

# Resolution



ORDER NO: 2024-0904

DATE: September 3, 2024

STATE OF TEXAS §

COUNTY OF DALLAS §

**BE IT REMEMBERED**, at a regular meeting of the Commissioners Court of Dallas County, Texas, held on the 3rd day of September, 2024, on a motion made by Dr. Theresa M. Daniel, Commissioner of District 1, and seconded by Andrew Sommerman, Commissioner of District 2, the following Resolution was adopted:

**WHEREAS**, National Childhood Obesity Awareness Month serves to raise awareness about childhood obesity and provide children and their families resources and tips that will lead them into living a healthier lifestyle. President Barack Obama issued a proclamation celebrating the day in 2010 and expanded it to a month long celebration in 2011; and

**WHEREAS**, The Center for Disease Control (CDC) reports that obesity is a public health crisis. Obesity in children is defined as having a body mass index (BMI) at or above the 95<sup>th</sup> percentile for age and sex. In the United States, 1 in 5 children have obesity and from 2017-2020, 14.7 million youth ages 2-19 were diagnosed with the disease. Obesity affects some groups more than others with the prevalence being highest for Hispanic children at a rate of 26.2% followed by non-Hispanic Black children at 24.8% and non-Hispanic white children at a rate of 16.6%. Factors such as genetics, eating patterns, sleep routine and physical activity level all contribute to the complexities of this disease; and

**WHEREAS**, Texas has the 10<sup>th</sup> highest obesity rate for youth ages 10-17 with a 20.7% prevalence rate. The disease has become increasingly worse from 2004-2020 and has also significantly impacted medical costs. According to the Michael and Susan Dell Center for Healthy Living, a child with obesity incurs \$12,900 more medical costs than a child with normal weight. ; and

**WHEREAS**, Dallas County is committed to raising awareness and providing education and programming to combat this prevalent disease. The Dallas County Health and Human Services Obesity Prevention Program serves to provide a variety of classes and programs to tackle this crisis. Food and nutrition classes, physical activity classes, and urban agriculture programs are opportunities that Dallas County Health and Human Services Chronic Disease Prevention department offers its residents to help mitigate this crisis.

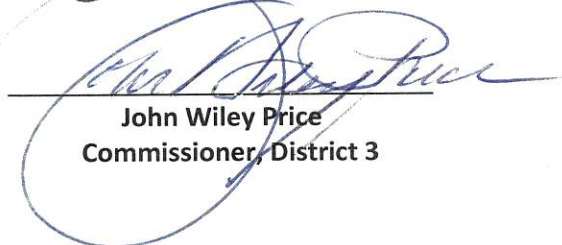
**NOW, THEREFORE, BE IT RESOLVED** that the Dallas County Commissioners Court does hereby recognize the month of September as National Childhood Obesity Awareness Month and affirms that Dallas County and its partners remain committed to bringing awareness and advocacy about this significant health risk and its treatment to our residents.


**DONE IN OPEN COURT**, this the 3rd day of September, 2024.

  
Clay Lewis Jenkins  
County Judge

  
Dr. Theresa Daniel  
Commissioner, District 1

  
Andrew Sommerman  
Commissioner, District 2

  
John Wiley Price  
Commissioner, District 3

  
Dr. Elba Garcia  
Commissioner, District 4