

# IT'S STARTING THE TYRO CHAMPION DADS PROGRAM!

### **Restoring Lives, Reconnecting Fathers**

Be The Champion for your Life, your Marriage, your Children and your Family!

DAD, Let us assist you with becoming employed, dealing with child support issues, overcoming barriers like convictions, fragile relationships and other challenges. Grow your impact and presence in your kids' lives. JOIN US NOW!

### **Qualifications for TYRO-Champion Dads Program:**

- · 17 years old and older
- · No outstanding criminal charges
- · Resident of Dallas County
- No Sexual Assault Ctharges
- · Looking for employment
- · MHMR Medication compliant
- · No active drug use
- Fathers with children under 18 years old (Veterans on a case) by case basis)
- · Must complete intake process
- · Willing to participate in workshops, family bonding activities and other group sponsored outings

### **Workshops Include:**

- · Strength Training for Dads
- TYRO Dads
- TYRO Job Ethics Training
- Healthy Relationships/Couples Communication
- Parenting Piece by Piece
- Anger Management/Conflict Resolution
  Mini-Clinic Services
  Others as needed/necessary

### **Assistance With:**

- Transportation when necessary
- Job Placement Assistance
- · Work equipment/uniform assistance
- Child Support education
- And other services

Vocational Training offered in partnership with local community colleges accompanied by job placement upon completion.

- Financial assistance for 18 24 year olds with or without a criminal record. Case specific.
- Upon successful completion, placement salary \$11.00 -\$13.00 per hour (Machinery and Manufacturing)
- No Theft Charges
- · Screening completed prior to enrollment

WHAT WILL YOU DO FOR YOUR KIDS?

WHAT WON'T YOU DO FOR YOUR KIDS?

WHAT CAN YOU DO FOR YOUR KIDS?

LET US HELP YOU WITH THE

**BECOME A TYRO-CHAMPION DAD!** 

**Contact Charles, Larry,** Jerome or Larry W. at (214) 426-0900 for more info! **DON'T Wait!** 

ANTHEM STRONG FAMILIES

12800 Hillcrest Rd. Ste. A101 Dallas, TX. 75230 214-426-0900

**TYRO-Champion Center** 8500 N. Stemmons Frwy. Ste. 1050 Dallas, TX. 75247





BeTheChampion.org

Be the best you for your new baby. Be the champion.



# **Upcoming Workshops For Expecting Parents**

Enroll in a workshop and learn vital relationship skills.

### **Topics include:**

- · Adjusting to parenthood
- Keeping your cool
- Building trust
- · Benefits of a healthy relationship
- Making good financial decisions

Contact Anthem Strong Families for more information.

(214) 426-0900

BeTheChampion.org

12800 Hillcrest Road Suite A116 Dallas, Texas 75230



BeTheChampion.org

Se lo mejor de ti mismo por tu nuevo bebé. Se el Campeón.



Futuros Talleres para padres esperando un bebé

Inscríbete en un taller y aprende habilidades importantes para tu relación.

### Temas incluidos:

- Adaptarse a ser padres
- · Mantener la calma
- Construir la confianza
- Beneficios de una relación saludable
- Tomar buenas decisiones financieras

Ponte en contacto con Anthem Familias Fuertes para recibir mayor información.

(469) 375-4007

BeTheChampion.org

12800 Hillcrest Road Suite A116 Dallas, Texas 75230

Los fondos para este proyecto fueron proporcionados por la Administración para Niños y Familias del Departamento de Salud y Servicios Humanos de los Estados Unidos. Subsidio #90FE0072. Cualquier opinión, resultado y conclusiones o recomendaciones expresadas en este material son los del autor(s) y no necesariamente reflejan el punto de vista de la Administración para Niños y Familias del Departamento de Salud y Servicios Humanos de los Estados Unidos.



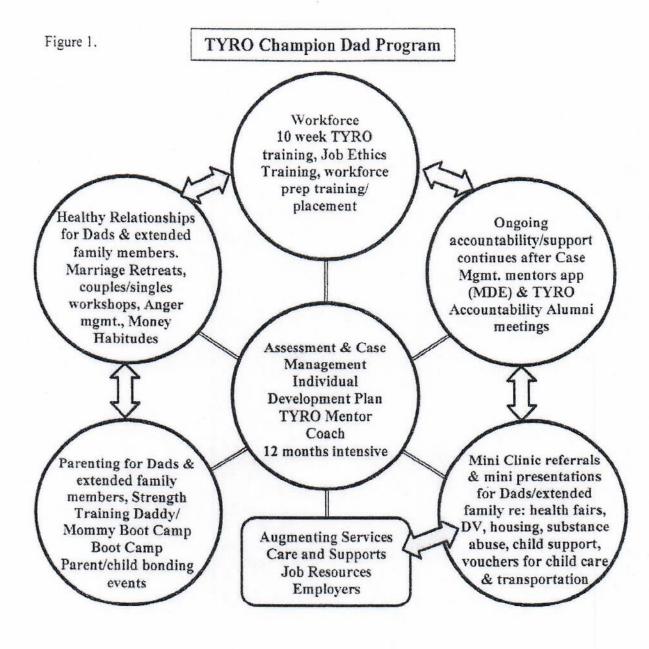


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www.bethechampion.org

# CURRICULUM TOPICS OVERVIEW

CURRICULM TOPIC REQUIREMENTS	Family Wellness Part 1	Couple Comm.	Family Wellness Part 2	Anger Mgmt.	Money Habitudes	Mom & Daddy Boot Camp	Strength Training for Mom	Active Relation- ships	TYRO	JET
Communication skills	×	х	×	×	×	×	×	×	×	×
Conflict resolution, management and problem solving-skills	×	х	x	×	Х	×	×	×	×	×
Knowledge of the benefits of marriage	x	×	×			×	×	×		
Stress and anger management	×	×	×	×	×	×	×	×	×	×
Affection and intimacy	×	×	×			×		×		
Expression and discussion of negotiation skills	×	x	×	×	×					
Financial literacy skills					×					
Parenting skills		a second				x	x			
Trauma and its effects on forming healthy relationships	×	×	×	×	×	×	х	×	×	×
Focuses on healthy marriage and relationship education	×	x	×	×	×	×	×	×	×	
Culturally appropriate for the target population	×	×	×	×	×	х	×	*	x	×
Supports identified program goals and outcomes	×	X	×	×	x	x	×	×	×	×
Includes a staff development and training component	×	×	×	×	×	×	×	×	×	×
Is age appropriate	×	×	×	×	x	x	×	×	Х	х
Includes technical support provided by the developer	×	×	×	×	×.	×	×	×	×	×
Targets high-risk offenders									×	×
Provides case management; assesses needs and risks									X	×
Addresses antisocial tendencies, motivation to change while providing a positive peer group									x	×
Pre-employment or soft skills development that may include basic academic skills.										×
Job search, job training, job placement and job retention skills	- 10 S									×





# TYRO Champion Dads Program Overview 2015-2020

TYRO Champion Dads Program (TCD) is a five-year New Pathways for Fathers and Families Federal grant funded by the Administration for Children and Families, Office of Family Assistance that Anthem Strong Families (ASF) successfully applied for July 7, 2015.

The TYRO Champion Dads Program is an innovative project designed to improve family functioning, strengthen father-child relationships, learn healthy relationships and increase opportunities for employment and economic mobility. Research shows that when children grow up without their dads in their life, they are at higher risk for a myriad of destructive behaviors, including crime, substance abuse, teen pregnancy and school dropout. The TYRO Champion Dad program will target those dads trapped in generational cycles of poverty, welfare dependency, crime, economic crisis and inadequate employment. That will include at-risk low-income fathers and young fathers, non-custodial and custodial single fathers, TANF and TANF eligible fathers, those involved with the criminal justice system, veteran fathers, refugees and immigrants. Many of these men will be referred by judges, judicial systems, County programs designed for TANF funding and other partner agencies.

Building on ASF's nine year proven success with serving over 40,000 families in Dallas County, TCD will collaborate with Dallas County partner organizations to create TYRO Champion Dads. A TYRO is a "warrior", an "apprentice" and designates himself as "a man worth following", one who recognizes the importance of being a father to his children and a man of integrity and good character that his children need. Three hundred fifty at-risk lowincome dads each year will receive twelve months of family-centered Case Management which will begin with an assessment of areas of strength and needs to create the most effective Individual Bridge Plan. Dads will receive opportunities for Job training, employment and retention. Mentoring and a constructive peer support group will be fortified with fast-paced interactive workshops that will equip these fathers with skills to parent effectively, create positive relationships with family and workforce, express his feelings constructively, control his anger, problem solve and manage finances. A married couple will have the opportunity to attend an overnight marriage retreat. New dads can attend Boot Camp for New Dads or veteran dads can get "strength training" to help him learn great parenting skills while having special bonding time with his child throughout the year. Barriers to their personal success will be identified and collaborations with human service agencies and community organizations will help provide comprehensive services to address social, emotional and economic stability needs through our innovative and interactive ASF Mini Clinic which will offer connections to a long list of resources, as well as, offer informative 2-3 hour mini presentations that help families navigate the barriers. Federal pre and post assessments and performance measures will be tracked for all participants.



## **Dallas County Court Intercept Program Referral Form**

Misdemeanor Diversion Court – Judge Kelly

- To refer a client, please complete form and fax to 214 426-0906 or email to yvetteh@anthemstrongfamilies.org
- Please submit a separate form for each participant attending (individual form for a couple).
- Participants must contact the TYRO Champion Center to schedule an intake/workshop at 214 426-0900.
- Case managers can call ASF office to check the status of a client/participant at 214 426-0900.
- Note: clients/participants are required to complete all workshops recommended by referring authority or TCC staff.

Client/Participant's Name:		Date:	20
	Please print legib	ly	20
Client Contact Info:	/Alternate Number	: Best Time	e to Contact?
ONLY Spanish Speaking?   Partner/	Spouse's Name:	Contact Info	:
Is this client/participant pregnant $\Box$ Y	es 🗆 No	Estimated due date:	20
Staff Name/Position:	Please print legibly	Phone #	Ext:
Special comments or instructions:			13

ALL WORKSHOPS ARE FREE AND MOST OFFERED IN ENGLISH AND SPANISH.

Please check next to the requested class(es) below.

Workshop	Check if Needed	Basic Components
MINI CLINICS		
Mini-Clinic Services (Topics are 3 Hrs. or less in length) Available to family members of clients	n	Communication ◆ Triggers ◆ Weak/Strong Thinking ◆ Parenting: Managing Stress & Discipline Styles ◆ Benefits Calculator and other services and referrals to community partners/Family Wellness
Fatherhood/Champion Dad Services (6 Hr. workshops)	(path for fathers or interested men)	Strength Training/Daddy Boot Camp/ Healthy Relationships/Child Support Education/Community Referrals
		Managing Anger Triggers ◆ Effective Tools Managing Stress ◆ Discipline Styles
TYRO SUITE	D D	Empowerment/Family Wellness Wants vs. Needs ◆ Money Personalities
(TYRO, JET, GROUP MENTORING, CONFLICT MANAGEMENT, APP)		INCLUDES TRANSPORTATION ASSIST., COMPLETION CEREMONY
TYRO-Champion Dads (Treatment) or TYRO-Champion Dads (Treatment Plus - determined by lottery system) Group Mentoring Program + APP Up to 12 Months Case Management Assistance	(Federal Program Evaluation Required each year of 5-Year grant period)	10-wk./2hrs.per wk. fatherhood group mentoring program + work ethic and job readiness components, mini clinic services, Communications Skills and ongoing support services. Level of supportive service based on Risk/Needs Assessments/Job Placement Assistance/Others

Workshops and Mini-Clinic services are available on weekdays, evenings and Saturdays (schedules may vary and advance notice provided).