

Resolution



ORDER NO: 2025-0157

DATE: February 18, 2025

STATE OF TEXAS §

COUNTY OF DALLAS §

BE IT REMEMBERED, at a regular meeting of the Commissioners Court of Dallas County, Texas, held on 18th day of February 2025, on a motion made by Dr. Theresa M. Daniel, Commissioner of District 1, and seconded by Dr. Elba Garcia, Commissioner of District 4, the following Resolution was adopted:

WHEREAS, Each year we observe the month of February as American Heart Month with February 7th being National Wear Red Day to bring awareness to heart disease and set aside time to celebrate survivors. The National Heart, Lung, and Blood Institute reports that heart disease is the leading cause of death in the United States for both men and women affecting some communities more than others. Even children experience heart health issues.; and

WHEREAS, The Centers for Disease Control and Prevention (CDC) reported that in 2022, heart disease claimed the lives of 702,880 individuals in the United States—an alarming figure representing 1 in every 5 deaths. Furthermore, the American Heart Association identifies that approximately 23,000 children experience cardiac arrest outside of hospital settings annually. Among these cases, over 9,200 children suffer from cardiac arrest linked to sports activities. Heart-related emergencies are not limited to older populations; nearly 20% of infants experience cardiac episodes, with 10-15% of these instances tragically resulting in unexpected infant deaths.; and

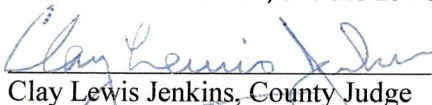
WHEREAS, Dr. Blumenschein, a pediatric cardiologist at Children's Health and an Associate Professor at UT Southwestern, emphasizes the importance of early detection and intervention, noting that "children can develop high cholesterol as early as ages 5 or 6. Those with a family history of heart disease—especially in immediate family members who experienced heart attacks in their 30s and 40s—can begin to show symptoms of heart disease during adolescence."; and

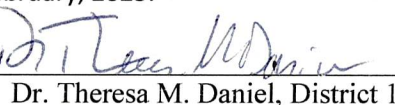
WHEREAS, It is reported that a person dies every 33 seconds from a cardiovascular disease. The American Heart Association reports that minority and lower socio-economic status patients are less likely to receive high quality cardiopulmonary resuscitation (CPR) during a cardiac arrest episode. Only about 41% of people who experience cardiac arrest receive CPR from people nearby while waiting for emergency responders to arrive: and

WHEREAS, The Dallas County Chronic Disease Prevention Division, a part of the Health and Human Services Department, actively empowers residents to adopt healthier lifestyles through educational resources and classes, leading to significant health improvements. These lifestyle modifications, combined with CPR training, can substantially improve survival rates in emergency situations. Recognizing the concerning rise in heart-related issues, initiatives like Million Hearts 2027 have been implemented to proactively address heart disease through education and preventative measures. Million Hearts 2027, a national collaboration between the Centers for Disease Control and Prevention (CDC) and the Centers for Medicare & Medicaid Services (CMS), strives to prevent one million heart attacks and strokes over five years by promoting cardiovascular health through proven, evidence-based strategies.

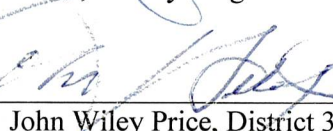
NOW, THEREFORE, BE IT RESOLVED that the Dallas County Commissioners Court with its focus on public health does hereby recognize February 2025 as American Heart Month and implores everyone to eat well, get active and keep up with their yearly screenings.

DONE IN OPEN COURT, this the 20th day of February, 2025.


Clay Lewis Jenkins, County Judge


Dr. Theresa M. Daniel, District 1


Andrew Sommerman, District 2


John Wiley Price, District 3


Dr. Elba Garcia, District 4