Resolution

ORDER NO. 2024-1269

DATE: November 19, 2024

STATE OF TEXAS

COUNTY OF DALLAS §



BE IT REMEMBERED, at a regular meeting of the Commissioners Court of Dallas County, Texas, held on the 16th day of November 2024, on a motion made by <u>Dr. Theresa M. Daniel, Commissioner District 1</u>, and seconded by <u>Dr. Elba Garcia</u>, <u>Commissioner District 4</u>, the following Resolution was adopted:

WHEREAS,

November is recognized as American Diabetes Month, highlighting the importance of awareness surrounding diabetes. This condition includes various types, such as type 1 and type 2, each with unique complications and health risks. Its prevalence is rising among both adults and adolescents, emphasizing the need for effective management and prevention strategies; and

WHEREAS,

According to the Centers for Disease Control and Prevention (CDC), approximately 38.4 million people in the United States have diabetes, with 90-95% diagnosed with type 2 diabetes. Additionally, about 8.7 million individuals are currently undiagnosed. The number of adults with prediabetes is around 97.6 million, and this rate is steadily increasing, not only among adults but also in children and adolescents. Currently, 1 in 5 adolescents has prediabetes. These rates are higher among Asian/Pacific Islander, Hispanic, and Black populations. Diabetes is more prevalent in men. For instance, in Texas, 13.2% of men are diagnosed with diabetes. This emphasizes the critical need for diabetes prevention, awareness, and management efforts, especially within these groups and the overall population; and

WHEREAS,

In Texas, diabetes prevalence has increased by 44% in the past decade alone. Many governmental programs have been created to help fight diabetes. In Dallas County, the Department of Health and Human Services-Diabetes Prevention Program was launched in 2019. As a part the Chronic Disease Prevention Department, Diabetes and Obesity Prevention Programs were programs created to not only address the public health issue of diabetes, but to also promote and educate residents on healthier food options. They also seek to expand the reach of access to those options. The program focuses on some target zip codes but is open to Dallas County and its employees. The program strives to provide a lasting change in lifestyle by teaching people how to manage stress, eat healthier and encourage physical activity; and

WHEREAS,

The American Diabetes Association reported in 2017 that the overall estimated cost of diabetes was \$327 billion dollars, many services provided by Dallas County Health and Human Services are free of charge. The Dallas County Chronic Disease Prevention Department fosters collaboration and partnerships with various organizations throughout the County to provide affordable access to resources and offers various classes to help alleviate the current trends.

NOW, THEREFORE, BE IT RESOLVED that the Dallas County Commissioners Court does hereby recognize **November as American Diabetes Month**. We encourage all Dallas County residents, especially those groups where diabetic rates are higher, to schedule diabetes screenings offered by Dallas County and other healthcare organizations. We also invite those who are pre-diabetic and diabetic to take advantage of classes and services provided by the Dallas County Health and Human Services Chronic Disease Prevention Department as we progress to make a major impact on the health and wellness of the residents of Dallas County.

DONE IN OPEN COURT, this the 19th day of November, 2024

Clay Lewis Jenkins,

County

Dr. Theresa M. Daniel,

District 1

Andrew Sommerman,

District 2

John Wiley Price,

District 3/

Dr. Elba Garcia, District 4