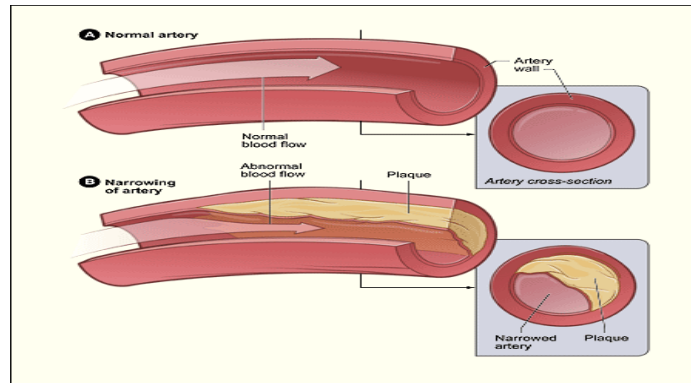


Are You At Risk For Heart Disease or Stroke???



Take Charge of your Life and Find out....
Wellness Diagnostic First will be conducting
Cardiovascular Screening at DCHHS

May 9th, 2018

Sign up information please contact Cathey Cosey at 817-461-6374 and
catheyc@premiercorporatewellness.com

Why do we do Vascular Testing?

As you get older the arterial walls become weaker and can be damaged. As they are damaged they can become inflamed and thickened causing an obstruction of blood flow. Vascular health screenings improves assessment of cardiovascular risk, particularly in individuals who smoke and/or have a family history of heart disease, cholesterol disorders, high blood pressure, and/or diabetes.

Noninvasive Cardiovascular Testing

➤ Doppler Ultrasound

A small ultrasound microphone called a Doppler is held over the vein to determine if a blood clot is present.

➤ Duplex Scan

The test combines a Doppler microphone device with an image of the vessel on a TV-like screen. It is performed to look directly at the arteries for plaque build-up and blockage. The test is 15-20 minutes and helps to determine the risk of a stroke or heart attack in the future.

Who is at risk?

Risk factors for Deep Vein thrombosis are:

- | | | |
|-----------------|------------------------|----------------|
| >Pregnancy | >Hormonal drug therapy | > Past History |
| > Obesity | >Cancer | >Immobility |
| >Blood Disorder | >Injury | >Stress |
| >Age over 40 | >Varicose Veins | >Smoking |
| >Surgery | >Cardiac Disease | |

To schedule an appointment, please contact Cathey Cosey today!

Please bring a photocopy of the following to your screening appointment:

- **A photo ID•**
- **Your insurance card**

