information.

CHIKV is transmitted to people through mosquito bites from *Aedes aegypti* and *Aedes albopictus*. These are the same mosquitoes that have been found to carry Zika and Dengue viruses. CHIKV does not often result in death, however the symptoms can be disabling. Most people infected with CHIKV will develop symptoms of fever, joint pain, headache, muscle pain, joint swelling or rash.

There is no vaccine to treat or prevent the Chikungunya virus. CDC advises persons with CHIKV to get plenty of rest, drink fluids to prevent dehydration and to take Tylenol to reduce fever and pain.

The best way to avoid exposure to CHIKV is to avoid mosquito bites. Residents should use the 4Ds to reduce their risk.

- **DEET All Day, Every Day:** Whenever you're outside, use insect repellents that contain DEET or other EPA approved repellents and follow instructions.
- **Dress:** Wear long, loose, and light-colored clothing outside.
- **Drain:** Drain or treat all standing water in and around your home or workplace.
- **Dusk & Dawn:** Limit outdoor activities during dusk and dawn when mosquitoes are most active.

More information about CHIKV can be found at

<http://www.dallascounty.org/department/hhs/chikungunya.html>

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