



ORDER NO:

2023-0707

DATE: June 20, 2023

STATE OF TEXAS §

COUNTY OF DALLAS §

BE IT REMEMBERED, at a regular meeting of the Commissioners Court of Dallas County, Texas, held on the 20th day of June, 2023, on a motion made by Dr. Theresa M. Daniel, Commissioner of District 1, and seconded by <u>Dr. Elba Garcia, Commissioner of District 4</u>, the following Resolution was adopted:

WHEREAS,

The month of June has been designated as National Fresh Fruit and Vegetable Month and Dallas County along with its partners are committed to promoting awareness, education, and programming for the positive health and wellness of its citizens; and

WHEREAS,

The United States Department of Agriculture and the American Heart Association recommend that fruits and vegetables make up half of the food assembled on our plates. The amount of fruits and vegetables needed for each individual depends on differing variables including age, height, weight, and physical activity. It is recommended that we consume a variety of different colored fruits and vegetable as each provides various vitamins and nutrients the body needs; and

WHEREAS,

Dallas County Health and Human Services Chronic Disease Prevention Department and Texas A & M AgriLife Extension Food and Nutrition Education and Horticulture programs have each created and committed departments to provide education and resources to Dallas County. Programs such as the Master Gardener Program, the Nutrition Education Sessions, and the collaborative Community Garden Program, are services that are available to the residents of Dallas County. Garden projects such as Homeward Bound's xeriscape and the C.C. Young Senior Living community garden combined agency resources to utilize suitable land for cultivating and planting; and

WHEREAS.

The Dallas County District 1 Road and Bridge office converted unused land in partnership with Texas A & M AgriLife Extension to provide community and demonstration gardens that produce fresh fruits and vegetables for area food pantries, shelters, and the community. The gardens feature tomatoes, peppers, greens, and carrots. A grape vineyard and various fruit trees including peaches, plums, figs, and apples are also planted on the grounds. These gardens provide research, education and training opportunities and emphasize community involvement through community service.

NOW, THEREFORE, BE IT RESOLVED that the Dallas County Commissioners Court does hereby recognize the month of June as Fresh Fruit and Vegetable Month and extends gratitude to Dallas County Health and Human Services, Texas A& M AgriLife Extension, and the District 1 Road and Bridge office for their efforts in educating and advocating for the positive public health and wellness of Dallas County.

DONE IN OPEN COURT, this the 20th day of June, 2023.

Absent

Clay Lewis Jenkins County Judge

Dr. Theresa Daniel Commissioner, District 1

Andrew Sommerman Commissioner, District

John Wiley Price

Commissioner, District 3

Dr. Elba Garcia Commissioner, District 4