

DALLAS COUNTY BEHAVIORAL HEALTH HOUSING WORK GROUP

Dallas County Administration – 500 Elm Street, Customer Excellence Training Room 7.Y17, 7th Floor, Dallas Texas

March 27 2024, 10:30-12:00pm

The Dallas County BH Housing Work Group, with diverse representation, will formulate recommendations on the creation of housing and housing related support services designed to safely divert members of special populations in crisis away from frequent utilization of expensive and sometimes unnecessary inpatient stays, emergency department visits and incarceration.

Success will be measured in placement of consumers in housing and the decreased utilization of higher levels of care (hospitals and emergency care visits) and reduced incarceration in the Dallas County Jail. The Dallas County BH Housing Work Group is committed to a data driven decision-making process with a focus on data supported outcomes.

1. Welcome and Introductions

2. Reports

a. Governance – Commissioner Theresa Daniel

- Approval of February 28, 2024, minutes
- Dallas Area Partnership to End and Prevent Homelessness
- Dallas County Citizen Committee
- Federal & State legislative environment

b. Presentation – Suicide and Crisis Center of North Texas, Jennifer Huynh, Program Director

c. Resources – services, programs, people, funds

- Shelter Discussions
- NTBHA
- Housing Navigator / Homeless Jail Dashboard/St Jude Center
- Housing Authority Report- DHA/DCHA
- ARPA Update
-

d. Projects and Industry Updates

- Housing Forward updates
- Pretrial Diversion and MH screening
- Dallas Connector
- Homeward Bound, Crisis Residential & Respite Services, Deflection Center
- Youth Housing
- Family Housing
- Mattingly Report

3. Next Meeting April 24, 2024

**Dallas County Administration, 500 Elm Street, 7th Floor, Dallas Texas 75202
February 28, 2024 Minutes**

Mission Statement: The Dallas County Behavioral Health Housing Work Group (DCBHWG), with diverse representation, will formulate recommendations on the creation of housing and housing related support services designed to safely divert members of special populations in crisis away from frequent utilization of expensive and sometimes unnecessary inpatient stays, emergency department visits and incarceration.

Success will be measured in placement of consumers in housing and the decreased utilization of higher levels of care (hospitals and emergency care visits) and reduced incarceration in the Dallas County Jail. The DCBHWG is committed to a data driven decision-making process with a focus on data supported outcomes.

ATTENDEES: Dr. Theresa Daniel, Dallas County Commissioner; Erin Moore, Dallas County; Kimberly Rawls, DCCJ; Latoya Jenkins, Dallas County; Charlene Randolph, DCCJ; Quincy Hogan, Metrocare; Tzeggabhran Kidane, Dallas County; Kelvin Brown, Housing Crisis Center; Janie Metzinger, NTBHA; Traswell Livingston III, AIDS Services of Dallas; Eric McCarty, NTBHA; Krystal Lotspeich, CitySquare; Kimberly Onofre, Mesquite Sharing Life; James Henderson, Dallas County VA Services; Lavette Domenick, Dallas County VA Services; Lisa Marshall, Fighting Homelessness; Adam Proctor, Jesuit High School; Drew Botts, Jesuit High School; Suede Messenger, Jesuit High School; Keegan McGarity, Jesuit High School

Dr. Daniel opened the meeting and attendees introduced themselves, including an introduction from four Jesuit High School students who were brought in to listen to the conversation about homelessness and housing.

CALL TO ORDER: The minutes were approved with no changes.

GOVERNANCE

Dallas Area Partnership to End and Prevent Homelessness: Commissioner Theresa Daniel, Dallas County
Commissioner Daniel reported that the Partnership met this month, and they are continuing to review policies and projects that are in process. She also explained to the newcomers that the Partnership is a collaboration between the City of Dallas and Dallas County that have conversations about homelessness and housing within the area.

Dallas County Homeless Advisory Committee: Erin Moore, Dallas County

The Homeless Advisory committee met and discussed the ongoing eviction prevention program and the sustainability of the program once ARPA and CARES funding is exhausted. Almost 40,000 eviction cases were filed with 10,724 interventions provided by navigators. 2,264 diversions are either in process or completed. A total of \$15.2 million dollars has been obligated for that effort.

The committee is also exploring best practices, resources, and other needs for youth ages 18-24 transitioning out of foster care into housing.

Federal and State Legislative Update: Janie Metzinger, NTBHA

Janie Metzinger reported that the federal government has some movement on bills concerning housing. Congresswoman Jasmine Crockett sponsored HB 7412 that helps to make it easier to acquire housing in rural areas. SB32 is the Choice for Affordable Housing Act which seeks to make the TBRA (Tenant Based Rental Assistance) more accessible in more areas and higher opportunity areas. Within these areas, they are seeking to encourage landlords to participate in the TBRA programs. SB1612 is another bill that seeks to increase funding for the VA to pay for domiciliary care of homeless veterans. There was a discussions about the Fair Market Rate formula being updated because it is a 50-year-old formula that may not be servicing the needs of population who utilize HUD vouchers. Members were encouraged to talk to local Congressional representatives about these issues.

PRESENTATION

Dallas County Veteran Services Presentation

Director James Henderson and Lead Services Veteran Officer Lavette Domenick presented on the Dallas County Veteran Services Office. Dallas County is the third largest veteran populated county in Texas and the Dallas County Veteran Services Office assists over 109,000 veterans. Due to Dallas County's population being over 200,000 residents, the county is mandated by the state to have an office and an officer appointed by the Commissioner's Court for veteran services. They are not Veteran Administration employees but are advocates for veterans within the county who need veteran services.

They provide service to veterans and their families to understand what benefits they have earned and are entitled to. Benefits such as healthcare, education, monetary benefits, and end of life/ burial benefits are available to veterans who have served and have been discharged or released with conditions other than dishonorable.

Janie Metzinger mentioned that one of the obstacles that people face in trying to obtain these services is that the process is not seamless. Most people are not able to obtain these services in one place and are required to wait or go through numerous channels to obtain services. Lavette Domenick stated that everything is a process and can take quite a bit of time to get services, but the key is to start the process. There was also a question about veterans who suffer with mental health issues. Dallas County Veteran Services can look at the service of that veteran and determine if they are eligible for benefits and provide the necessary assistance, making them eligible for benefits.

The Department of Veteran Affairs has a responsibility to identify the homeless veterans and provide sustainability for the resources to that veteran. Veteran Services helps veterans to obtain monetary benefits to provide sustainability for housing needs. Kelvin Brown stated that many of the issues with processes in housing and homelessness are systemic and logical thought and effort are not really being addressed. He also believes that service providers are more reactionary than proactive in their approach and that trying to address the homelessness and housing issues may need a change of perspective to address it fully.

Lisa Marshall brought up the fact that little funding is available for those who are currently housed and are on the brink of eviction and becoming homeless, but funding is available for those who are in cycles of homelessness. Most of the service members agreed that tackling the issues from a reactionary state does not address the systemic cycle that causes homelessness and that utilizing tools such as rapid rehousing gives a short-term solution to a bigger problem.

RESOURCES

Shelter Discussions: Daniel Roby, Austin Street Shelter

Daniel Roby was unavailable for the meeting and will provide a report for the next meeting.

NTBHA: Eric McCarty, NTBHA

Eric McCarty reported that he is experiencing some issues in some of the rural areas with the TBRA program. He expressed that in some of the rural areas, the market rental rate is too expensive and non-negotiable to work with the program. He also stated that there is a difference in the standard rate amount that TBRA is allotted than that of Dallas Housing Authority. HUD sets the standard and NTBHA's allotment cannot change due to that fact. Lisa Marshall cited that only five (5%) percent of the landlords in the Metroplex accept the housing vouchers.

Eric McCarty mentioned the COVID 19 Supplemental Grant is still available for clients who have been identified with a behavioral health or substance abuse condition that may need assistance with deposits, furniture, etc. He also stated that NTBHA has now started a program that connects people with supportive employment if they have qualifying SSI benefits or no income.

Housing Navigator: Kimberly Rawls, Dallas County

Kimberly Rawls provided a report that was included in the meeting packet for review.

Homeless Jail Dashboard: Kimberly Rawls, Dallas County

Kimberly Rawls provided a report that is included in the meeting packet for review.

Housing Authority Report: Thomas Lewis, Dallas County HHS

Thomas Lewis was unavailable for the meeting but provided a report for review within the meeting packet.

PROJECTS AND INDUSTRY UPDATES

Housing Forward updates: David Gruber, Housing Forward

David Gruber was unavailable for the meeting and an updated report will be provided at the next meeting.

Pretrial Diversion and Mental Health Screening: Laura Edmonds, Dallas County

Kimberly Rawls provided a report on behalf of Laura Edmonds in the meeting packet for review.

Dallas Connector: Daniel Roby, Austin Street

Daniel Roby was unavailable for the meeting and a report will be provided at the next meeting.

Homeward Bound: Doug Denton, Homeward Bound

Doug Denton was unavailable for the meeting and a monthly report is provided in the meeting packet for review.

Youth Housing: Josh Cogan, Youth 180

Josh Cogan provided a youth homeless update report on the federal level that is available in the meeting packet for review.

Family Housing: Ellen Magnis, Family Gateway

Ellen Magnis was unavailable for the meeting and a report will be provided at the next meeting.

Mattingly Report: Jim Mattingly, Lumacorp

Jim Mattingly was unavailable for the meeting and an updated report will be presented at the next meeting.

The meeting was adjourned with words of motivation by staying engaged and informed by Dr. Daniel.

Next Meeting: March 27, 2024



DCHHS EVICTION DIVERSION PROGRAM (EDP)

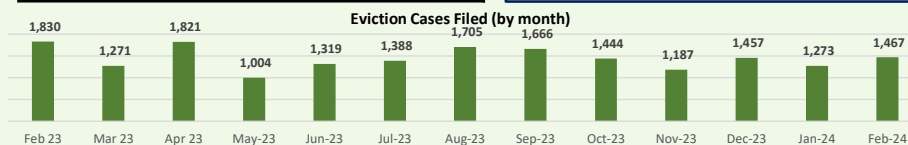
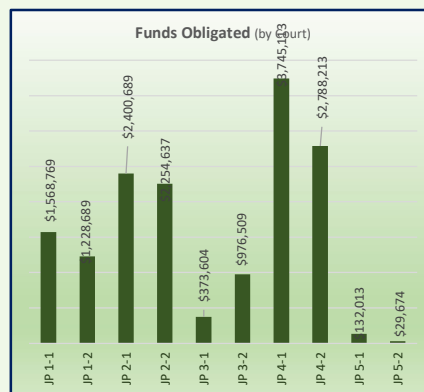
DATA ANALYSIS REPORT

(As of 03/15/2024)

	Cumulative Assistance
Pre-Eviction Diversion Interventions	806
Pre-Eviction Diversions Eligible/Approved	281
Funds Obligated (Pre-EDP)	\$1,743,999
Total Eviction Cases Filed	
	41,171
Interventions Provided by Navigators	11,196
Eviction Diversions Completed/In Process	2,310
Eviction Appeal Cash Bond Assistance	11
Funds Obligated (EDP)	\$15,512,208

Eviction Diversion Details					
JP Courts	Eviction Cases	Evictions Ordered	Persons Assisted by Navigators and Percent	Approved Cases	Eviction Diversions Pending/ Process
JP 1-1	4,967	data not available	1,261 (25.4%)	230	1
JP 1-2	3,074		1,087 (35.4%)	193	
JP 2-1	6,054		1,194 (19.7%)	374	1
JP 2-2	7,487		1,774 (23.7%)	383	
JP 3-1	1,500		377 (25.1%)	52	
JP 3-2	1,487		713 (47.9%)	135	
JP 4-1	9,224		2,816 (30.5%)	482	2
JP 4-2	5,645		1,607 (28.5%)	428	
JP 5-1	1,699		352 (20.7%)	23	
JP 5-2	34		15	6	
TOTAL	41,171		11,196 (27.2%)	2,306	4

Funds Obligated and Clients Assisted Data			
JP Courts	Funds	Clients	Average
JP 1-1	\$ 1,568,769	230	\$ 6,821
JP 1-2	\$ 1,228,689	193	\$ 6,366
JP 2-1	\$ 2,400,689	374	\$ 6,419
JP 2-2	\$ 2,254,637	383	\$ 5,887
JP 3-1	\$ 373,604	52	\$ 7,185
JP 3-2	\$ 976,509	135	\$ 7,233
JP 4-1	\$ 3,745,113	482	\$ 7,770
JP 4-2	\$ 2,788,213	428	\$ 6,515
JP 5-1	\$ 132,013	23	\$ 5,740
JP 5-2	\$ 29,674	6	\$ 4,946
TOTAL	\$ 15,497,910	2306	\$ 6,721



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Budget Items

[HR 4366](#)-Carter (R-TX). Consolidated Appropriations Act, 2024.
<https://www.congress.gov/bill/118th-congress/house-bill/4366/text>

Division F
TRANSPORTATION, HOUSING & URBAN DEVELOPMENT
AND RELATED AGENCIES APPROPRIATIONS ACT.
Title II-Department of Housing and Urban Development.

Management and Administration

- Administrative Support Offices
 - \$91,000,000-Office of Chief Financial Officer
 - \$129,700,000-Office of General Counsel
 - \$21,700,000 for Departmental Enforcement Center
 - \$239,000,000-Office of Administration
 - \$52,000,000-Office of Chief Human Capital Officer
 - \$32,000,000-Office of the Chief Procurement Officer
 - \$68,000,000-Office of Field Policy and Management
 - \$4,700,000-Office of Departmental Equal Employment Opportunity
 - \$70,000,000-Office of Chief Information Officer
- Program Offices
 - \$286,000,000-Office of Public and Indian Housing.
 - \$168,514,130-Office of Community Planning and Development.
 - \$487,550,000-Office of Housing.
 - \$41,000,000-Office of Policy Development and Research.
 - \$102,900,000-Office of Fair Housing and Equal Opportunity
 - \$11,200,000-Office of Lead Hazard Control and Healthy Homes.
- Working Capital Fund-Rules for transfer of funds.

Public and Indian Housing

- \$28,386,831,000-Tenant-Based Rental Assistance (TBRA).
 - \$28,490,955,000-Renewals of expiring Section 8 tenant-based annual contributions contracts.
 - \$337,000,000-Section 8 Rental Assistance for relocation and replacement of housing units.
 - \$2,770,935,000-Administrative expenses of public housing agencies-Section 8 TBRA program.
- Housing Certificate Fund-Instructions for unobligated balances, recapture and carryover.

This document is intended for informational purposes only and is not intended to indicate a position for or against any legislation. If you have questions, please contact Sabrina Conner at sconner@ntbha.org or Janie Metzinger at jmetzinger@ntbha.org

Public and Indian Housing—continued

- \$8,810,784,000-Public Housing Fund
 - \$5,475,784,000-Operating Fund formula for 2024 payments.
 - \$25,000,000-Need-based funds for public housing agencies with or at-risk of financial shortfalls.
 - \$3,200,000,000-Capital Fund
 - \$30,000,000-Emergency capital needs of public housing agencies including safety and security to address crime and drug-related activity.
 - \$65,000,000-Reduction of residential health hazards in public housing such as lead-based paint, carbon monoxide, mold, radon, and fire safety.
 - \$15,000,000-Public housing agencies in receivership, substandard, troubled, at-risk.
- \$50,000,000-Assisted Housing Inspections and Risk Assessments
- \$75,000,000-Choice Neighborhood Initiative-To transform neighborhoods of poverty into functioning, sustainable, mixed-income neighborhoods with appropriate services, schools, public assets, transportation and jobs.
- \$195,500,000-Self-Sufficiency Programs.
 - \$140,500,000-Family self-sufficiency programs
 - \$40,000,000-Resident opportunity and self-sufficiency programs including supportive services, service coordinators and congregate services.
 - \$15,000,000-Competitive grants for Jobs-plus Initiatives.
- \$1,344,000,000-Native American Programs
 - \$1,111,000,000-Native American Housing Block Grants Program
 - \$150,000,000-Competitive grants for Native American Housing Block Grants.
 - \$1,000,000-Guaranteed notes and other obligations
 - \$75,000,000-Grants for Indian Community Development Block Grants.
 - \$7,000,000-Training and technical assistance.
 - \$1,500,000-Indian Housing Loan Guarantee Fund Program Account
 - \$22,300,000-Native Hawaiian Housing Block Grant Program.
 - \$28,000,000-Native Hawaiian Housing Loan Guarantee Fund Program Account.

Community Planning and Development

- \$505,000,000-Housing Opportunities for Persons with AIDS.
- \$6,720,054,336-Community Development Fund.
 - \$3,300,000,000-Community Development Block Grant program.
 - \$100,000,000-Competitive grants.
 - \$30,000,000-Activities authorized by SUPPORT for Patients and Communities Act, using age-adjusted rates of drug overdose deaths.
 - \$3,290,054,336-Economic Development Initiative.
- \$400,000,000-Community Development Loan Guarantees Program Account.
- \$1,250,000,000-Home Investment Partnerships Program
- \$10,000,000-Preservation and Reinvestment Initiative for Community Enhancement-Competitive grants to preserve and revitalize manufactured housing and manufactured housing communities including pre-1976 mobile homes.
- \$60,000,00-Self-Help and Assisted Homeownership Opportunity Program
- \$4,051,000,000-Homeless Assistance Grants under Title IV of McKinney-Vento Act.

Housing Programs

- \$15,610,000,000-Project-Based Rental Assistance
- \$913,000,000-Housing for the Elderly
- \$208,000,000-Supportive Housing for Persons with Disabilities
- \$57,500,000-Housing Counseling Assistance
- \$14,000,000-Payment to Manufactured Housing Fees Trust Fund

Federal Housing Administration

- \$400,000,000,000-Mutual Mortgage Insurance Program Account
- \$35,000,000,000-General and Special Risk Program Account

Government National Mortgage Association

- \$550,000,000,000-Guarantees of Mortgage-Backed Securities Loan Guarantee Program Account

Policy Development and Research-\$119,000,000-Research and Technology

Fair Housing and Equal Opportunity-\$86,355,000-Fair Housing Activities

Office of Lead Hazard Control and Healthy Homes-\$345,000,000-Lead Hazard Reduction

Information Technology Fund-\$383,050,000

Office of Inspector General-\$152,924,000

General Provisions—Department of Housing and Urban Development

- Sections 201 to 243--Rules regarding expenditure of HUD appropriations

Title III—RELATED AGENCIES

Neighborhood Reinvestment Corporation-\$158,000,000

United States Interagency Council on Homelessness-\$4,300,000 for salaries, travel, vehicle rental, conference room rental, employment of experts or consultants for functions of McKinney-Vento Act.

DIVISION G—OTHER MATTERS

Title I—Health and Human Services

Subtitle A-Public Health Extenders

- Sec. 101-Extensions for Community Health Centers, National Health Service Corps, Teaching Health Centers that operate graduate medical education programs. Requires a report to Congress.
- Sec. 102-Extensions for special diabetes programs.
 - Total of \$ 150,136,986 for Special Programs for Type I Diabetes in 2024 and
 - Total of \$150,136,986 for Special Diabetes Programs for Indians in 2024.
- National Health Security Extensions to December 31, 2024.

Subtitle B-Medicaid

- Sec. 201-Requirement for State Medicaid Plans to Provide Coverage for Medication-Assisted Treatment.
 - Substance Use-Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities.
- Sec. 202-Collection and Reporting of Comprehensive Data for Specified Populations Enrolled in Medicaid and CHIP.
 - Sec. 1948-Collection and Reporting of Comprehensive Data for Specified Populations.

Division G-Title I-Health and Human Services-Subtitle B-Medicaid-continued

- Number of people enrolled in a state Medicaid or CHIP plan who have been diagnosed with a substance use disorder, a mental health condition, or a co-occurring substance use disorder and mental health condition, disaggregated by age.
- Sec. 203-Monitoring the Prescribing of Antipsychotic Medications-Monitors antipsychotic medications prescribed to children generally, in foster care, individuals over age 18 in institutional care settings such as nursing facilities, intermediate care facilities for individuals with intellectual disabilities, institutions for mental diseases, inpatient psychiatric hospitals and other such institutional care settings.
- Sec. 204-Extensions of State Option to Provide Medical Assistance for Certain Individuals in Institutions for Mental Diseases. Makes permanent the plan amendment options for states under Section 1915(l)(1) of the Social Security Act.
- Sec. 205-Prohibition on Termination of Enrollment in Medicaid and CHIP due to incarceration.
- Sec. 206-Addressing Operational Barriers to Promote Continuity of Care for Medicaid and CHIP Beneficiaries Following Incarceration. Directs HHS to award grants to States to develop capabilities to promote continuity of care for inmates of public institutions who are eligible for Medicaid.
- Sec. 207-Guidance Related to Improving the Behavioral Health Workforce and Integration of Care Under Medicaid and CHIP. Includes opportunities to increase access to mental and behavioral health care providers , best practices, integration with primary care services, assertive community treatment (ACT), and care delivery in home or community-based settings.
- Sec. 208-Funding for Implementation and Operations-Total of \$15,000,000 for monitoring and data collection authorized in sections above.
- Sec. 209-Certified Community Behavioral Health Clinic (CCBHC) Services Under Medicaid. Defines CCBHC. Services include: Crisis Mental Health services, 24-hour mobile crisis teams, emergency crisis intervention services, crisis stabilization, screening, assessment, diagnosis, risk assessment, patient-centered treatment planning, crisis planning, outpatient mental health services, outpatient substance use services, outpatient primary care screening and monitoring, intensive case management services, psychiatric rehabilitation services, peer support, family support and counselor services, services for military veterans and members of the armed forces.
- Sec. 210-Eliminating Certain Disproportionate Share Hospital Payment Cuts. Extends to end of 2025, and for FY 2026.
- Sec. 211-Promotes Value in Medicaid Managed Care
- Sec. 212-Eliminates Medicaid Improvement Fund-Cuts \$5,140,428,729.

Status: HR 4366 passed House and Senate, now Public Law 118-42.

U.S. House of Representatives

[HR 645](#)-Cherfilus-McCormick (D-FL-20). Healthy Foundations for Homeless Veterans. Amends 38 USC to authorize the Secretary of Veterans Affairs to use agency funds to improve flexibility in assistance to homeless veterans. Allows VA to collaborate with other organizations to manage use of VA land for use of homeless veterans for living and sleeping. Current Status: Hearing and markup 3-30-23. Companion: [S 1436](#) Tester (D-MT). Senate Veterans Affairs Committee held hearing on 7-12-23.

[HB 7412](#)-Crockett (D-TX-30). Purpose is to fix administrative issues that have created hurdles for some rural communities. Current Status: Introduced 2-20-24, sent to House Committee on Financial Services. Link to Texas Tribune article: <https://www.texastribune.org/2024/02/27/texas-rural-housing-vouchers/>

U.S. Senate

[S 32](#)-Coons (D-DE) Choice in Affordable Housing Act. Purpose is to increase the number of landlords participating in the Housing Choice Voucher Program, also known as Tenant Based Rental Assistance (TBRA). Intent is to increase landlord participation in high-opportunity neighborhoods with low poverty, quality schools, jobs, and public transportation.

Current status: Senate Committee on Banking, Housing and Urban Affairs hearing held 4-26-23.

[S 735](#)-Reed (D-RI) Purpose is to authorize appropriations for the Interagency Council on Homelessness. Companion Bill: [HR 6647](#)-Thanedar (D-MI)-Halt Homelessness Act—Referred to House Financial Services 12-6-23, Current Status: Hearing on 3-12-24 re: S 735 held in Senate Banking, Housing, and Urban Affairs.

[S 1612](#)-King (I-ME). Reimburse Veterans for Domiciliary Care Act. Authorizes Secretary of VA to allow *per deim* payments for domiciliary care in a state home, including nursing home care for veterans disabled by age, disease, or incapable of earning a living because of the disability. Senate Veterans Affairs Committee hearing on 7-12-23. Companion: [HR 3368](#)-Golden (D-ME)-Referred to House Veterans Affairs Committee Subcommittee on Health.

Suicide and Mental Health: What To Look for in Teens



Jennifer Huynh, M.S., LPC

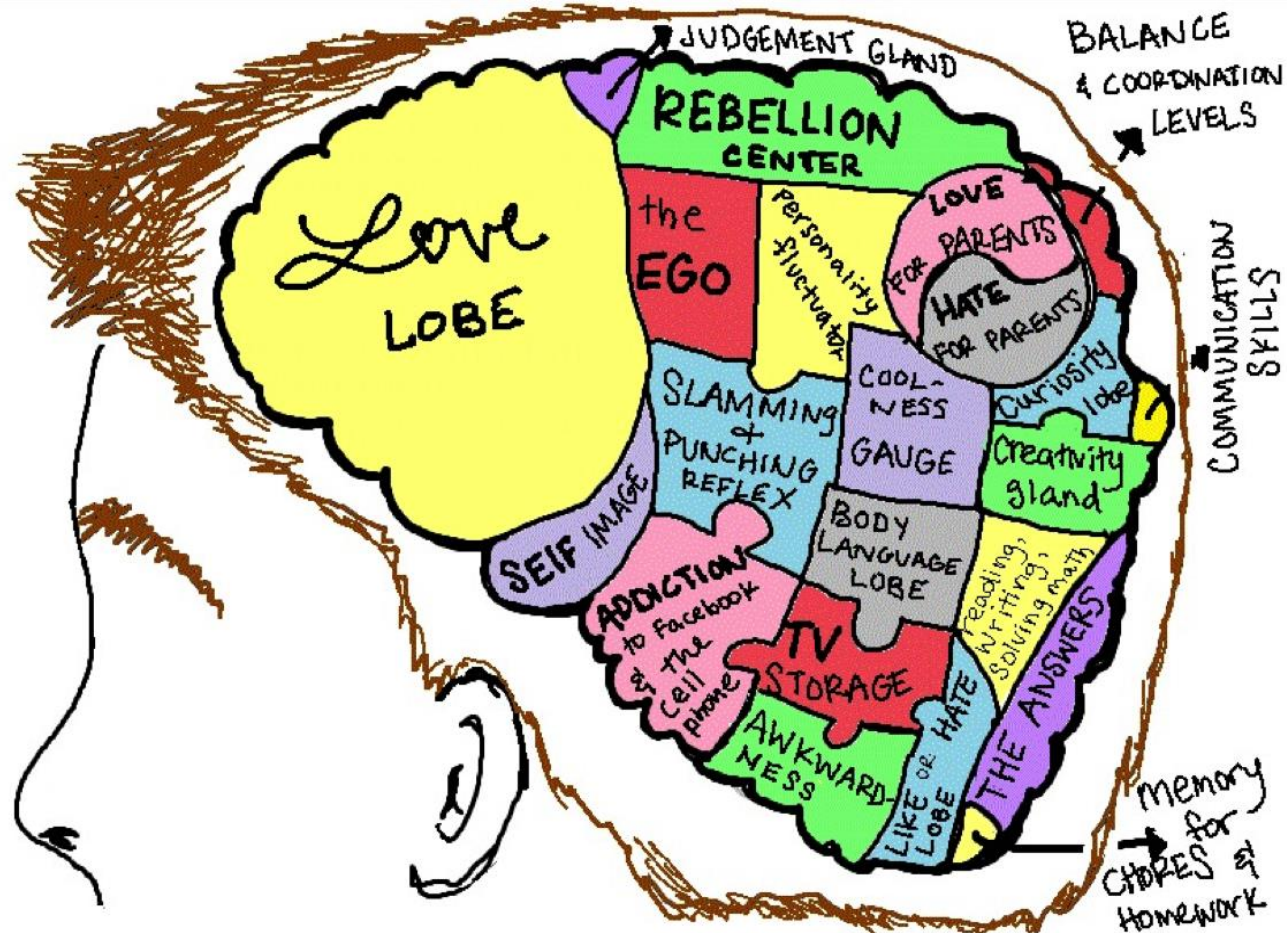
Before we start.....

- + What are you hoping to learn today?
- + What do you think are some common teen issues?

Common Teen Issues

- + Depression
- + Anxiety (general & social)
- + Self esteem
- + Body image
- + Eating disorders
- + Stress
- + Bullying
- + Drinking & smoking
- + Defiant behaviors
- + Underage sex
- + Cyber addiction
- + Self injury
- + Psychosis
- + Suicidal thoughts

The Teenage Brain!



Executive Center

"The Thinking Brain"

Developmental shifts around ages 5-6, 11 & 15.
Handles logic, empathy compassion, creativity,
self-regulation, self-awareness, predicting,
planning, problem-solving, attention.

**PREFRONTAL
CORTEX**

**LIMBIC
SYSTEM**

Emotional Center

"The Emotional Brain"

Developmental focus is during
ages 0-5. Processes emotions,
memory, response to stress,
nurturing, caring, separation
anxiety, fear, rage, social
bonding and hormone control.

**REPTILIAN
BRAIN**

Survival Center

"Fight, Flight or Freeze"

Developed at birth. Regulates autonomic
functions: breathing, digestion, heart rate,
sleep, hunger, instinctual behaviors &
behaviors that sustain life.

Teen Brain Under Construction

Research has shown that adolescents' riskiest behaviors stem from a gap between the maturity levels of two key parts of the brain: the limbic system and the prefrontal cortex.

Limbic System

- + drives emotions and goes into overdrive in the teenage years

Prefrontal Cortex

- + governs impulse control and judgment, lags behind, often not reaching full maturity until a person's mid-twenties (Giedd 2015)

Reasons teens may exhibit unhelpful behaviors:

- + To handle difficult emotions and feelings
- + Boredom
- + Isolation
- + Loneliness
- + To counteract stress
- + Social anxiety

Teen Myths

1. Raging hormones cause teens to “go mad” or “lose their minds”
1. Adolescence is a time of immaturity and teens just need to “grow up”
1. Growing up during adolescence requires moving from dependence to independence from adults

ESSENCE

+ Emotional

+ Spark

+ Social

+ Engagement

+ Novelty

+ Creative

+ Exploration



Movement from the lower brain to the cortex
(reasoning)



Peer connectedness and
new relationships



Increased drive for rewards in the
circuits of the brain



Conceptual thinking and abstract reasoning

Pros and Cons

	Benefits	Challenges
Emotional Spark	<ul style="list-style-type: none">• Fills life with energy and a sense of vital drive	<ul style="list-style-type: none">• May rule the day which leads to impulsivity and moodiness
Social Engagement	<ul style="list-style-type: none">• Learn social skills• Build friendships for connection	<ul style="list-style-type: none">• Forsake morality for benefit of group membership (peer pressure)
Novelty	<ul style="list-style-type: none">• Open to change• Gets teens ready to try the "uncomfortable"	<ul style="list-style-type: none">• Risk Taking
Creative Explorations	<ul style="list-style-type: none">• Sees the world differently/innovations	<ul style="list-style-type: none">• Search for meaning of life can lead to identity crisis

Teens versus Adults

Sometimes it is difficult to differentiate between depression and normal teen moodiness. Teens exhibit depression somewhat differently than adults.

Common Teen Depressive Symptoms

- + Irritability or angry mood
- + Unexplained physical ailments
- + Extreme sensitivity to criticism
- + Withdrawing from *some* but not all people

Resulting in:

- ❑ Problems at school
- ❑ Running away
- ❑ Substance use
- ❑ Low self-esteem
- ❑ Internet addiction
- ❑ Self-harm
- ❑ Reckless behavior
- ❑ Violence
- ❑ Suicidal thoughts or behavior

Warning Signs of Suicide

Verbal/Written
Threats

Changes in
sleeping

Changes in
eating

Sudden
change in
grades

Giving away
possessions

Sudden
happiness

Increase in
drug and
alcohol use

High anxiety

Previous
suicide
attempt

AS+K Model

Ask about suicide:

“Are you thinking about or planning to kill yourself?”

AS+K Model

Seek more information:

- + Is there a plan, what, when, and how? Is the person experiencing physical or emotional pain that seems unbearable?
- + Does the person feel they have few or no resources? (Their viewpoint is their reality)
 - + *Prior Attempts ***FAMILIAR****
 - + *Mental Health or Substance Abuse Issues ***VULNERABLE****

Safety first:

- + Ask individual who and where they normally go for help

Secure lethal means:

- + Ask if individual has any lethal means (e.g., gun, medication)

AS+K Model

Know when and how to refer

- + Do not leave the person alone
- + Connect person with additional resources if necessary

Self – Injurious Behaviors

- + Average age of onset is between 11 – 15 years
- + Each year, 1 in 5 females and 1 in 7 males engage in self-injury
- + Approximately 33 – 50% of adolescents in the U.S. have engaged in some type of non-suicidal self injury (NSSI)
- + According to Dr. Janis Whitlock who leads the Cornell Research Program on Self-Injury and Recovery: “Students who self-injured at the beginning and did not report suicidal thoughts, plans or actions at the time, but who went on to engage in 20 or more self-injuring behaviors, were 3.4 times more likely to have attempted suicide.”

Self – Injurious Behaviors

DEFINITION

- + deliberate, self-inflicted destruction of body tissue resulting in immediate damage (e.g., cutting of the skin, scratching, burning oneself and punching objects or oneself)

FUNCTION

- + Control emotions and behavior
- + Regulate or release emotions
- + Distraction

Differences between non-suicidal self-injury (NSSI) and suicide:

- Expressed intent
- Method used
- Level of damage and lethality
- Frequency
- Level of psychological pain
- Presence of black-and-white thinking
- Aftermath

What can we do?

- **Be aware of warning signs:** physical markings, inappropriate dress for the season, mention of friends who self-harm, frequent bandages
- **Be aware of risk factors:** a tendency to internalize problems and self-blame, poor self-esteem and self-concept, difficulty regulating emotions (suppression, dismissal and/or constriction)
- **Ask if they are self-harming:** normalize, specify on concerns, take it seriously
- **Open lines of communication:** do not assume your child will “outgrow” it, validate your child’s feelings, do not pressure your child to talk when they don’t want to
- **Seek treatment**

The Secret to Connecting with a Teen

- + Early Identification
- + Understanding Transition
- + Transferring Knowledge
- + Respect
- + Rapport
- + Trust and Acceptance
- + Communication and Safe Space
- + Seeking Help

Do's and Don'ts

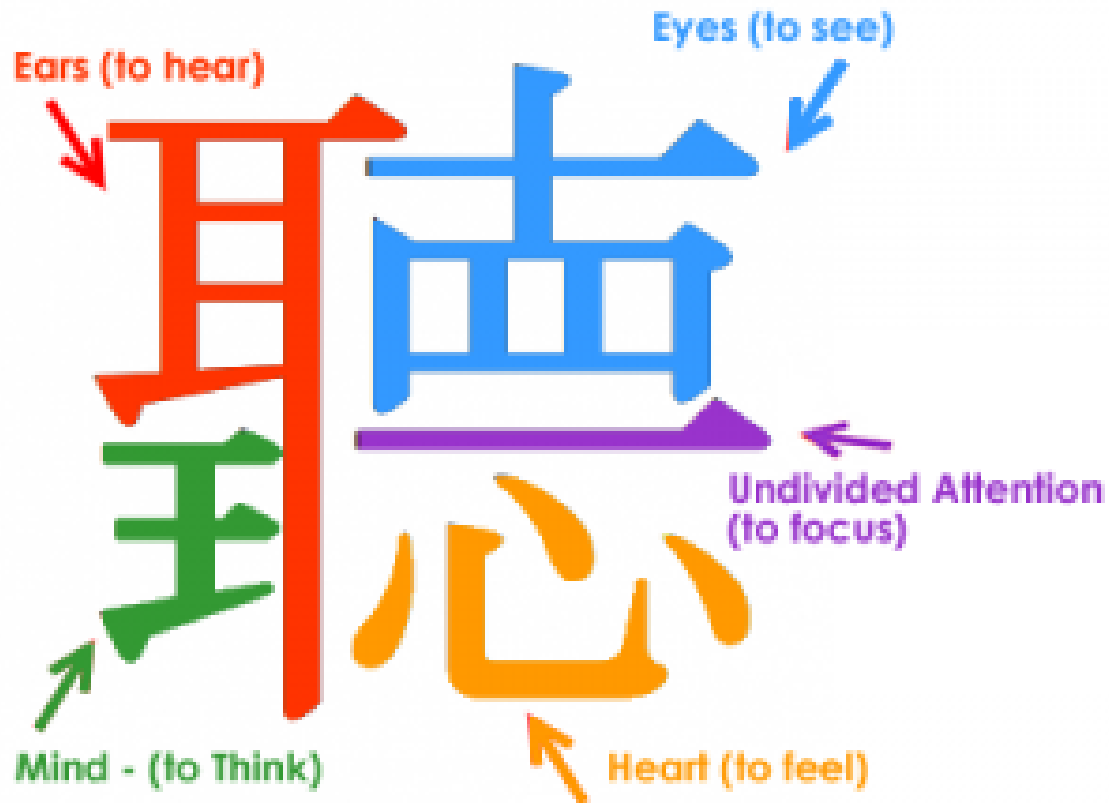
Do....

- + Address the issue as soon as possible
- + Try to use your concern in a constructive way
- + Validate your child's feelings NOT the behavior
- + If your child doesn't want to talk, do not pressure him/her.
- + Ask helpful questions to better understand

Don't....

- + Don't do the following: yell, lecture, harshly punish, invade privacy, ultimatums, threats
- + Avoid power struggles
- + Assume they'll outgrow it
- + Unhelpful statements:
 - + "I know how you feel"
 - + "How can you be so crazy to do this to yourself?"
 - + "You're doing this to make me feel guilty"

The Art of Listening



REFERENCES

- + <http://www.selfinjury.bctr.cornell.edu/>
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- + Whitlock, J. (2010). Self-injurious behavior in adolescents. *PLoS Med*, 7(5). doi: 10.1371/journal.pmed.1000240
- + Whitlock, J., & Rodham, K. (2013). Understanding nonsuicidal self-injury in youth. *School Psychology Forum: Research in practice*, 7(4), 1-18.
- + Whitlock, J., Muehlenkamp, J., Eckenrode, J., Purington, A., Abrams, G.B., Barreira, P., & Kress, V. (2013). Nonsuicidal self-injury as a gateway to suicide in young adults. *Journal of Adolescent Health*, 52(4), 486 – 492. doi: <http://dx.doi.org/10.1016/j.jadohealth.2012.09.010>

Contact Information

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FUSE Data

- I will provide the February 2024 FUSE data during next month's report.

St. Jude Project

2920 Forest Ln, Dallas, TX 75234	104 Units	Dallas County has 13 allocated beds	Housing is for Seniors +55 years old
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- We are working to full one bed available.

Housing Services for Homeless Criminal Justice-Involved Clients (HSH-CJC) Grant

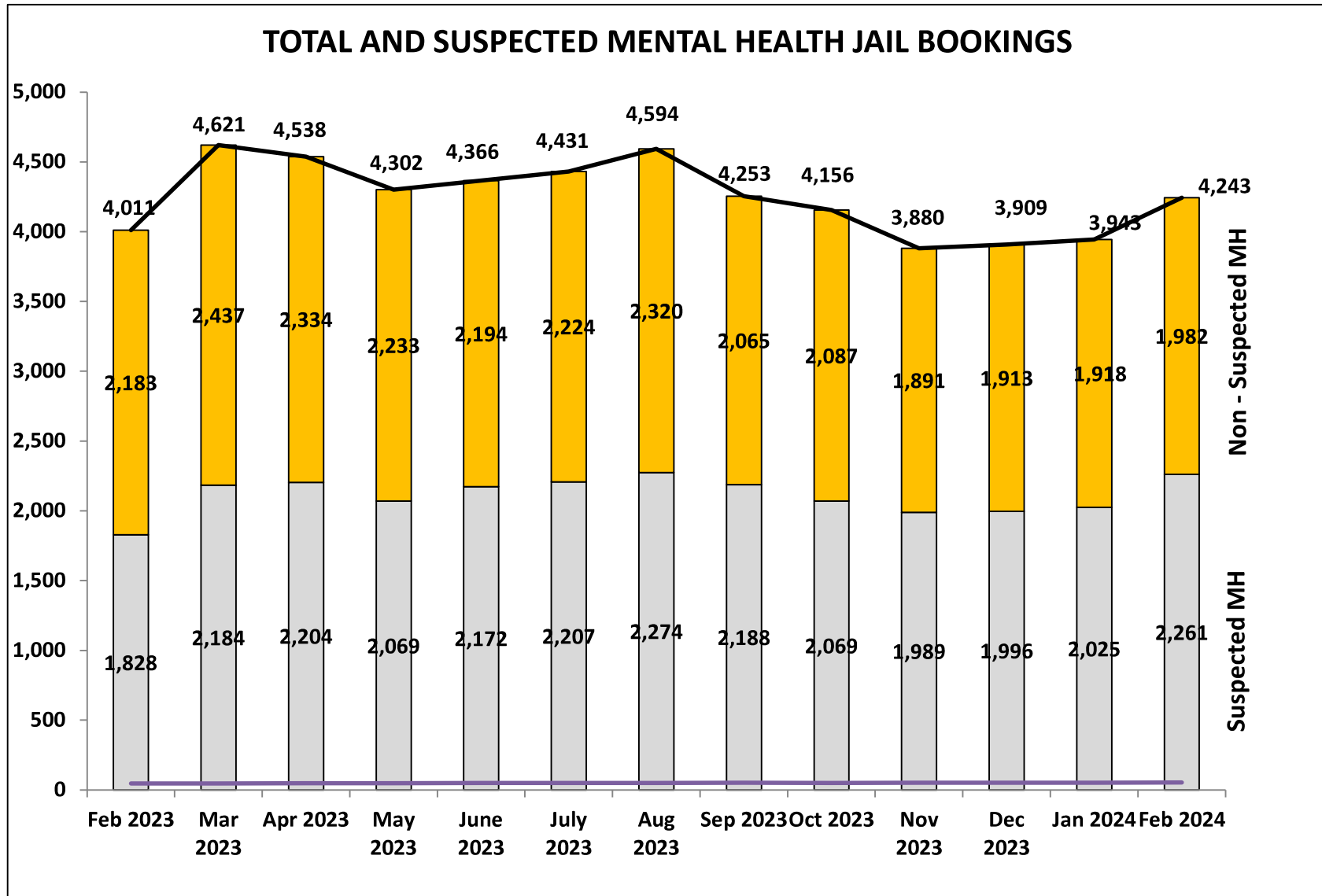
- I met with the CSG Tech team last Thursday, April 21, 2024, and they provided additional deliverable updates. I will make the other suggested changes and the Tech team will review and send them to the BJA for final approval.
- After the final draft has been approved by the BJA, the Criminal Justice Department (CJD) can finalize the procurement bidding process with the Dallas County Procurement department.
- Hopefully, it will be finalized and sent in April 2024.

**Dallas Connector Project (DCP) Dallas County Client Utilization
(Transport to the NTBHA LR from the Jail and or the LR to the FUSE Shelters)**

The NTBHA Livingroom (LR) Staff conducted jail releases for individuals going to the Livingroom and Austin Street's report will contain the February 2024 jail data.

DALLAS COUNTY BEHAVIORAL HEALTH HOUSING WORK GROUP

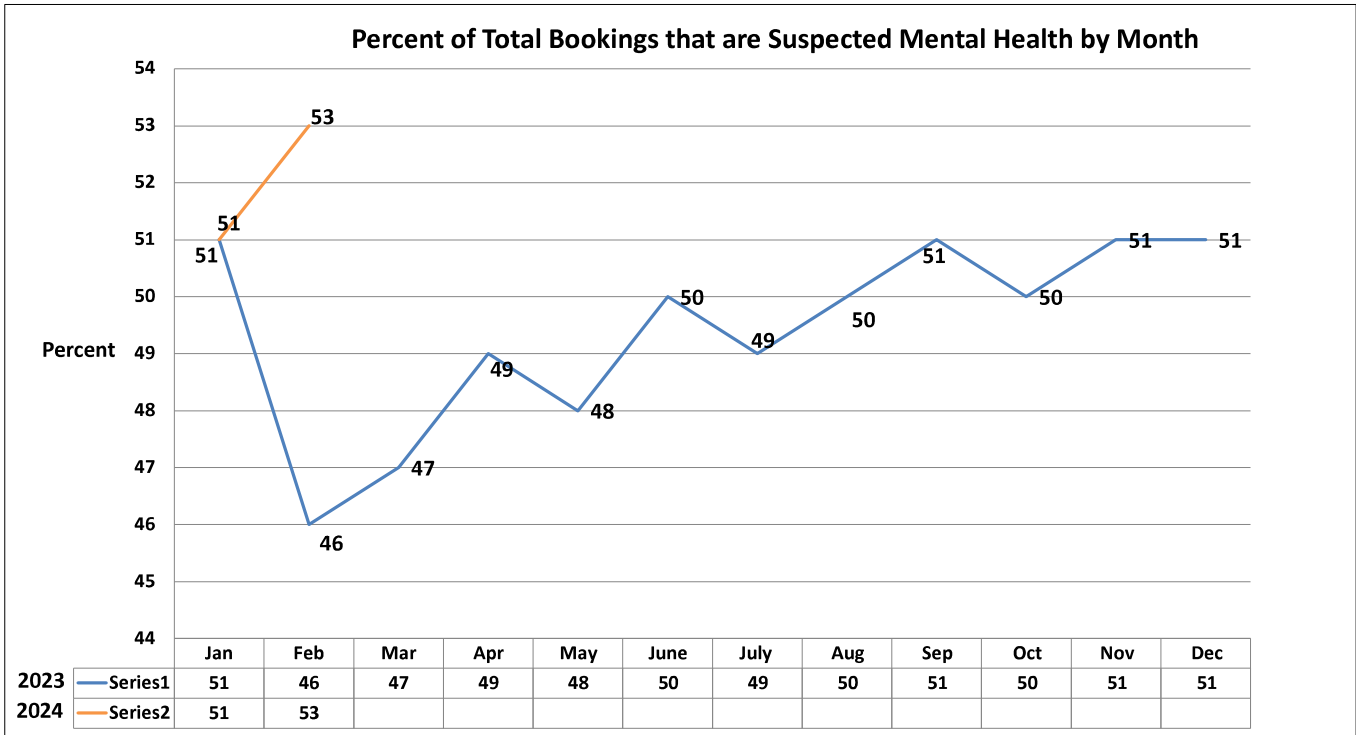
FEB 2024 Homeless Report Snapshot



DALLAS COUNTY BEHAVIORAL HEALTH HOUSING WORK GROUP

Month-to-Month Category Total Differences

Months	Total Monthly Bookins	Total Suspected MH Bookins
Jan 2024 to Feb 2024	3943 to 4243 - Increase 300	2025 to 2261 - Increase 236



DALLAS COUNTY BEHAVIORAL HEALTH HOUSING WORK GROUP

Homeless Breakdown and Avg LOS - Jan 2024 to Feb 2024

Month/Yr	Category	Total Bookings	Percent	Percent Note
Jan 2024	Suspected MH	2,025	51%	% of total bookings [3943]
	Homeless	490	12%	% of total bookings [3943]
	Homeless w/Suspected MH flag	359	73%	% of total homeless [490]

Month/Yr	Category	Total Bookings	Percent	Percent Note
Feb 2024	Suspected MH	2,261	53%	% of total bookings [4243]
	Homeless	503	12%	% of total bookings [4243]
	Homeless w/Suspected MH flag	369	73%	% of total homeless [503]

Month/Yr	Avg LOS Total Bookings [days]	Avg LOS Homeless Bookings [days]
Jan 2024	7	10
Feb 2024	7	9

DALLAS COUNTY BEHAVIORAL HEALTH HOUSING WORK GROUP

Homeless Primary Offense Categories - Jan 2024 to Feb 2024

Offense Categories	Jan 2024 total	Jan 2024 %	Feb 2024 total	Feb 2024 %	MTD
Arson	0	0.0%	2	0.4%	
Assaultive	34	6.9%	46	9.1%	12 Increased
Burglary	30	6.1%	21	4.2%	
Criminal Mischief	9	1.8%	11	2.2%	
Criminal Trespass	90	18.4%	92	18.3%	
Drug/Alcohol	90	18.4%	126	25.0%	36 Increased
Evading	22	4.5%	7	1.4%	15 Decreased
False Info/Fail to Identify	28	5.7%	31	6.2%	
Fraud	7	1.4%	3	0.6%	
HOLDS	62	12.7%	39	7.8%	23 Increased
Murder	1	0.2%	2	0.4%	
Other	36	7.3%	44	8.7%	
Prostitution	1	0.2%	3	0.6%	
Resist	6	1.2%	9	1.8%	
Robbery	10	2.0%	14	2.8%	
Sexual Offense	12	2.4%	12	2.4%	
Theft	33	6.7%	28	5.6%	
UUMV	19	3.9%	13	2.6%	
TOTAL	490	100.0%	503	100.0%	

HOLDS: Citation/Tickets, Insufficient Bonds/Insufficient Bond Warrants, External Holds (Transfer to another county), and Parole Violations

Other: Offense categories with one or two charge occurrences of monthly bookin totals (i.e. Terrorist Threats, Child Endangerment, Stalking, etc.)

UUMV: Unauthorized Use of a Motor Vehicle (i.e. Joyriding)

Month-to-Month Category Total Differences
= MTD by +/- 10 bookins

Month-to-Month Homeless Jail Bed Costs *Data reflects point in time snapshot*

1. Count of Jan 2024 Unsheltered Bookins = 490 (490 of 3943 = 12% of total January Bookins)
2. As of 2/14/24, released count = 275
3. ALOS for the 275 releases = 8 (8*\$85.13(Daily Jail Bed rate) = \$681.04 per Individual)
4. ALOS for all Jan unsheltered 490 bookins on 2/14/24 = 17 (17*\$85.13(Daily Jail Bed rate) = \$1447.21 per Individual)
5. Below are the top 6 offense categories for the 490 Jan Unsheltered.

Top 6 Offenses	Count of BookInNo
CRIMINAL TRESPASS	86
Holds	51
POSS CS PG 1/1-B <1G	42
BURGLARY OF BUILDING	19
UNAUTH USE OF VEHICLE	19
EVADING ARREST DETENTION	17

1. Count of Feb 2024 Unsheltered Bookins = 503 (503 of 4243 = 12% of total Feb Bookins)
2. As of 3/21/24, Total number of Unsheltered Releases = 299
3. Average Length of Stay (ALOS) for the 299 releases = 9 (9*\$85.13(Daily Jail Bed rate) = \$766.17 per Individual)
4. ALOS for all Feb unsheltered 503 bookins as of 3/21/24 = 19 (19*\$85.13(Daily Jail Bed rate) = \$1617.47 per Individual)
5. Below are the top 6 offense categories for the 503 Feb Unsheltered.

Top 6 Offenses	Count of BookInNo
CRIMINAL TRESPASS	84
POSS CS PG 1/1-B <1G	64
NULL	34
FAIL TO IDENTIFY FUGITIVE INTENT GIVE FALSE INFO	19
AGG ASSAULT W/DEADLY WEAPON	15
POSS CS PG 1/1-B >=1G<4G	14

DALLAS COUNTY DEFLECTION CENTER

2023-24	23-Sep	23-Oct	23-Nov	23-Dec	24-Jan	24-Feb	24-Mar	TOTAL
TOTAL TRIAGED	24	41	25	32	56	39	28	245
<i>Referral Source</i>								
Dallas PD								0
SC Div	1	2	2	3	3	2	2	15
SW Div	2	3			1	4		10
SE Div	2	1	1	1	2	1		8
NC Div	1	2	1			1	1	6
NE Div	1	1	1		1	1	6	11
NW Div		1		1			1	3
CEN Div	1	4		2	5	2	1	15
Right Care	1					1	1	3
Dallas Marshal - CDC								0
College Campus PD	1							1
Great SW Coalition				2	1		3	6
SE Coalition	2	3		1	3	1	1	11
NTBHA MCOT/CTI	5	11	9	10	19	7	1	62
Garland PD				2	1			3
Irving PD	2	3						5
DART PD	3	8	11	9	20	17	11	79
Parkland-Baylor PD	2	2		1		2		7
TRIAGE OUTCOME	24	41	25	32	56	39	28	
Psych Crisis Residential	1			1				2
Detox-Withdrawal Mgmt								0
Living Room-NTBHA*		9			2	3	5	19
CMHP Services					1			1
ACT Team	3	0		2	1			6
OTHER SUD Services	2	3			1	3		9
Shelter								0
Austin Street			2		2		2	6
Bridge	1	1		1	1	5		9
Salvation Army		1	1		1			3
Union Gospel Mission		1						1
Other		1			1		1	3
Home-Family-Friends	3	4	6	8	15	8	4	48
Boarding Home/PSH	2	2	3	2	3	4	2	18
Higher Level of Care								0
Behavioral Health	1	2	1	2	4	1	1	12
Physical Health	1	4	2	5	6	5	1	24
Veterans Administration	2							2
APOWW or Arrest					1			1
LEA Maintained Custody	3			1	2	1		7
Still in Service		3	5	4	10	1	2	25
Refused Services	5	10	5	6	5	8	10	49



Youth Homelessness Guaranteed Income Pilot Project Act of 2024 – H.R. 7451 (118th Congress) Media Toolkit

YHGIPPA Background	Talking Points	Locate Your Reps
Email/Letter Template	Phone Script	Legislative Timeline

YHGIPPA Background:

Youth and young adults (YYA) face a variety of barriers to accessing safe and stable housing, such as systemic and structural racism, age discrimination, and a scarce supply of affordable housing suitable for occupancy. Additionally, Black, Indigenous, and other youth of color have been systematically excluded from employment opportunities and access to stable income. Therefore, Rep. Rashida Tlaib (MI-12) has introduced the [Youth Homelessness Guaranteed Income Pilot Project Act of 2024 \(YHGIPPA\)](#).

Talking Points:

This legislation would:

- (a) Establish a 3-year pilot program, dividing into two groups, providing one group of eligible homeless YYA (18-30 years old and emancipated minors, in applicable states) with a guaranteed monthly income of no less than \$1,400;
- (b) Provide access to a wide-range of wraparound services for both study groups, with the ability to opt-in at any time throughout the pilot program;
- (c) Establish a National Youth Economic Advisory Council, to guide the selection of participating individuals and overall performance of the pilot program; and
- (d) Study the long-lasting impact(s) and feasibility of expanding a guaranteed monthly income program, with particular interest around: housing and micro-economic outcomes, physical and mental health and well-being, as well as the social costs on income volatility and homelessness.

If enacted, this would ultimately:

- (a) Enable the federal government to prioritize specific needs for youth and young adults (YYA) surrounding homelessness, in turn, investing in the future of the country;



- (b) Provide YYA with critical support to level their odds in pursuing a career and living wage; and
- (c) Provide easier access to safe and stable housing.

Locating Your Representative and Senators:

If you are unsure who represents you, please [CLICK HERE](#) and enter your address.

Email/Letter Template(s):

1. Who are you reaching out to?

- a. YHGIPPA is currently in the following committee(s) and needs *YOUR* help. Each committee is linked to a separate spreadsheet with each Member, their relative staffer and their contact information you will need:
 - i. [House Financial Services Committee](#)
 - ii. [House Ways & Means Committee](#)
- b. Target outreach
 - i. If you are a constituent of any of the aforementioned Representatives, your advocacy with these offices is vital! If you have the time and bandwidth to reach out to additional offices, that would also be very helpful!

2. What do I say/write?

Below, is a template for you to fill in for each office you reach out to:

[Insert Day-Month-Year]

The Office of the Hon. [Insert Title] [Insert Name & District Here] (e.g. Rep. Rashida Tlaib (MI-12)):

Paragraph One: [State who you are (Name/Pronouns/Role/Where you are from) and your purpose for writing the office (e.g. Good afternoon, my name is Josh Cogan (he/him) and I am the Director of Public Policy with A Way Home America and I am based in Washington, D.C. I am writing to your office to gain your support of H.R. 7451.)].

Paragraphs Two (and Three, if needed): [Use these paragraphs to (1) expound on your ask and (2) to share your personal story, tied to your ask). These paragraphs should present information that is personalized to YOU! Feel free to also use the [talking points](#), above. (e.g. H.R. 7451, also known as the *Youth Homeless Guaranteed Income Pilot Project Act of 2024* is an important



piece of legislation aimed at addressing the root causes of homelessness through cash assistance. A Way Home America is a national organization that exists to transform systems through public policy to end homelessness for Black, Indigenous, youth of color, and LGBTQIA+ youth, on a path to housing justice for all. This legislation would establish a 3-year pilot program, dividing into two groups, providing one group of eligible homeless YYA (18-30 years old and emancipated minors, in applicable states) with a guaranteed monthly income of no less than \$1,400. If enacted, this legislation would (1) enable the federal government to prioritize specific needs for youth and young adults (YYA) surrounding homelessness, in turn, investing in the future of the country; (2) provide YYA with critical support to level their odds in pursuing a career and living wage; and (3) ultimately, provide easier access to safe and stable housing. Though I personally have not experienced homelessness, I envision a world where we can secure housing justice for *all people* by focusing on those our society has most marginalized. This piece of legislation is a step in that direction.)).

Paragraph Four: [Clearly, and succinctly, summarize what you are asking from the legislator that you are writing (e.g. In closing, I urge Rep. Tlaib to support H.R. 7451 in the House Financial Services Committee. Thank you for your commitment towards ending homelessness for Black, Indigenous, youth of color, and LGBTQIA+ youth, on a path to housing justice for all)].

[Insert Salutation],

[Your name (pronouns)]

[Any contact information you are comfortable with sharing (e.g. email).]

Phone Call Script Template:

1. Who are you calling?

- a. Go here: [Who Represents Me? Elected Officials Lookup - 270toWin](#)
- b. Type in your address
- c. If you are calling about a **Federal** matter, you will have 2 Senators and 1 Representative listed under “United States Congress”. Their DC Office #s will be listed.

2. What do I say?

- a. **Identify yourself:** Name; Your District # (Listed above in 1.C); and why you are calling (e.g. “Good afternoon, my name is _____, I live in *[Insert State & Congressional District]*, and I am asking for *[Insert Title &*



Name of Representative/Senator) to support H.R. 7451, the Youth Homelessness Guaranteed Income Pilot Project Act of 2024.”)

- b. Identify your succinct concern(s):** You most likely will not have more than 30 seconds to articulate your concern. Use [talking points](#) above, while being exact and to the point! (e.g. “This legislation would establish a 3-year pilot program, dividing into two groups, providing one group of eligible homeless YYA (18-30 years old and emancipated minors, in applicable states) with a guaranteed monthly income of no less than \$1,400. If enacted, this legislation would (1) enable the federal government to prioritize specific needs for youth and young adults (YYA) surrounding homelessness, in turn, investing in the future of the country; (2) provide YYA with critical support to level their odds in pursuing a career and living wage; and (3) ultimately, provide easier access to safe and stable housing.”)
- c. Close:** What do you want them to do? Remember you are a CONSTITUENT (e.g. “As a constituent of (Insert Congressional District or State), I urge (Insert Title and Name of Rep/Senator) to support H.R. 7451.”)

3. Additional Tips To Consider:

- a. Be kind but direct!** You most likely will get someone on the phone who *does not* have the ear of their boss (the Representative/Senator). This person also will *not* be able to tell you their personal thoughts on the bill.
- b. Be succinct!** The staffers answering these phone calls do this all day and with hundreds, if not thousands, of constituents. They will oftentimes have a low amount of patience, yet the more succinct you are, the better the call will go!
- c. Thank them for listening.** Again, see 3.a & 3.b. for an understanding that the person you are talking to is working a thankless job!
- d. Consider the time zone!** DC offices typically operate their phones from 9:00 A.M. – 5:00 P.M. ET.

Sample Social Media Messages:

1. Short Caption 1

- a. 📢 Press Release: Tlaib Introduces Bill to Address Youth Homelessness It’s Happening!!!! Rep. Rashida Tlaib @RepRashida (MI-12) has championed the Youth Homelessness Guaranteed Income Pilot Project Act of 2024 (YHGIPPA) as H.R. 7451! 🌟 H.R. 7451 is a beacon of hope for homeless youth and young adults, addressing systemic barriers like racism and age discrimination. With



guaranteed monthly income, access to vital services, and a National Youth Economic Advisory Council, we're on track to empower our youth and pave the way for a brighter tomorrow. Check out the link in our bio for the full press release. Join us in supporting this transformative legislation! 🏠👛 #YHGIPPA #EmpowerYouth #ChangeMakers @RepRashida

2. Short Caption 2

- a. 📢 Press Release: Tlaib Introduces Bill to Address Youth Homelessness
We, at AWAH, are so happy to announce that Rep. Rashida Tlaib @RepRashida (MI-12) has introduced legislation sponsoring the groundbreaking Youth Homelessness Guaranteed Income Pilot Project Act of 2024 (YHGIPPA)! 🌟 H.R. 7451 is a game-changer for homeless youth and young adults, tackling systemic barriers like racism and age discrimination head-on. With a guaranteed monthly income of \$1,400 for eligible individuals, access to wraparound services, and the establishment of a National Youth Economic Advisory Council, this legislation paves the way for a brighter future. Check out the link in our bio for the full press release. Let's join Rep. Tlaib in investing in our youth and building a more equitable society! 🏠👛 #YHGIPPA #InvestInYouth #EndyouthHomelessness @RepRashida

Legislative Timeline:

- Introduced by Rep. Tlaib (MI-12) — 23 February 2024
- Referred to House Financial Services Committee — 23 February 2024
- Referred to House Ways and Means Committee — 23 February 2024
- House _____ Committee hearing – *Insert Date*
- House Floor Vote – *Insert Date*
- Referred to Senate _____ Committee – *Insert Date*
- Senate _____ Committee hearing – *Insert Date*
- Senate Floor Vote – *Insert Date*
- Sent to President's Desk – *Insert Date*