Resolution

ORDER NO: 2023-0778

DATE: August 1, 2023

STATE OF TEXAS §

COUNTY OF DALLAS §



BE IT REMEMBERED, at a regular meeting of the Commissioners Court of Dallas County, Texas, held on the 1st day of August 2023 on a motion made by Dr. Theresa M. Daniel, Commissioner of District 1, and seconded by <u>Dr. Elba Garcia</u>, <u>Commissioner of District 4</u>, the following Resolution was adopted:

- WHEREAS, Dallas County has made a conscientious commitment to advocate and advance the health of the public and its constituents by focusing attention on issues affecting women. Not only does this address matters vital to a specific population, but we commit to bring awareness and mindfulness to the issues that many suffer from; and
- WHEREAS, July has been designated as Uterine Fibroid Awareness Month, so we acknowledge, recognize, and show support to those affected by this condition. Uterine fibroids or myomas are muscular benign tumors that grow within the uterine wall and may cause pelvic pain, problems with menstruation, pregnancy and may even cause infertility; and
- WHEREAS, Twenty to eighty percent of the female population are affected by this condition depending on their age and racial heritage. The incidence of uterine fibroids affects women as they age from their twenties until menopause. African American women are more likely to develop these tumors than White, Hispanic, and Asian women with the likelihood increasing with age. Although the cause of fibroids is unknown, potential factors that have been linked to their cause include genetics and hormone levels; and
- WHEREAS, Medication and surgery are the available options used to provide treatment of fibroids. Some medications are available to treat the symptoms of myomas while others are used before surgery to make them easier to remove. Procedures such as embolization and ablation, and surgeries such as myomectomy and hysterectomy are used as treatment options. According to the Office on Women's Health, hysterectomy is the only sure way to eliminate uterine fibroids and their symptoms, and it remains the most common reason this specific surgery is performed; and
- WHEREAS, Dallas County encourages awareness and education about uterine fibroids to increase knowledge and improve methods of prevention, diagnosis, and treatment. Encouraging regular checkups and dialogue with healthcare professionals can assist in promoting a positive and healthy community for all. More public education, medical information, access, community programming, and funding opportunities are needed to empower and inform the residents of Dallas County.

NOW, THEREFORE, BE IT RESOLVED that the Dallas County Commissioners Court, along with many communities throughout the country, hereby recognize July as Uterine Fibroid Awareness Month and continue to bring knowledge and awareness to advance the wellness of Dallas County residents.

DONE IN OPEN COURT on this the 1st of August 2023.

Clay Lewis Jenkins, / County Judge

Dr. Theresa M. Daniel, District 1

Andrew Sommerma

District 2

John Wiley Price,

District 3

Dr. Elba Garcia,

District 4