

Resolution



ORDER NO: 2026-0210

DATE: February 17, 2026

STATE OF TEXAS §

COUNTY OF DALLAS §

BE IT REMEMBERED, at a regular meeting of the Commissioners Court of Dallas County, Texas, held on 17th day of February 2026, on a motion made by Dr. Theresa M. Daniel, Commissioner of District 1, and seconded by Andrew Sommerman, Commissioner of District 2, with Dr. Elba Garcia, Commissioner of District 4 absent, the following Resolution was adopted:

WHEREAS, Each year we observe the month of February as American Heart Month to bring awareness to heart disease and set aside time to celebrate survivors. The National Heart, Lung, and Blood Institute reports that heart disease is the leading cause of death in the United States for both men and women affecting some communities more than others; and

WHEREAS, The American Heart Association reports that nearly 47-48 percent of United States adults have some form of cardiovascular disease which can be heart disease, heart attacks, stroke, heart failure, arrhythmia, and heart valve problems. They also report that 51.5 percent of men and 45 percent of women have a form of the disease. Black adults are at a higher risk of developing heart disease more than any other ethnic group with the major driver being obesity. Nearly one in three adults are overweight and more than two in five adults have obesity; and

WHEREAS, The Black Heart Association is a nonprofit organization that is dedicated to improving healthy outcomes for all people by focusing on communities that face the greatest concerns. Their mission is to improve heart health through advocacy, education, and empowerment. With initiatives such as Book the Bus, they use their CARDI V, a state-of-the-art Cardiovascular Awareness and Resource Delivery Vehicle to travel to events around Dallas and Houston providing essential health services through screenings and resources to members of the community. They also provide resources such as healthcare coverage, prescription drug partnerships, a black doctor locator, mental health services, and other community fundraising events to promote their cause; and

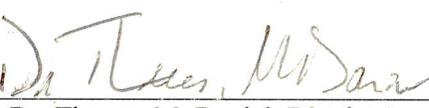
WHEREAS, The Black Heart Association is measuring their connection and impact within the community with data and metrics. Their 2024 Clinical Impact report shows they've had 3,216 total visits, 708 ER Visits avoided, a \$97 to \$1 return on investment, and 682 life-years save. As the mission of the organization is rooted in health equity, they have touched hearts by providing hypertension, cholesterol & high-risk cholesterol, diabetes, and depression screenings which were among their top services rendered in 2024; and

WHEREAS, Dallas County is committed to maintaining connections and providing services to all residents of Dallas County. Through the consistent efforts of the Dallas County Health and Human Services Chronic Disease Department, we are devoted to maintaining our continued support to the residents of Dallas County. The safety and well-being of our residents remain a foundational mission that Dallas County will continue to serve.

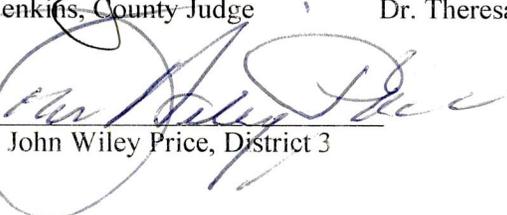
NOW, THEREFORE, BE IT RESOLVED that the Dallas County Commissioners Court with its focus on public health does hereby recognize February 2026 as American Heart Month and thanks organizations such as the Black Heart Association for their service and commitment to Dallas County and the community at large. We implore everyone to eat well, get active and keep up with their yearly screenings.

DONE IN OPEN COURT, this the 17th day of February, 2026.


Clay Lewis Jenkins, County Judge


Dr. Theresa M. Daniel, District 1


Andrew Sommerman, District 2


John Wiley Price, District 3


Dr. Elba Garcia, District 4