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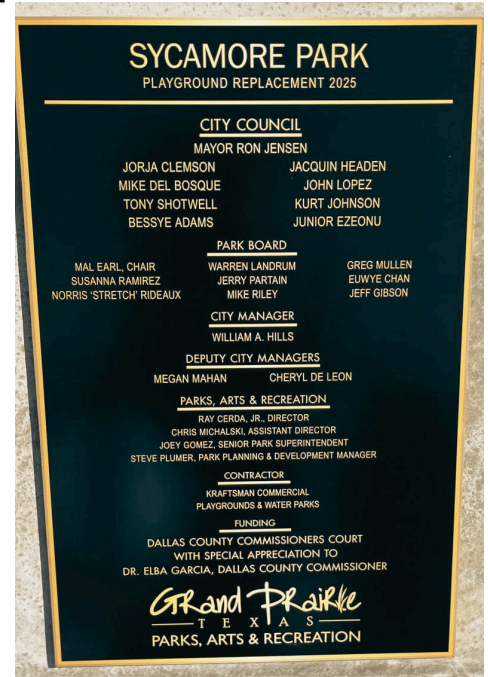
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FEBRUARY 2025 NEWSLETTER

REVAMPED SYCAMORE PARK IN GRAND PRAIRIE

The City of Grand Prairie hosted a wonderful ribbon cutting of the renovated playground at Sycamore Park. I am grateful to have been able to fund \$450,000 for this project as it will benefit the neighborhood and children that attend Rayburn Elementary School. Thank you to our Dallas County Assistant Administrator Jonathon Bazan, Grand Prairie Mayor Ron Jensen, Hon. Michael Del Bosque, City Manager Bill Hill, Park Director Ray Cerda and Grand Prairie Park board members for making this a quick reality.



HAPPY LUNAR NEW YEAR: THE YEAR OF THE SNAKE!

The Dallas County Commissioners Court proudly recognized Lunar New Year, spreading wishes of good fortune, prosperity and great health as we embrace the year of the snake, a year symbolizing wisdom, growth, and transformation. I appreciate Dr. Charles Ku, Ms. Stella Fang and the Greater Dallas Taiwanese Chamber board, Mr. Mathew Loh, CEO of Asia Times Square in Grand Prairie and Laurence Chiang with the Vietnamese American Community of Greater Dallas for helping us honor this vibrant tradition and the beautiful cultures that make our community so rich.





February is National Children's Dental Health Month (NCDHM). This month-long national health observance brings together thousands of dedicated professionals, healthcare providers and educators to promote the benefits of good oral health to children, their caregivers, teachers and many others. More than 1 in 5 children aged 2 to 5 years have at least one cavity in their baby teeth. Children from low-income families are more than twice as likely to have untreated cavities, compared with children from higher-income households. Instilling good dental hygiene habits in children will surely encourage lifelong success and overall well-being.

LET'S TALK ABOUT IMMIGRATION

KNOW AND PRACTICE YOUR CONSTITUTIONAL RIGHTS

- **DO NOT OPEN THE DOOR** if an immigration agent knocks your door without an arrest warrant.
- **DO NOT ANSWER ANY QUESTIONS** from an immigration agent. You have the right to remain silent.
- **DO NOT SIGN ANYTHING** without consulting a lawyer first. You have the right to legal counsel.
- **CONTACT YOUR CONSULATE IMMEDIATELY.** Make sure you have their phone number nearby.

**READY,
SET,
HATCH!**



This spring Dallas County 4-H will be offering training to educators for the Eggs to Chick embryology program.

\$50 per classroom

Training Includes:

3 hours of training

Location TBD

CPE hours

One dozen fertilized eggs

Additional supplies will need to be provided by the site.

*Eggs
to
Chicks*

JOIN US MARCH 5, 2025
FOR AN EGGCITING JOURNEY
INTO THE WORLD OF EGG
DEVELOPMENT AND LIFE!



For more information please contact:
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CHICK QUEST CURRICULUM
FOR GRADES 3RD-6TH GRADE



**CELEBRATING
BLACK
HISTORY
MONTH**



February is National Heart Health Awareness Month, a time to focus on a condition often associated with older generations, but increasingly affecting people of all ages. It's a valuable opportunity to learn about the warning signs and symptoms, as well as the steps we can take in our daily lives to protect our hearts. Factors like obesity, alcohol consumption, smoking, and high blood pressure impact individuals across all age groups, but these are areas where positive changes can make a significant difference. By adopting proactive habits, we can work to prevent heart disease and enjoy healthier, longer and more loving lives with our families and loved ones.