



# Dr. Elba Garcia

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MARCH 2025 NEWSLETTER



International Women's Day (IWD) is celebrated annually on March 8. It offers an opportunity to reflect on progress made, call for change and celebrate acts of courage and determination by women who have played an extraordinary role in the history of their countries and communities. The theme for IWD 2025 is "Accelerate Action."

At the current rate of progress, it will take until 2158 to achieve full gender parity, according to the World Economic Forum. This year's campaign emphasizes the urgency and importance of accelerating efforts to eliminate systemic barriers and biases that impede women's equality. IWD calls on individuals, organizations and communities around the world to act swiftly and decisively to address gender inequality, both in personal and professional spheres. It is a call to increase momentum and break down obstacles that prevent women from reaching their full potential.

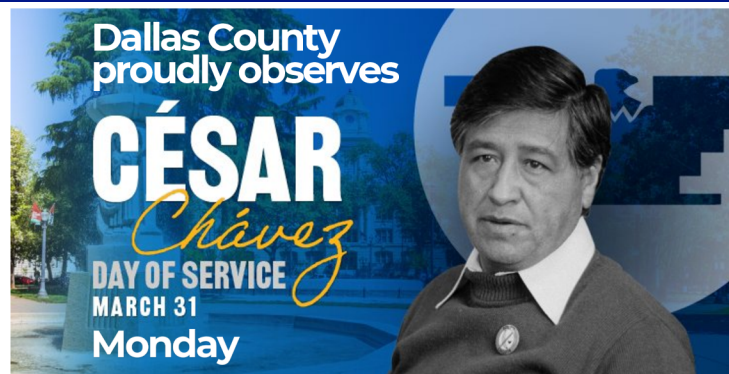
## Dallas County District 4 WOMEN'S EXPO

Wednesday, March 26, 2025  
9AM - 1PM

Oak Cliff Government Center  
702 E. Jefferson Blvd, Dallas, TX 75203

### RESOURCES:

Health, Education, Finances



César Chávez (1927-1993) was a Mexican-American civil rights activist, labor leader and co-founder of the National Farm Workers Association, now known as the United Farm Workers. Through peaceful protests, boycotts and strikes, he brought national attention to the injustices faced by farmworkers, advocating for fair wages, better working conditions and labor rights. This year marks the first time that Dallas County observes Cesar Chavez Day to honor his profound impact on civil rights, workers' rights and environmental justice, as his legacy continues to inspire movements for equality and justice across generations.



The Regional Hispanic Contractors Association (RHCA) recently hosted their 2025 Pillar Awards event. I am very proud to announce that the Mesquite Government Center was nominated for Project of the Year. As Chair of the Dallas County Facilities Committee, I want to thank the City of Mesquite and my Dallas County team: Jonathon Bazan, Alberta Blair, Dr. Ronica Watkins, Darryl Martin, Jesse Crawford and my colleagues for this joint effort and job well done. This nomination is a true testament of your hard work and commitment. Additionally, I am delighted to have received the Civic Leader of the Year award and I wholeheartedly want to share this recognition with my amazing team, because together we are pushing Dallas County to thrive in building a stronger future together one project at a time.





This month, I was honored to receive the K-Community Friend Award at the Third Annual Community Award Fest 2025, hosted by the North Texas Council of Korean Elders. I deeply appreciate this recognition and, above all, value the partnership with the Korean community in Dallas County. We grow stronger by integrating our cultures and working together for a better future.



# Mental Health Symposium

JUDICIAL JUSTICE:  
DIFFICULTIES AND DISPARITIES

Friday, March 21st 2025  
9:00 a.m. – 12:00 p.m.

Dallas College Mountain View Campus  
4849 W Illinois Ave., Dallas, TX 75211  
East Campus | B149 | Enter off Knoxville & Illinois

RSVP: [MAILCHI.MP/DALLASCOUNTY/MHS2025](mailto:MAILCHI.MP/DALLASCOUNTY/MHS2025)



Our fabulous Road & Bridge team will be helping in the Grand Prairie Big Event on March 22, 2025. I want to take this opportunity to appreciate them for offering their time and effort doing strenuous work to beautify the city. The work they have done year after year through this event has been challenging, however, with their knowledge, experience and great disposition, the residents of Grand Prairie have been able to enjoy well maintained neighborhoods and sites one project at a time. Additionally, I want to commend them for keeping our roads safe during our recent inclement weather season. Road & Bridge District 4 Crew ROCKS!!!!



## LET'S TALK ABOUT IMMIGRATION

### KNOW AND PRACTICE YOUR CONSTITUTIONAL RIGHTS

- DO NOT OPEN THE DOOR if an immigration agent knocks your door without an arrest warrant
- DO NOT ANSWER ANY QUESTIONS from an immigration agent. You have the right to remain silent
- DO NOT SIGN ANYTHING without consulting a lawyer first. You have the right to legal counsel
- CONTACT YOUR CONSULATE IMMEDIATELY. Make sure you have their phone number nearby

### Immigrant Resources

- Proyecto Inmigrante ICS, INC. Servicios
- League of United Latin American Citizens (LULAC)
- Human Rights Initiative of North Texas (HRI)
- Catholic Charities of Dallas

