

# Resolution



ORDER NO: 2024-0624

DATE: June 18, 2024

STATE OF TEXAS §

COUNTY OF DALLAS §

**BE IT REMEMBERED**, at a regular meeting of the Commissioners Court of Dallas County, Texas, held on the 18<sup>th</sup> day of June 2024 on a motion made by Dr. Theresa M. Daniel, Commissioner of, District 1 and seconded by Dr. Elba Garcia Commissioner of District 4, the following Resolution was adopted:

- WHEREAS** July has been designated as Uterine Fibroid Awareness Month, and Dallas County acknowledges the importance of raising awareness and support for citizens who are affected by this condition. Some may not be aware that uterine fibroids, or myomas, are benign tumors that grow within the uterine wall and can cause pelvic pain, menstrual problems, and infertility; and
- WHEREAS** Dallas County has committed to advocating for the health and well-being of its constituents, including women, by addressing issues affecting this population. Dallas County is committed to bringing awareness and mindfulness to the issues that many women suffer from; and
- WHEREAS** Fibroids affect up to 80% of women aged 35-54, with women of color being disproportionately impacted. Additionally, African American women are more likely to develop fibroids than White, Hispanic, or Asian women; and
- WHEREAS** Complications from fibroids can lead to pain, heavy bleeding, and an increased risk of miscarriage and infertility. Many women with fibroids go undiagnosed due to a lack of awareness about symptoms and effects. This is especially harmful to Black Women, who experience worse health outcomes in general and are in the midst of an ongoing maternal health crisis; and
- WHEREAS** The cause of fibroids is unknown; research suggests that factors like age, race, family history, and hormone levels may play a role in their development. Hormonal fluctuations, specifically estrogen and progesterone, can cause changes in fibroid sizes; and
- WHEREAS** Medication and surgery are available options for treating fibroids, although Some physicians believe a hysterectomy may be the only way to eliminate fibroids and their symptoms. Some medications are available to treat the systems of myomas, while others are used before surgery to make the fibroids easy to remove; and
- WHEREAS** Dallas County encourages awareness and education about uterine fibroids to increase knowledge and improve prevention, diagnosis, and treatment methods. Encouraging regular check-ups and dialogue with healthcare professionals can promote a positive and healthy community for all. More public education, medical information, assessment, community programming, and funding opportunities are needed to empower and inform the residents of Dallas County.

**NOW, THEREFORE, BE IT RESOLVED** that the Dallas County Commissioners Court hereby recognizes July as **Uterine Fibroid Awareness Month** and continues to bring knowledge and awareness to advance the wellness of Dallas County residents.

**DONE IN OPEN COURT** on this the 18th day of June 2024.

  
Clay Lewis Jenkins,  
County Judge

  
Dr. Theresa M. Daniel,  
District 1

  
Andrew Sommerman,  
District 2

  
John Wiley Price,  
District 3

  
Dr. Elba Garcia  
District 4