

# Resolution



ORDER NO: 2021-0138

DATE: February 19, 2021

STATE OF TEXAS §

COUNTY OF DALLAS §

**BE IT REMEMBERED**, at a regular meeting of the Commissioners Court of Dallas County, Texas, held on the 19<sup>th</sup> day of February, 2021, on a motion made by Dr. Theresa M. Daniel, Commissioner of District 1, and seconded by John Wiley Price, Commissioner of District 3, the following Resolution was adopted:

**WHEREAS**, Recognizing the rise of cardiovascular disease as the world's leading cause of preventable death and disability and as the global public health crisis of our generation and supporting the recognition of February 2021 as "American Heart Month"; and

**WHEREAS**, cardiovascular disease affects men, women, and children of every age and race in the United States (U.S.); between 2006 and 2018, the death rate from cardiovascular disease fell nearly 16 percent, but cardiovascular disease continues to be the leading cause of death in the U.S., taking the lives of over 860,000 individuals in the U.S. in 2017 and accounting for 1 in 3 deaths across the U.S.; and

**WHEREAS**, the burden of chronic disease is high across Dallas County, and targeting factors contributing to hypertension can improve chronic disease rates. Nearly 80,000 Dallas County residents are living with hypertension, and another 41,000 are living with diabetes, according to the 2019 Dallas County Community Health Needs Assessment; and

**WHEREAS**, the American Heart Association partners with Federally Qualified Health Clinics (FQHC) and clinical teams across Dallas County in areas of highest need including clinics in southern, west and east Dallas and provides vital blood pressure management equipment and healthy lifestyle instruction; and

**WHEREAS**, individuals in the U.S. have made great progress in reducing the death rate for cardiovascular disease, but this progress has been more modest with respect to the death rate for cardiovascular disease in women and minorities; and

**WHEREAS**, the global COVID-19 disease pandemic poses significantly high risk to individuals with CVD and risk factors; and

**WHEREAS**, women from racial and ethnic minority populations, including Black, Hispanic, Asian-American, and Native American women and women from indigenous populations, have a greater prevalence of risk factors or are at a higher risk of death from heart disease, stroke, and other cardiovascular diseases, but are less likely to know of the risk; and

**WHEREAS**, the AHA Self- Monitoring Blood Pressure (SMBP) Program provides vital blood pressure management equipment and healthy lifestyle instruction to FQHCs and Charitable Clinic patients already threatened by hypertension. Self-monitored blood pressure outside the physician's office helps confirm a diagnosis and manages the condition long-term. This program is being implemented at numerous clinics in southern, west and east Dallas currently.

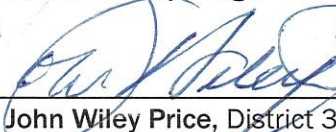
**NOW, THEREFORE, BE IT RESOLVED** that the Dallas County Commissioners Court, in recognition of the importance of the ongoing fight against heart disease and stroke, do hereby proclaim February 2021 to be **AMERICAN HEART MONTH** in Dallas County and urge all citizens to show their support for the fight against heart disease by commemorating this month as **AMERICAN HEART MONTH**. By increasing awareness, speaking out about heart disease, and empowering others to reduce their risk for cardiovascular diseases, we can save thousands of lives each year.

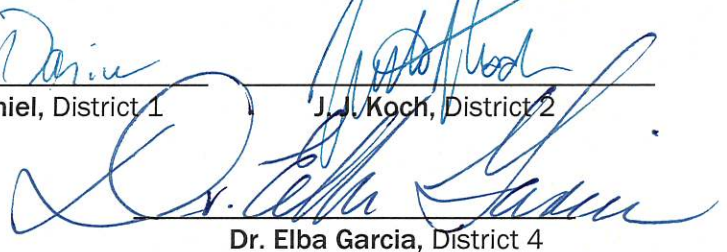
**DONE IN OPEN COURT**, this the 19<sup>th</sup> day of February 2021.

  
Clay Lewis Jenkins, County Judge

  
Dr. Theresa M. Daniel, District 1

  
J. J. Koch, District 2

  
John Wiley Price, District 3

  
Dr. Elba Garcia, District 4