



Dallas County Behavioral Health Leadership Team
Thursday, March 12, 2026
9:30am -11:00am
In-Person & Virtual Meetings via Microsoft Teams

- I. Welcome and Call to Order
 - Review/Approval of January 8, 2026, Meeting Minutes
- II. Introductions
- III. North Texas Behavioral Health Authority (NTBHA) Update
- IV. Meadows Mental Health Policy Institute (MMHPI) Update
- V. Dallas County Behavioral Health Housing Workgroup Update
- VI. Dallas County Mental Health Advisory Committee Update
- VII. Legislative Update
- VIII. Funding Opportunities
 - SAMHSA Residential Treatment Grant Update
 - Community Courts Grant Update – Public Defender’s Office (PD)
 - Restorative Justice Division Update – District Attorney’s Office (RJD)
- IX. Upcoming Events and Notifications
- X. Public Comments
- XI. Adjournment



DALLAS COUNTY, TEXAS
Minutes of the Behavioral Health Leadership Team Meeting
Thursday, January 8, 2026
<https://www.dallascounty.org/departments/criminal-justice/bhlt/>

Welcome and Call to Order

Commissioner John Wiley Price called the Behavioral Health Leadership Team (BHLT) meeting to order at 9:32 AM. Commissioner Price welcomed everyone and announced that the meeting was being recorded and those who continued in attendance were consenting to being recorded as a part of the open records.

The Commissioners present were Commissioner John Wiley Price and Commissioner Dr. Theresa Daniel. Commissioner Price entertained a motion for opening the meeting. A motion was made and seconded by another participant. The motion was unanimously passed by the committee members.

Review/Approval of Minutes

The minutes of the BHLT meeting held on Thursday, November 13, 2025, were included in the meeting packet. Commissioner Price offered an opportunity for the minutes to be reviewed and approved. The minutes were approved as submitted.

Introduction

Commissioner Price welcomed everyone to the meeting and asked first-time attendees to introduce themselves.

- Rachel Wilson, Policy Innovation Lead, Housing Forward
- Kami Turner, LPC-S, Clinical Director, Overcoming Counseling Center
- Ninfa Beltran, Director of Community Courts, City of Dallas

Presentation:

Getting My Help, A Mental Wellness Foundation

- Greg Ellis, NFL Probowler, Film Producer & Founder of Getting My Help Foundation
The Getting My Help Foundation is a community-driven nonprofit focused on mental health awareness and mental wellness advocacy. Its mission is to encourage open conversations around mental health, reduce stigma, and motivate individuals to seek help and support when needed. Rather than providing clinical services, the foundation serves as a connector to resources, using community events, digital tools, and media initiatives to educate and engage the public. Activities include mental wellness walks and runs, awareness campaigns, storytelling through film and media, and support for a confidential mental health resources app. Ellis, who transitioned into advocacy and filmmaking after

his football career, created the foundation to address the widespread impact of untreated mental health challenges and to help ensure people do not feel alone on their wellness journey. Download the “Getting My Help” app for resources near you.

North Texas Behavioral Health Authority (NTBHA) Update

Carol Lucky, CEO, NTBHA. Ms. Lucky reported that a major recent achievement has been the launch of diversion services at Terrell State Hospital, with staff currently on-site Monday through Friday from noon to 8:00 PM. The program is in the process of expanding to weekend coverage, with the goal of reaching 24/7 operations by late spring as staffing increases.

For November and December, there were 78 walk-ins. Of those, 44 individuals were successfully diverted to outpatient services, including medication support when needed, and were referred back to appropriate providers in their home counties or regions, since Terrell serves individuals from across East Texas and beyond. Additionally, 24 individuals required inpatient treatment, 11 were admitted to Terrell State Hospital and 13 were transferred to off-site inpatient facilities. Ms. Lucky emphasized that the primary goal of the program is to reduce congestion at Terrell, ensuring that inpatient beds are available for individuals who truly need that level of care. She noted that operations during the holiday season were largely business as usual, though the impact felt heavier due to timing. There were several significant cases, particularly on Christmas Eve, and she expressed gratitude to providers who stepped up during that period. When asked whether this year differed from previous years, Ms. Lucky stated that overall trends remained fairly steady, though challenges tend to feel more pronounced during the holidays. She concluded by thanking all providers for answering the call and supporting the effort.

Meadows Mental Health Policy Institution (MMHPI)

Ron Stretcher, Senior Director of Systems Management, MMHPI. Mr. Stretcher did not provide a verbal update and referred the committee to the BHLT packet for the December Deflection Center statistics.

Dallas County Behavioral Health Housing Workgroup (BHHWG)

Commissioner Dr. Theresa Daniel, Dr. Daniel highlighted a shift in federal priorities, including potential funding moves away from permanent supportive housing toward treatment, transitional housing, and workforce programs. She emphasized the need to assess how current efforts align with these changes. She also noted increased focus on World Cup preparedness, while stressing that ongoing, day-to-day challenges remain a priority. Dr. Daniel noted Mesquite as an example of a jurisdiction opposing legal encampment and focusing primarily on encampment cleanup, underscoring the broader shift in policy approach that requires continued evaluation.

Dallas County Mental Health Advisory Committee Update

Yordanos Melake, Criminal Justice Department. Ms. Melake did not provide an update but referred the committee to the BHLT supplemental packet for the December Mental Health Assessment Unit statistics.

Legislative Update

Janie Metzinger, Director of External Affairs, NTBHA. Ms. Metzinger reported that the interim legislative charges have not yet been released and are expected after the primaries, likely in the fall. She highlighted the mental health waiting list report, with emphasis on forensic inpatient data relevant to Dallas County, comparing current figures with data from two years prior to show trends. She noted ongoing system backlogs, including jail delays linked to state hospital capacity, particularly at Terrell State Hospital (TSH). While high walk-in numbers at TSH reflect improved diversion from jail and increased access to care, she emphasized the continued need for triage and community-based services. She also noted that legislatively funded inpatient capacity expansions are underway statewide, with some projects completed and additional beds expected to come online in the 2026–2027 biennium.

Funding Opportunities Updates

• SAMHSA Residential Treatment Grant Update

Regina Fowlks, SAMHSA Program Coordinator. Ms. Fowlks provided a brief update from her report included in the packet. She noted that there have been two new admissions to Nexus, with an average wait period of eight days, and one new admission to Homeward Bound, with a wait of 12 days. Currently, there are three individuals on the waitlist.

• Community Courts Grant Update-Public Defender’s Office (PDO)

Christi Dean, Chief, Public Defender’s Office. Ms. Dean reported that the office continues to engage with Dallas Homeless Solutions through weekly meetings and has also been in contact with Housing Forward. The office is additionally focusing on establishing a parole and reentry task force to guide future reentry programs, with plans to partner with committee members in this effort.

Theo Peugh, Mental Health Division Chief. Mr. Peugh provided an update on the Assisted Outpatient Treatment Program (AOT). He spoke with Judge Jones Johnson (Probate Court No.3), who confirmed the program is progressing, with four positions approved and currently undergoing salary analysis, expected to be completed within the next week or two. Mr. Peugh confirmed that the public defender’s office remains fully supportive of the program and will ensure it is included on the next civil service agenda.

• Restorative Justice Division-District Attorney’s Office (RJD-DAO)

Julie Turnbull, Chief of Restorative Justice Division. Ms. Turnbull did not provide an update but referred the committee to the BHLT packet for the District Attorney’s Office December statistics.

Upcoming Events and Notifications

- No upcoming events announced

Adjournment

Commissioner Price thanked everyone for their collaboration and service. The meeting was adjourned at 11:03am



DALLAS COUNTY CRIMINAL JUSTICE DEPARTMENT

MENTAL HEALTH ASSESSMENT UNIT
CODE OF CRIM. PROC. ARTICLE 16.22

2026	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec
Magistrate Orders	2763	2841										
Completed Screenings Sent Out by Mag Clerks	2322	2285										
Face to Face Interviews	1214	1316										
Telehealth/ Telephone Interviews	356	439										
Desk Reviews (Reports sent that were completed in the past 365 days)	1210	958										
Refused Screening	156	213										
Unable to Locate	301	208										
Average days from order received to screening for individuals in custody (for a defendant held in custody, not later than 96 hours after the time an order was issued under Subsection (a))	1.9	1.8										
Average days from order received to screening for individuals out of custody (for a defendant released from custody, not later than the 30th day after the date an order was issued under Subsection (a))	8.2	7.3										

Acknowledgment

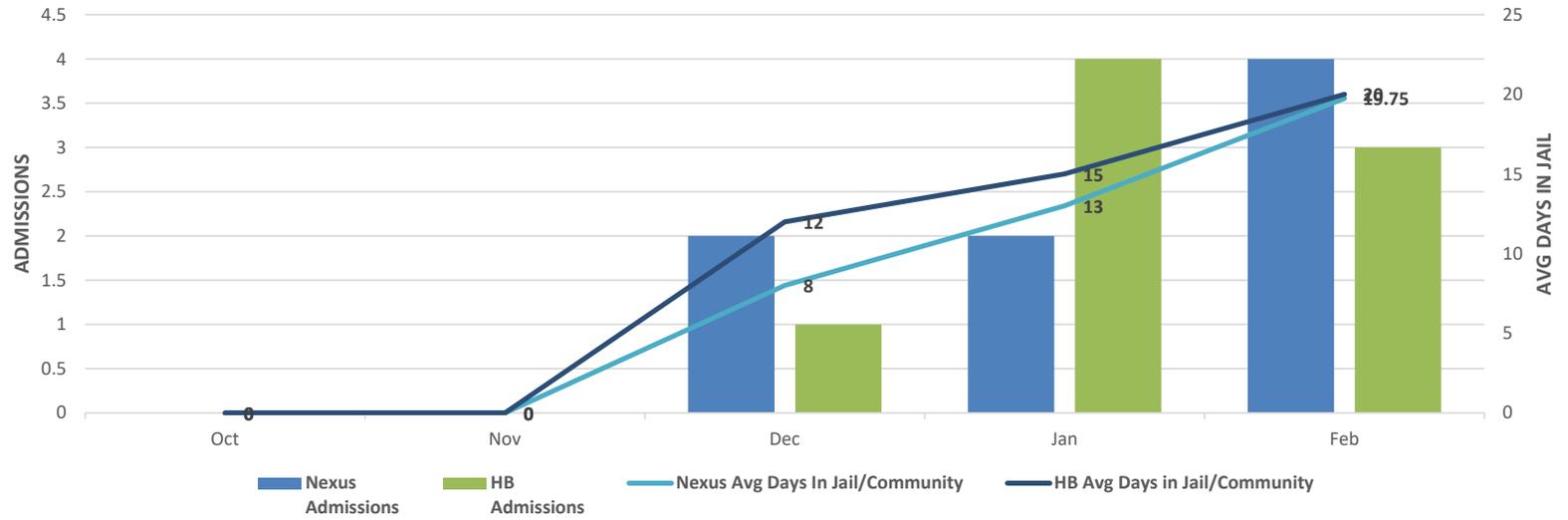
We would like to extend our sincere appreciation to **Adapt Community Solutions** for their continued partnership and dedication in completing the 16.22 CCP interviews. Their timely and thorough work plays a vital role in supporting the mission of the Mental Health Assessment Unit within the Criminal Justice Department. We are grateful for their commitment to ensuring individuals receive the appropriate assessments and care.

**Department of Criminal Justice
FY2026 SAMHSA Grant Project**

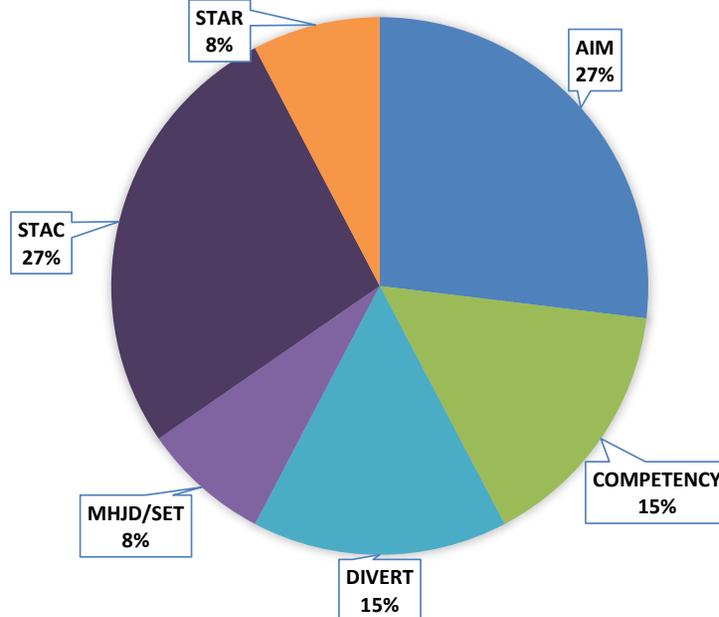
	Oct	Nov	Dec	Jan	Feb	Mar	April	May	June	July	Aug	Sept	FY2026 Total	FY2025 Total	FY2024 Total	GRANT PERIOD GRAND TOTAL
Nexus New Admissions	0	0	2	2	4								8	23	27	58
Nexus Average Days in Jail/Community from Referral to Admission	N/A	N/A	8	13	20								14	20	13	15
Homeward Bound New Admissions	0	0	1	4	3								8	19	18	45
Homeward Bound Average Days in Jail/Community from Referral to Admission	N/A	N/A	12	15	20								16	24	23	21
RESIDENTIAL TREATMENT DISCHARGES																
Successful	0	0	0	1	4								5	33	31	69
Unsuccessful	0	0	0	2	1								3	9	9	21
REFERRING SPECIALTY COURTS FY2026																
Number of Referrals by Specialty Court 27	AIM	7	MISD DWI			STAR		2								
	ATLAS		IIP			Veterans										
	Competency	4	Legacy Family		1	4-C										
	DDAC		MHJD/SET		2											
	DIVERT	4	STAC		7											

- *Homeward Bound Pending Admission: 4
- *Nexus Pending Admission: 0
- *Cancelled Referrals: 7
- *Clients Currently in Treatment 8

SAMHSA INPATIENT TREATMENT REFERRALS FY26



SAMHSA SPECIALTY COURT REFERRALS FY26



February		FY2026 MHPD STATISTICS												
ATTORNEY	BEGINNING # OF PENDING CASES	+NEW CASES RECEIVED THIS MONTH	=TOTAL CASES	TRIALS	Alt. Trial Dispos.	PLEAS	COND. DISM.	REVK	REVC	DISMISSALS	INCOMP ETENT	REFER RALS	OTHER COUNSEL APPT.	TOTAL CLOSED
Lenox	77	10	87	0	0	3	0	0	0	5	0	0	0	17
Strather	198	10	208	0	0	1	3	0	5	1	0	0	7	17
Caldwell	131	16	147	0	0	6	0	0	0	5	0	0	3	14

February		FY2026 FELONY COMPETENCY STATISTICS															
ATTORNEY	BEGINNING # OF CASES	NEW CASES THIS MONTH	TOTAL	TRIALS	JAIL PLEA	PROB PLEA	REVK	REVC	DISMISSALS	EXTENS IONS	HOSP. TRANSFER	OTHER	TOTAL DISPOSED	TOTAL ENDING PENDING	ENDING # OF PEOPLE IN PTI	ENDING # OF PEOPLE IN OCR	ENDING # OF PEOPLE IN JCBR
Harden	88	8	96	0	1	0	0	0	5	0	0	4	10	86	6	4	11
Scott	26	3	29	0	0	2	0	0	0	0	0	0	2	27	0	1	0
Foster	90	15	105	0	1	0	0	0	2	0	0	0	3	102	9	4	4

February		FY2026 MISDEMEANOR COMPETENCY STATISTICS																
ATTORNEY	BEGINNING # OF CASES	NEW CASES THIS MONTH	TBJ	TBC	Alt. Trial Dispos.	PLEAS	REVO-CATIONS	DISMISSALS	PROBATION	COMP. HRG.	EXTENS IONS	CIVIL COMMIT.	MHMR REFERRAL	CONSULTS	OTHER	TOTAL DISPOSED	TOTAL ENDING PENDING	ENDING # OF PEOPLE IN OCR
Scott	102	71	0	0	0	0	0	0	59	0	16	0	13	0	0	72	101	1

February		FY2026 CIVIL COMMITMENT STATISTICS																						
ATTORNEY	TOTAL NEW CASES RECEIVED	NEW CLIENTS AT TERRELL	NEW CLIENTS AT MEDICAL CENTER MCKINNEY	NEW CLIENTS AT GLEN OAKS	NEW CLIENTS AT PERIMETER ARLINGTON	NEW CLIENTS AT TEXOMA	NEW CLIENTS AT PERIMETER BEHAVIORAL HEALTHCARE	NEW CLIENTS AT PARKLAND	NEW CLIENTS AT CLEMENTS (formerly ZALE LIPSHY)	NEW CLIENTS AT DALLAS PRESBYTERIAN	NEW CLIENTS AT DALLAS BEHAVIORAL HEALTH	NEW CLIENTS AT HICKORY TRAILS	NEW CLIENTS AT VA	NEW CLIENTS AT GREEN OAKS	NEW CLIENTS AT METHODIST RICHARDSON	NEW CLIENTS AT ARLINGTON MEMORIAL & MILLWOOD	NEW CLIENTS AT HAVEN	PROBABLE CAUSE HEARINGS HELD	NO CONTEST COMMIT	CONTESTED COMMIT	FORCED MEDS HEARING IN COURT	MODIFICATION HEARINGS	OUT-PATIENT COMMIT	IN-PATIENT COMMIT
L. Roberts	122	4	0	32	0	1	0	0	0	0	0	0	0	67	0	0	0	3	0	6	9	0	0	0
C. Cox	143	0	0	0	0	0	0	88	4	16	0	0	0	0	0	0	0	0	2	13	4	1	0	15
K. Nelson	171	0	0	0	0	0	0	0	0	0	69	65	18	0	0	0	0	1	0	8	10	0	0	0
R. Black	59	0	1	0	0	0	0	0	0	0	0	0	0	0	39	0	0	9	0	5	5	0	0	0

DAN ECKSTEIN		FY2026 MHPR BOND STATISTICS										
MONTH	INITIAL ELIGIBILITY DAILY LIST (MH FLAGS)	MHPR BOND APPOINTMENTS FROM DAILY LIST (MH FLAGS MINUS THOSE SCREENED-OUT)	MHPR BOND HEARING-BOND GRANTED (# of clients)	MHPR BOND HEARING-BOND DENIED (# of clients)	TOTAL HEARINGS (# of clients)	Total # of Cases	Total # of Felony Cases	# of Felonies Approved	# of Felonies Denied	Total # of Misd. Cases	# of Misd's Approved	# of Misd's Denied
February	2764	381	56	34	90	131	94	58	36	37	14	23

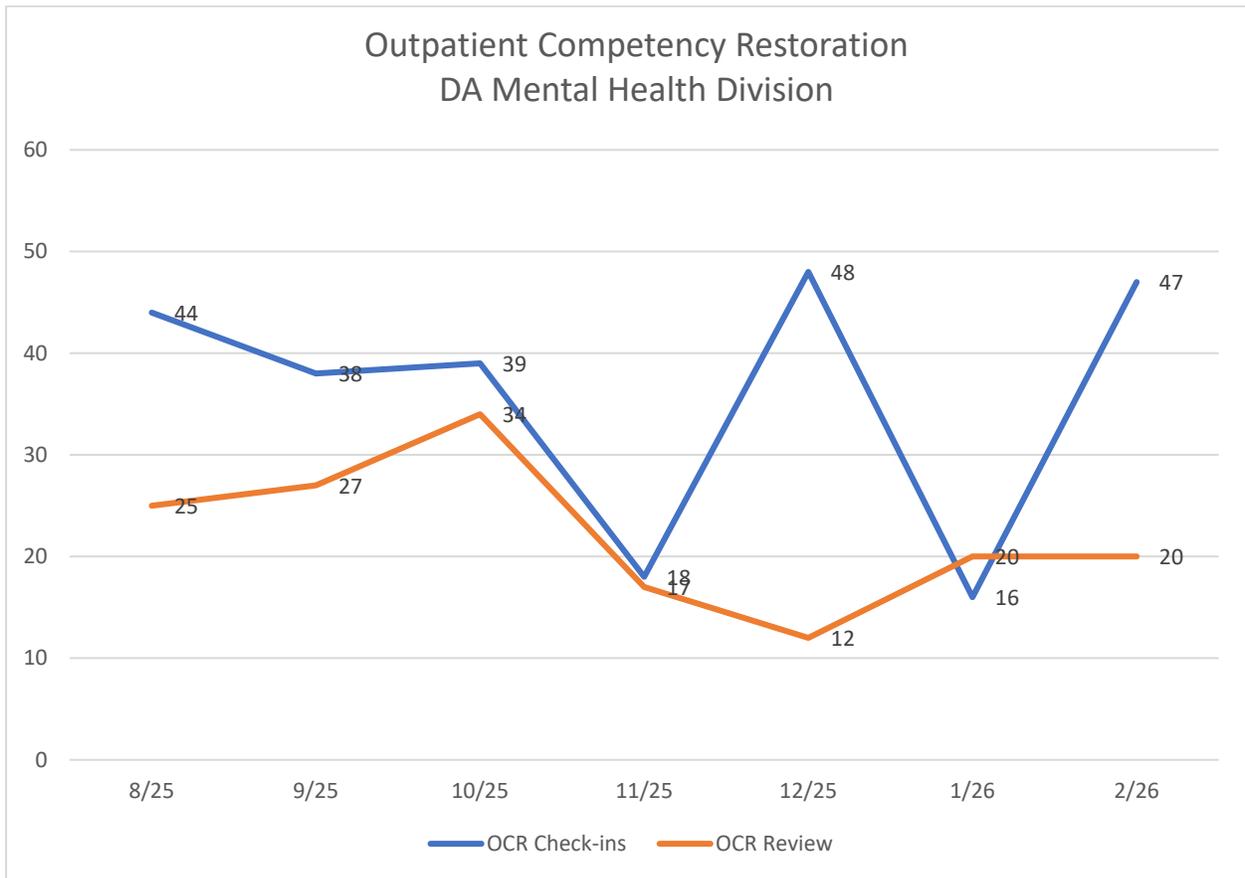
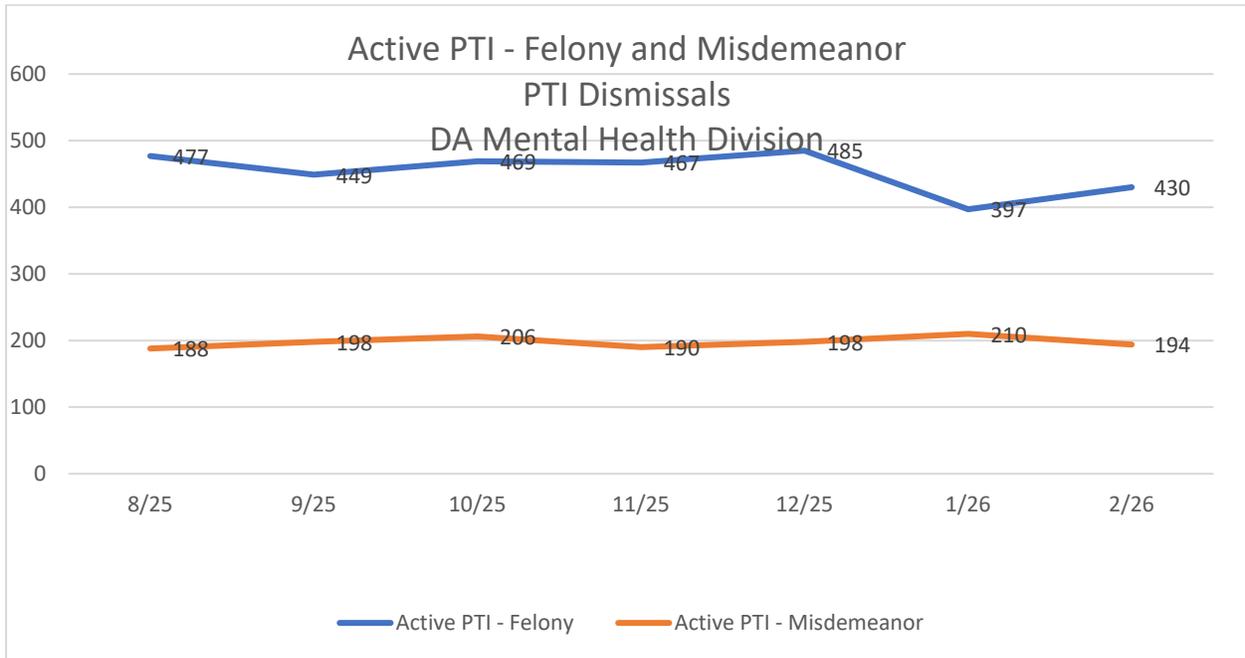
**FY2026 Public Defender's Office
Feb-26**

MONTH	PARTICIPANTS (BEGINNING OF MONTH)	PARTICIPANTS (END OF MONTH)	NEW CLIENTS	IN RESIDENTIAL TREATMENT	INACTIVE	GRADUATES	DISCHARGES
4C	297	299	32	3	0	14	16
AIM	55	68	16	3	2	2	1
ATLAS	22	20	1	1	7	0	3
CITY SDDC	10	9	1	8	0	0	0
CITY VET	13	13	0	2	0	0	0
DDC	13	15	3	0	0	0	1
DV	74	74	3	13	14	0	3
FELONY DWI	21	23	2	0	11	0	0
MHJD	26	20	0	0	1	5	1
IIP	135	130	1	49	50	0	6
LEGACY	1	1	0	0	0	0	0
SET	38	38	8	13	0	4	4
STAC	182	162	14	7	2	22	12
STAR	15	16	2	5	8	1	0
VET	45	48	4	4	0	1	0
TOTALS	947	936	87	108	95	49	47

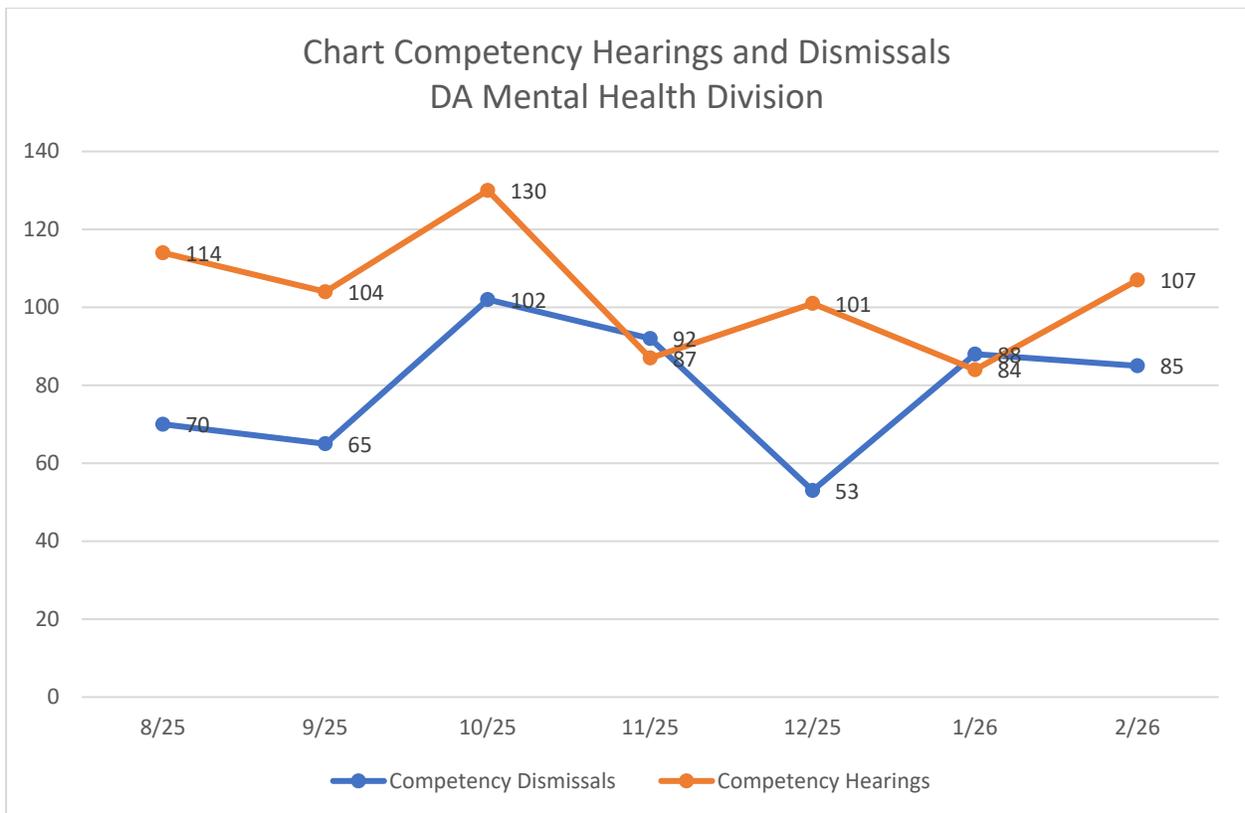
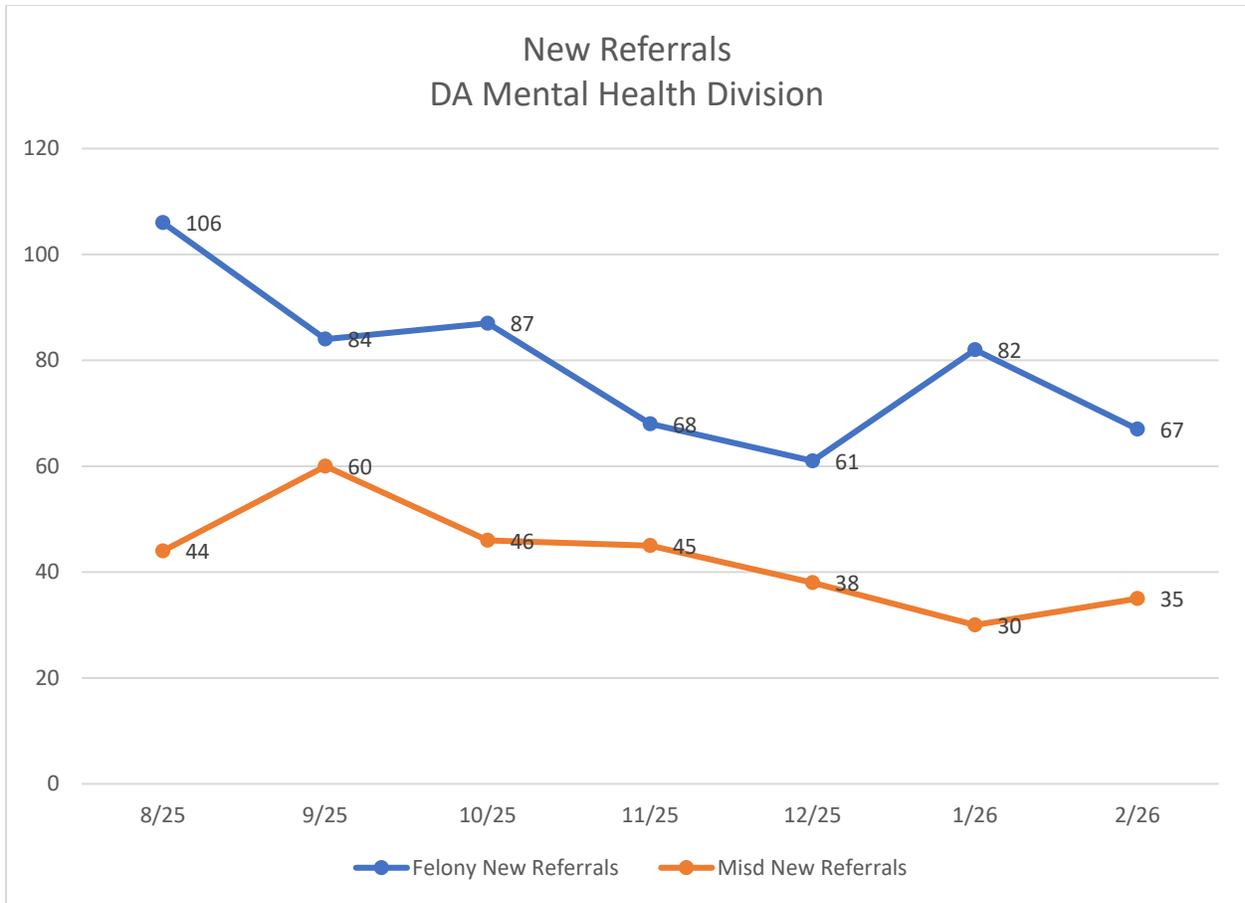
Clients in residential treatment in SAFPF or JJCJTC PRIOR to the in-court phase of a program are not included in the number of active participants or participants in residential treatment. Clients who have completed treatment prior to entering the problem-solving court and are LATER sent to treatment ARE counted in the "IN RESIDENTIAL TREATMENT" figures.

INACTIVE reflects clients not currently participating due to a pending probation violation and/or who may have an active warrant if the Court considers those clients inactive.

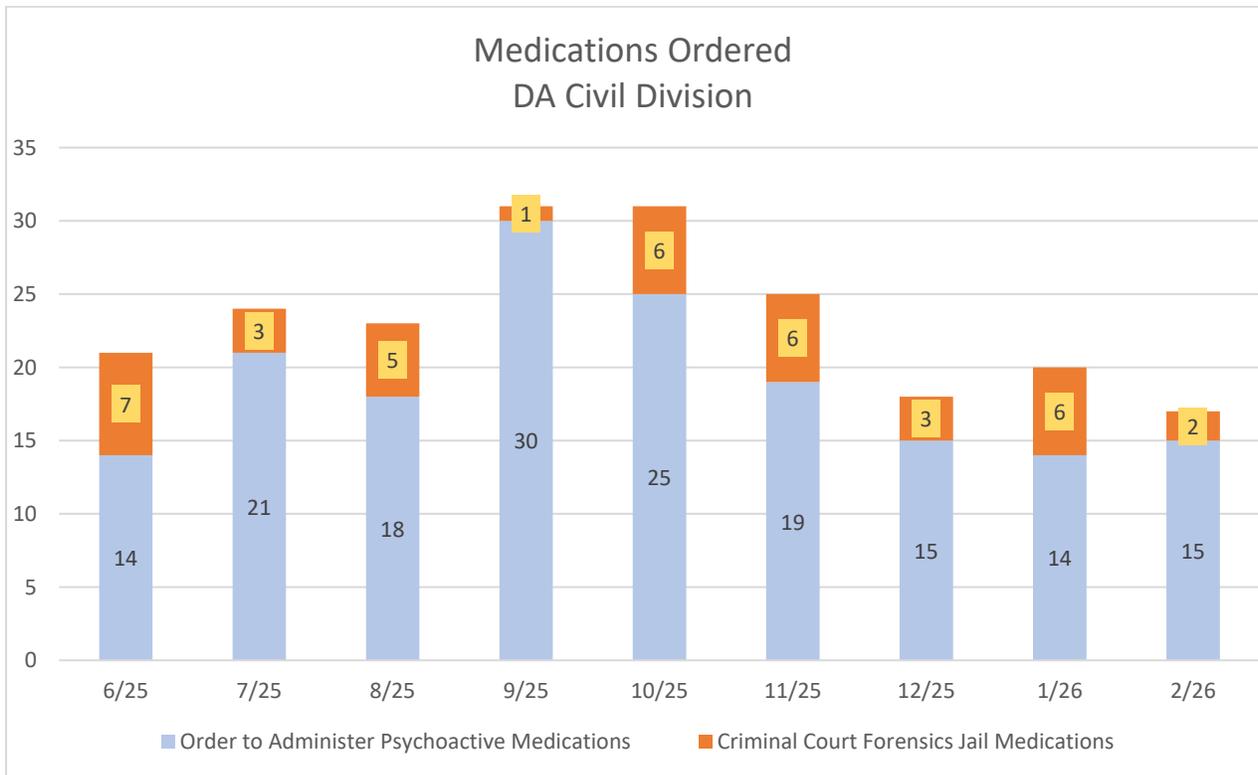
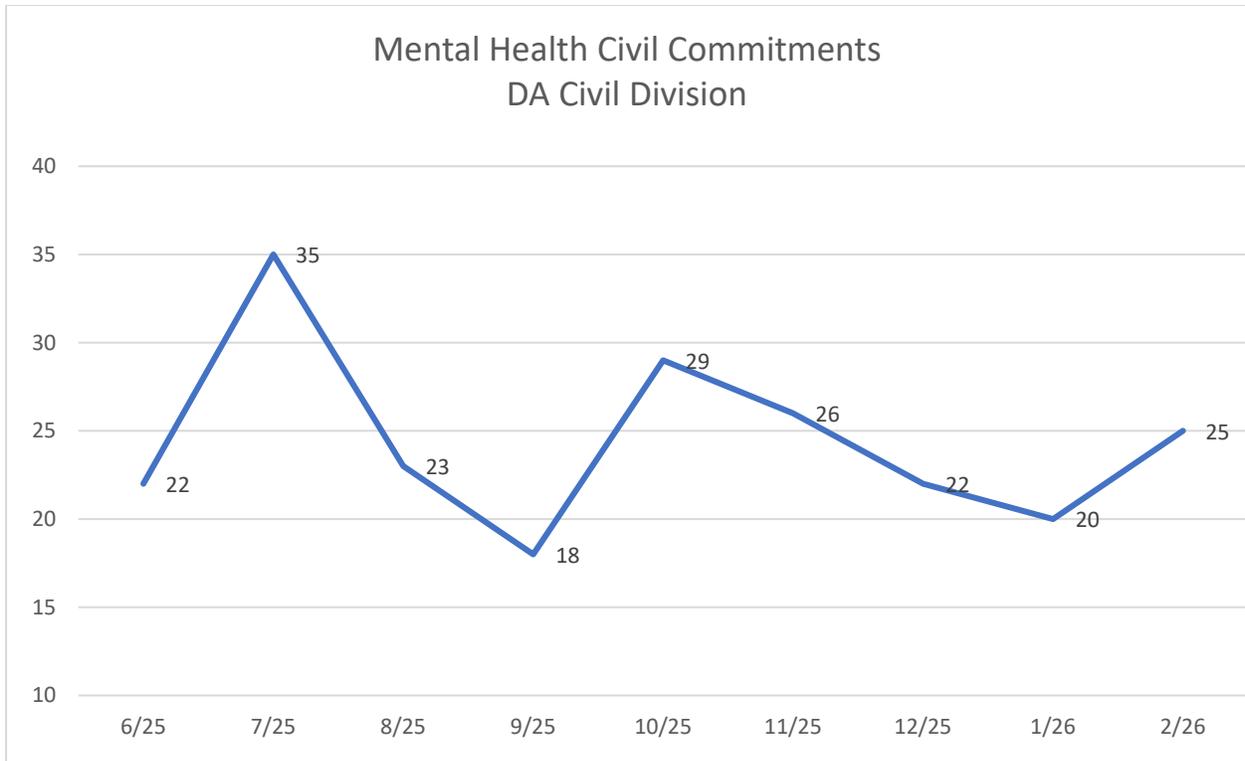
Mental Health



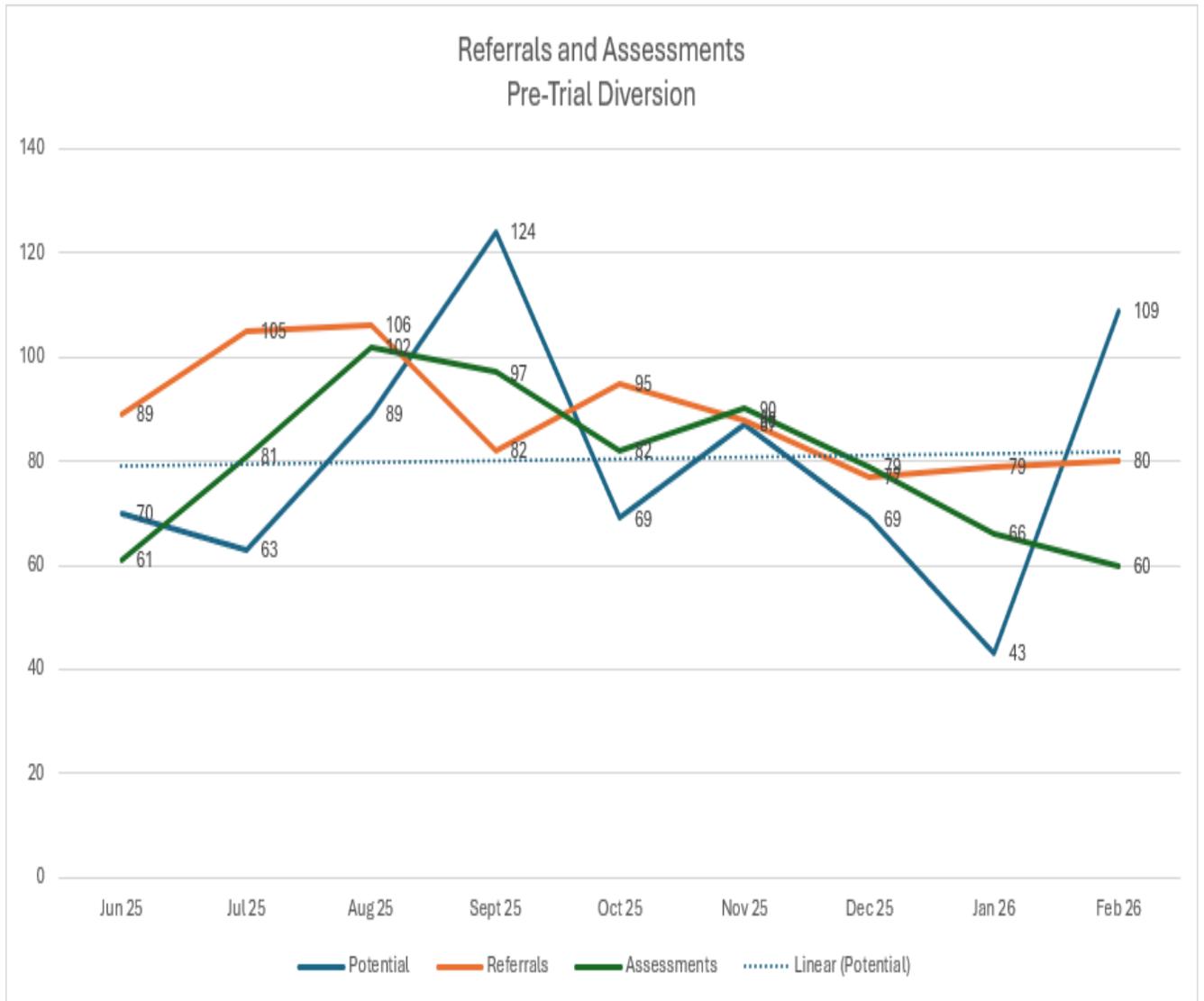
Restorative Justice Division – Mental Health



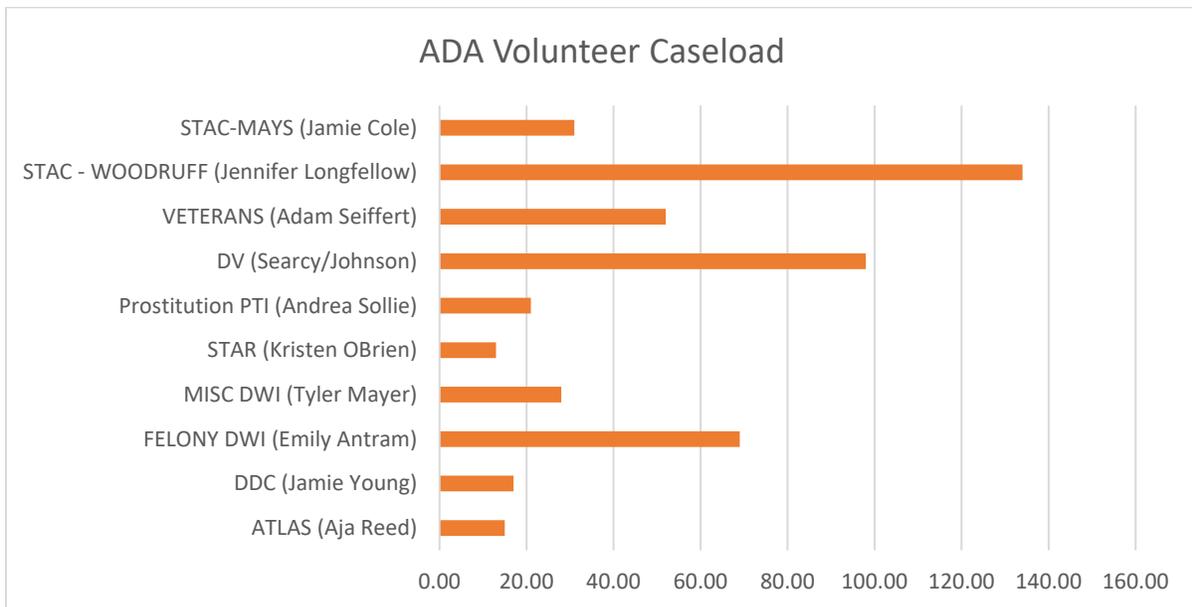
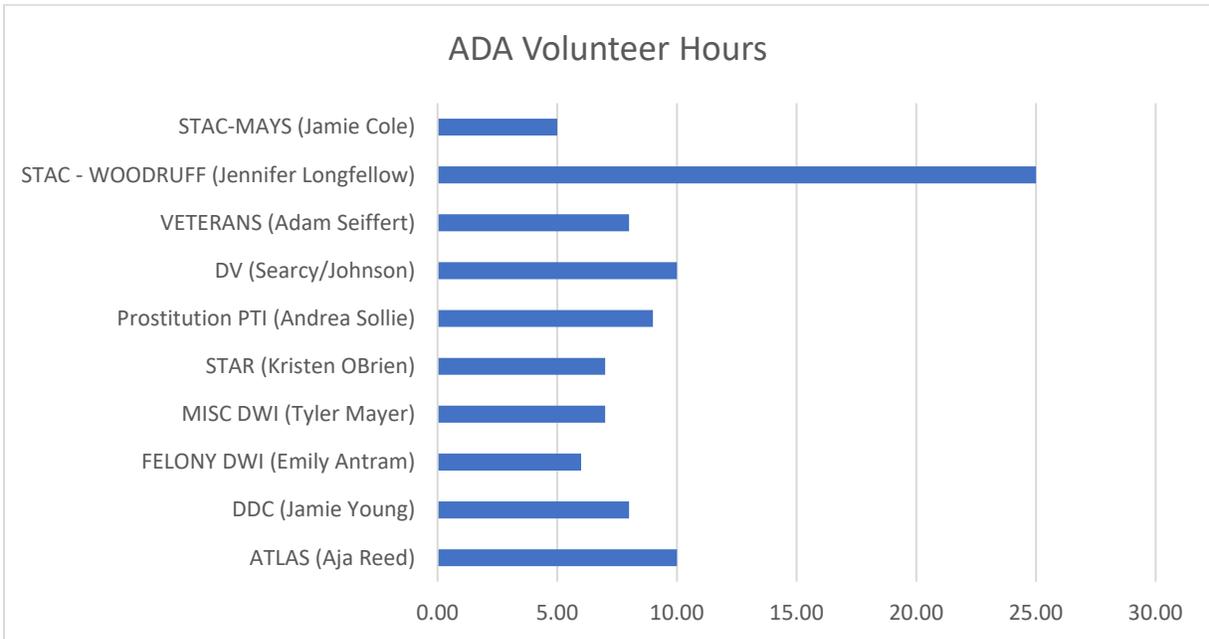
Restorative Justice Division – Mental Health



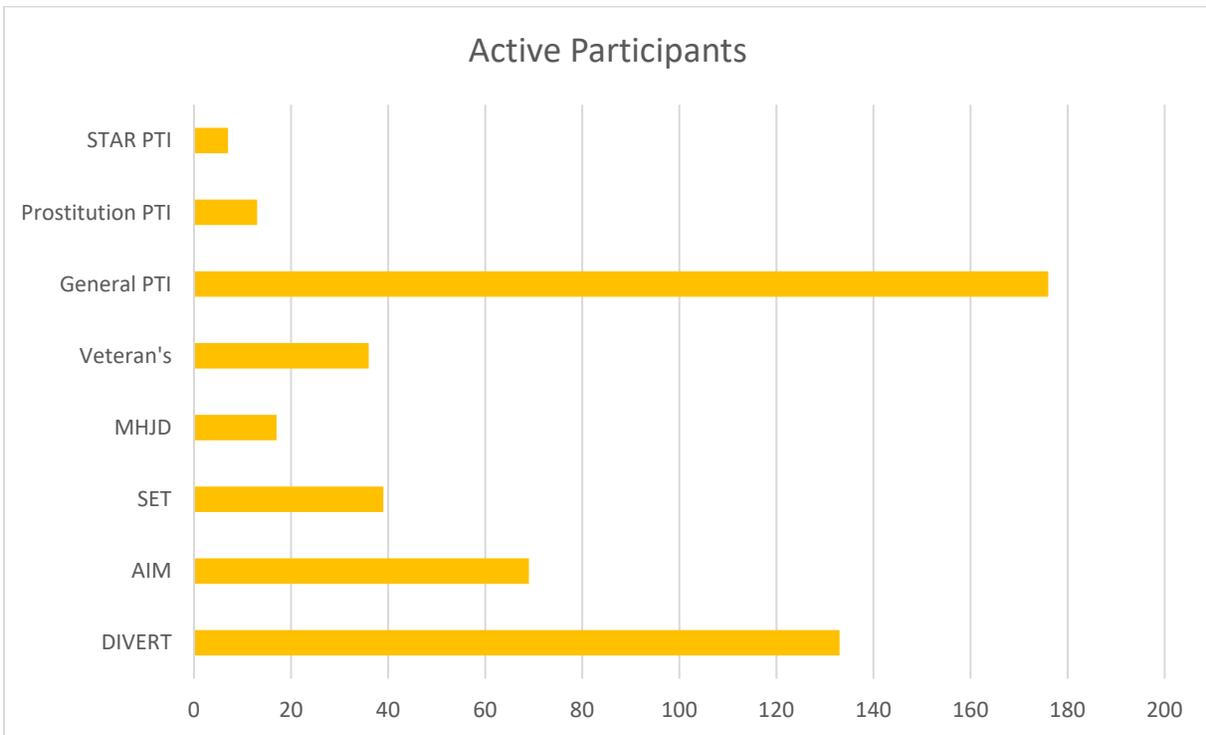
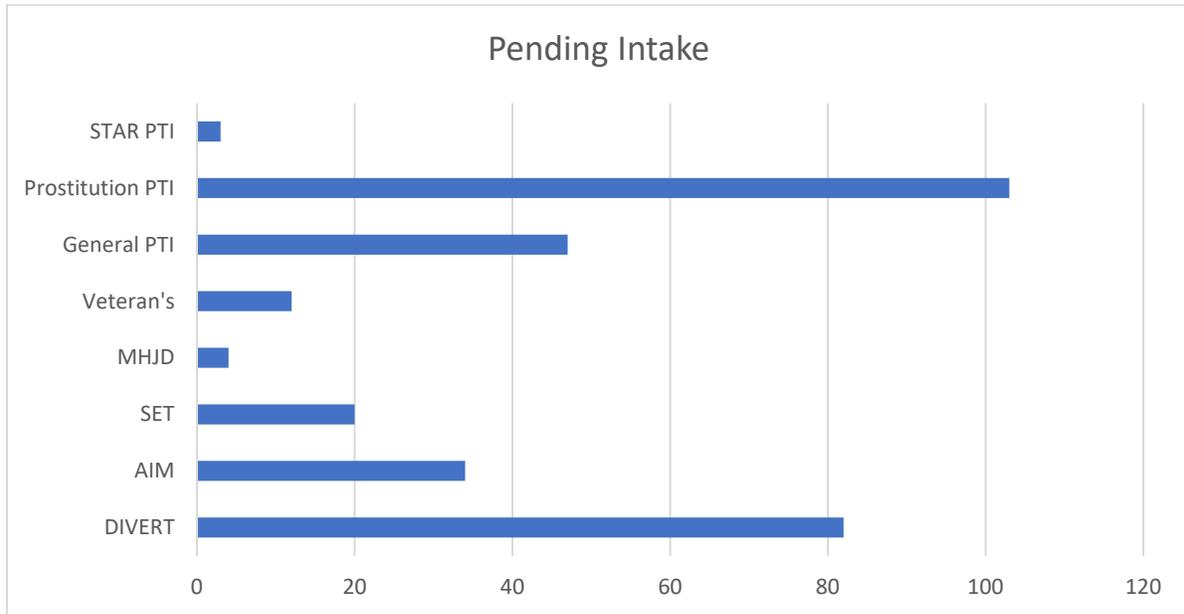
Pre-Trial Diversion



RJD SPECIALTY COURT/PROGRAMS ADA VOLUNTEER HOURS-FEBRUARY 2026



SPECIALTY COURTS AND PROGRAMS MONTHLY STATISTICS-FEBRUARY 2026





**Dallas County Behavioral Health Leadership Team
Thursday, March 12, 2026
Supplemental Packet**

Includes:

- Dallas County Deflection Center

- Legislative Update
 - Texas Health and Human Services Commission Report: All Texas Access Report for FY2025
 - Texas Health and Human Services Commission Report: Waiting Lists for Mental Health Services
 - Texas Health and Human Services Commission Report: Mental Health First Aid Program FY2025

DALLAS COUNTY DEFLECTION CENTER

2025-2026	25-Sep	25-Oct	25-Nov	25-Dec	26-Jan	26-Feb	26-Mar	26-Apr	26-May	26-Jun	26-Jul	26-Aug	TOTAL
TOTAL TRIAGED	105	107	92	96	101	92	0	0	0	0	0	0	591
<i>Referral Source</i>													
Dallas PD													
SC Div	3	5	2	3	5	1							19
SW Div			1	2									3
SE Div		1	1	1	1	1							5
NC Div		2		1									3
NE Div		1	1			1							3
NW Div	1		3	1									5
CEN Div	3	1	1										5
Right Care	3	1	1	1	2								8
Dallas Marshal - CDC													0
College Campus PD													0
Great SW Coalition													0
SE Coalition													0
NTBHA MCOT/CTI		1	2	3	3	6							15
Garland PD						1							1
Irving PD													0
Lancaster PD			1										1
Duncanville PD			1			1							2
Mesquite PD													0
Grand Prairie PD		1	1										0
Desoto PD						1							1
Combine PD													0
DART PD	26	31	27	33	25	31							173
DART Cares	7	2	1	1		1							12
Parkland-Baylor PD		1											1
Walk-In	27	29	21	17	35	22							151
Rapid Response	26	26	22	26	28	20							148
Crisis stepdown	2	1		2		2							7
Other	7	4	6	5	2	4							28
TRIAGE OUTCOME	121	124	107	111	117	107	0	0	0	0	0	0	
Psych Crisis Residential	1	3	1	1	2								8
Detox-Withdrawal Mgmt	2	2	1	1	3	1							10
Living Room-NTBHA*													0
CMHP Services	2												2
ACT Team	1												1
OTHER SUD Services	10	4	9	3	12	3							41
Shelter													0
Austin Street	6	4	7	11	4	3							35
Bridge	13	11	12	14	9	18							77
Salvation Army	4	1	3	1	2								11
Union Gospel Mission	1	1	3	2	5	6							18
Other		4		4	1	1							10
Home-Family-Friends	54	64	46	43	53	51							311
Boarding Home/PSH	6	6	3	2	6	6							29
Higher Level of Care													0
Behavioral Health	1	2	3	1		1							8
Physical Health	2	6	4	12	4	4							32
Veterans Administration	1												1
APOWW or Arrest/Security Intervention						1							1
LEA Maintained Custody	1												1
Still in Service	16	16	15	16	15	13							13
Refused Services													0
TOTAL TRIAGED													609
Average Length of Stay: 6.2 Days													

Dallas County Deflection Center Metrics

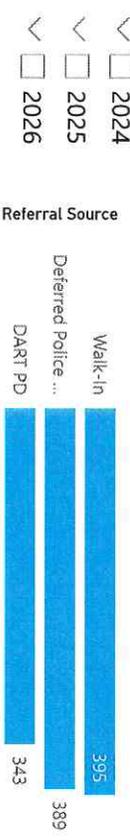
Reset Filters

Average Number of Nights Stayed
5.54

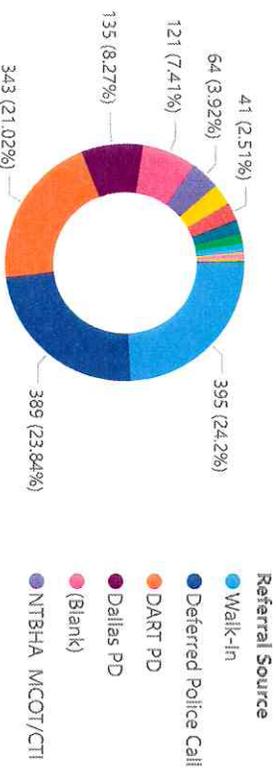
Filters

Year Month 2024 2025 2026

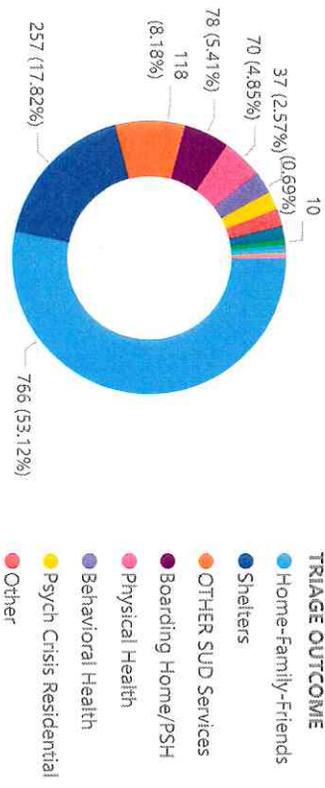
Top 3 Admission Referrals



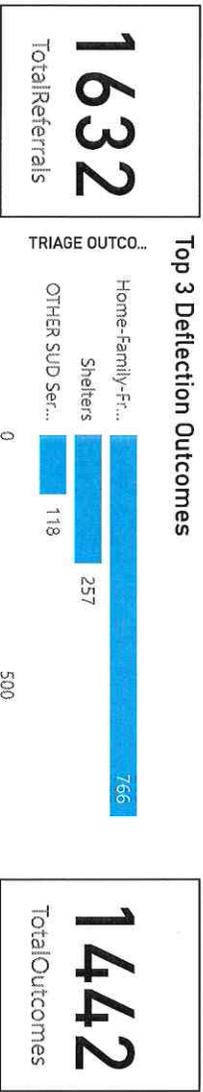
Admission Sources Breakdown



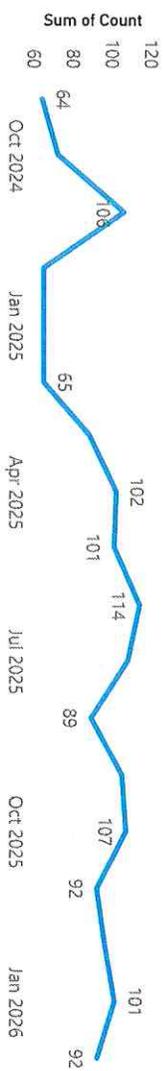
Deflection Discharge Breakdown



Top 3 Deflection Outcomes



Admissions by Month



Discharges by Month



Gender Breakdown

Gender	Sum of Count
Male	245
Female	94
Total	339

Race Breakdown

Race	Sum of Count
Black	204
White	82
Hispanic	36
Multiracial	6
Unknown	5
Total	339



Texas Health and Human Service Commission Report All Texas Access Report for FY 2025 December 2025

Link to Health and Human Services Commission (HHSC) Report:

<https://www.hhs.texas.gov/sites/default/files/documents/all-texas-access-report-dec-2025.pdf>

The All Texas Access Report is required by Texas Government Code 547.0005(e). It directs collaboration between the Texas Health and Human Services Commission (HHSC) and the 30 Local Behavioral Health Authorities and Local Mental Health Authorities (LBHA/LMHAs) that serve at least one rural county. The regional groups of LBHA/LMHAs are organized around the state hospital that serves the same catchment area as the LBHA/LMHAs. NTBHA participates in the region served by Terrell State Hospital, along with Lakes Regional Community Center, which serves as LMHA for Camp, Delta, Franklin, Hopkins, Lamar, Morris and Titus Counties; and Texoma Community Center which serves Cooke, Fannin, and Grayson Counties

The regional groups are to focus on:

- Improving access to rural mental health services and
- Decreasing:
 - Cost to local governments of providing services to people in crisis.
 - Transportation to mental health facilities for people served by the LBHA/LMHA.
 - Incarceration of people with mental illnesses in county jails.
 - Hospital emergency room visits by people with mental illness.

All Texas Access Terrell State Hospital Regional Group Plan—NTBHA's Accomplishments

Jail Diversion

- The Kaufman County Dropoff Center has served 374 people since opening in January, 2024.
- The Ellis County Living Room opened in October 2024 to connect people to services who are dealing with mental health or substance use disorders and are unhoused.

Step-Down Services

- NTBHA's 12-bed facility will help people transition from long-term state hospitalization back to the community.

Youth Services

- NTBHA's Children's Crisis Respite facility located in Ellis County will provide short-term community-based residential crisis treatment for youth ages 12 to 17 who are at a low risk of harming themselves or others.
- NTBHA's MultiSystemic Therapy program serves youth at risk of removal from their families.
- NTBHA's Youth Crisis Outreach Team (YCOT) serves youth in crisis and their families.

This document is intended for informational purposes only and is not intended to indicate a position for or against any legislation. If you have questions, please contact Janie Metzinger at jmetzinger@ntbha.org



Report to the 89th Texas Legislature
Texas Health and Human Services Commission
Report on Waiting Lists
for Mental Health Services
 Published December 19, 2025
 With added comparison to report from FY 2023

Link to HHSC Report:

<https://www.hhs.texas.gov/sites/default/files/documents/mhs-waiting-lists-nov-2025.pdf>

Report from HHSC is required by SB 1, Article II, Rider 47, and includes:

Waiting list and expenditure data for community mental health services, forensic state hospitals, and maximum security forensic state hospitals for each LBHA/LMHA, state facility and contracted entities.

Report requires data on:

- Number of people waiting for all services.
- Number of under-served people waiting for additional services.
- Number of people removed from the waiting list.
- Amount expended to remove people from waiting list per quarter.
- Average number of days on the waiting list.
- Explanation of short-term operational factors and long-term capacity factors for waiting lists.

COMMUNITY-BASED MENTAL HEALTH SERVICES

Texas Monthly Average Number of Adults Served in Community Mental Health per Quarter

Category	FY 2023-Q1	FY 2023-Q2	FY 2023-Q3	FY 2023-Q4
Texas average monthly number of adults served.	93,891	92,765	95,950	98,779
	FY 2025-Q1	FY 2025-Q2	FY 2025-Q3	FY 2025-Q4
	96,249	95,439	97,099	99,493

Adult Waiting Lists for All Community-Based Mental Health Services in FY 2025

In FY 2023, only 4 of Texas’ 39 LBHA/LMHAs had waiting lists. This report indicates that in FY 2025, only the Gulf Bend Center, which is in a rural area, had a waiting list for community-based mental health services in FY 2025, ranging from 13 people waiting mid-year to 7 waiting by the end of FY 2025. People waited an average of 100 to 120 days in the first three quarters of FY 2025 in that region, though Gulf Bend Center reduced that average to 49 days in the last quarter of FY 2025.

Category	FY 2023-Q1	FY 2023-Q2	FY 2023-Q3	FY 2023-Q4
Adult Waiting List Statewide	360	291	279	252
	FY 2025-Q1	FY 2025-Q2	FY 2025-Q3	FY 2025-Q4
Adult Waiting List Gulf Bend Center	12	13	13	7

This document is intended for informational purposes only and is not intended to indicate a position for or against any legislation. If you have questions, please contact Janie Metzinger at jmetzinger@ntbha.org

Number of Underserved Adults Waiting for Additional Services by an LBHA/LMHA.

In the FY 2023 report, Quarters 1 and 2 were not reported. Twelve LMHAs reported underserved adults. In FY 2025, the 27 LBHA/LMHAs reported underserved adults. NTBHA was not among them either fiscal year.

Category	FY 2023-Q1	FY 2023-Q2	FY 2023-Q3	FY 2023-Q4
Underserved Adults	–	–	1,213	1,421
	FY 2023-Q1	FY 2023-Q2	FY 2023-Q3	FY 2023-Q4
	1,528	1,291	1,120	1,009

Monthly Average Number of Children Served in Community Mental Health per Quarter

- None of the thirty-nine LBHA/LMHAs reported children on waiting lists in either fiscal year.

Category	FY 2023-Q1	FY 2023-Q2	FY 2023-Q3	FY 2023-Q4
Texas average quarterly number of children served	28,837	29,303	30,687	29,118
	FY 2025-Q1	FY 2025-Q2	FY 2025-Q3	FY 2025-Q4
	25,759	25,546	26,736	25,356

Number of Under-served Children Waiting for Additional Services by LBHA/LMHA

In FY 2023, 19 LBHA/LMHAs reported underserved children waiting for additional services. In FY 2025, although the overall numbers were cut by approximately 50% statewide, 22 LBHA/LMHAs reported underserved children waiting for additional services. However, 16 of those centers reported less than 5 underserved children per quarter. Six centers reported significantly larger numbers in some quarters of FY 2025, which brought the statewide numbers up.

Category	FY 2023-Q1	FY 2023-Q2	FY 2023-Q3	FY 2023-Q4
Texas average quarterly number of underserved children	–	–	696	591
	FY 2025-Q1	FY 2025-Q2	FY 2025-Q3	FY 2025-Q4
	455	234	328	271

Funding to Reduce Waiting Lists

For FY 2022-23, The 87th Texas Legislature appropriated a total of \$973,584, 512 for community-based mental health services for adults and children. These funds represented an increase in funding from previous years, in part due to federal funds to address the Coronavirus pandemic.

For FY 2024-2025, the 88th Texas Legislature appropriated a total of \$1,123,746,816 for community-based mental health services for adults and children. These funds also represented an increase in funding from previous years, in part due to federal funds to address the Coronavirus pandemic.

Funding to Reduce Waiting Lists--continued

The federal American Rescue Plan Act expired on March 24, 2025, in the midst of the 89th Texas Legislature. The 89th Legislature appropriated \$728,489,068 for Community Mental Health Services for adults and children in SB 1, Article II, Strategy D.2.1 for FY 2026 and FY 2027. HHSC requires LBHA/LMHAs to prioritize the reduction of waiting lists as soon as service capacity is available.

Factors Affecting Community Mental Health Waiting Lists for Adults and Children

Ongoing Workforce Shortages

- Recruitment and retention.
- Competitive job markets.
- Greatest challenges for LBHA/LMHAs in rural areas.

FORENSIC INPATIENT WAITING LIST DATA

Non-Maximum Security State Hospital Waiting Lists

Category				
Number of People on the Waiting List	FY 23-Q1	FY 23-Q2	FY 23-Q3	FY 23-Q4
	-	-	1,345	1,200
	FY 25-Q1	FY 25-Q2	FY 25-Q3	FY 25-Q4
	1,247	1,195	1,205	1,285
Number of People Removed from the Waiting List	FY 23-Q1	FY 23-Q2	FY 23-Q3	FY 23-Q4
	-	-	709	621
	FY 25-Q1	FY 25-Q2	FY 25-Q3	FY 25-Q4
	684	670	714	725
Average Number of Days on the Waiting List	FY 23-Q1	FY 23-Q2	FY 23-Q3	FY 23-Q4
	-	-	288	233
	FY 25-Q1	FY 25-Q2	FY 25-Q3	FY 25-Q4
	198	198	190	178

Maximum Security State Hospital Waiting Lists

Category				
Number of People on the Maximum Security Forensic Waiting List				
	FY 23-Q1	FY 23-Q2	FY 23-Q3	FY 23-Q4
	-	-	1,053	968
	FY 25-Q1	FY 25-Q2	FY 25-Q3	FY 25-Q4
	518	505	482	484
Number of People Removed From the Maximum Security Forensic Waiting List				
	FY 23-Q1	FY 23-Q2	FY 23-Q3	FY 23-Q4
	-	-	184	154
	FY 25-Q1	FY 25-Q2	FY 25-Q3	FY 25-Q4
	256	234	292	230
Average Number of Days on the Maximum Security Forensic Waiting List (Notification to Admission)				
	FY 23-Q1	FY 23-Q2	FY 23-Q3	FY 23-Q4
	-	-	690	659
	FY 25-Q1	FY 25-Q2	FY 25-Q3	FY 25-Q4
	302	247	253	202

FACTORS AFFECTING FORENSIC INPATIENT WAITING LISTS

Deferred Maintenance

- Compliance with Federal Life Safety Code and other regulations requires that non-compliant beds are taken offline during mitigation, remediation or maintenance.
- Cost of current remediation of anti-ligature equipment and other repairs exceeds the \$98,000,000 appropriated by the 89th Legislature for deferred maintenance.
- State Hospitals and State-Supported Living Centers are challenged with maintaining aging infrastructure and buildings.
- HHSC estimates the cost of needed deferred maintenance exceeds \$800,000,000.

County Planning, Coordination and Education

- Demand for Inpatient Competency Restoration services.
 - HHSC suggests increased use of Outpatient Competency Restoration and Jail-Based Competency Restoration Services.
 - HHSC's Office of Forensic Services and Coordination (OFSC)
 - Outreach and education of stakeholders.
 - Jail In-Reach program.

Factors Affecting Forensic Inpatient Waiting Lists--continued

County Planning, Coordination and Education--continued

- Jail Diversion Services
- Sequential Intercept Model Mapping
- Judicial Commission on Mental Health-Eliminate the Wait Campaign
- Texas Behavioral Health and Justice Technical Assistance Center

Current Construction for Increased Psychiatric Bed Capacity

Facilities Under Construction	Number of Beds	Classification of Beds	Expected Completion
Dallas State Hospital	200 Adult Beds 92 Children's Beds	75 Forensic (non-Max Security)	Early 2026
Lubbock Psychiatric Center	50 Adult Beds	Maximum Security	Fall 2027
Panhandle State Hospital	75 Beds	50 Forensic (non-Max Security)	Summer 2027
Rio Grande State Center	50 Adult Beds	Maximum Security	Summer 2027
San Antonio State Hospital	40 Adult Beds	Maximum Security	Fall 2026
To serve Southern Texas, specifically Rio Grande Valley, Victoria County, Montgomery County and City of Beaumont	Up to 332 Beds	50% Forensic	Contracts Executed
Sunrise Canyon Facility in Lubbock	30 beds	15 Forensic	Spring 2026
Tarrant County	Unspecified in Report	Crisis Stabilization and Competency Restoration	Contracts in Progress
Terrell State Hospital	275 Beds	50 Max Security 25 Civil 50 Adolescent 150 Forensic (non-Max Security)	Summer 2027
Wichita Falls State Hospital	225 Beds	25 Max Security 16 Civil 25 Adolescent 159 Forensic (non-Max Security)	Fall 2027

Unscheduled Admissions

State Hospitals are covered by the Emergency Medical Treatment and Active Labor Act (EMTALA), requiring that persons presenting for care must be admitted or denied for a valid reason. Unscheduled admissions or “walk-ins” are often transported to the hospital by law enforcement officers, family members, or voluntarily by the individual in crisis. The 2023 report did not include data on unscheduled admissions.

Category				
Number of People on the Maximum Security Forensic Waiting List				
	FY 25-Q1	FY 25-Q2	FY 25-Q3	FY 25-Q4
Total Walk-ins	572	576	632	587
Total Walk-ins Admitted	394	361	404	410

Funds Expended to Reduce Forensic Inpatient Bed Waiting Lists

- Ongoing state hospital operational expenses.
- Contracted beds.
- Repairs and mitigation of deferred maintenance to keep the maximum number of beds available.
- Competency Restoration Services (Inpatient-, Outpatient-, and Jail-Based).
 - Texas spent a total of \$19,036,301 for Competency Restoration Services in FY 2025.
- Community Mental Health Crisis Services.



Report to the 89th Texas Legislature
 Texas Health and Human Services Commission
**Report on the
 Mental Health First Aid Program-FY 2025**

Link to HHSC Report:

<https://www.hhs.texas.gov/sites/default/files/documents/mental-health-first-aid-program-dec-2025.pdf>

This report is required by Texas Health and Safety Code 1001.205.

Mental Health First Aid (MHFA) is an evidence-based, early-intervention course that teaches participants about mental health and substance use, and how to assist a person in crisis. Since 2014, the Texas Legislature has appropriated funding for MHFA and has directed Local Behavioral Health Authorities and Local Mental Health Authorities to provide MHFA training in their respective regions. MHFA courses offered by Texas HHSC are:

- Adult MHFA-For adults over age 18 to support other adults
- Youth MHFA-For adults over age 18 to support children and youth.
- Teen MHFA-For students in grades 10 through 12 to support other teens.

Data Category	Texas	NTBHA
MHFA Data	Pages	
LBHA/LMHA Employees and Contractors Trained	4-5	
Number of Active Trainers	569	74
Average Number of Active Trainers	14.52	74.75
Number of Trainers Who Left the Program	68	12
MHFA Training-Instructors, ISDs, Higher Ed., Community & Teens	Page 6	Appendix A Page 27
Instructors	251	12
Independent School Districts	49,408	5,643
Private Schools	320	10
People with Direct and Recurring Contact with Children	2,195	346
Higher Education Employees	2,201	38
Community Members	10,660	1,450
Teenagers	715	0
Youth Under 21	537	23
Child Care Workers	129	0
First Responders	878	66
Judges	5	0
Attorneys	79	0
Service Members, Veterans & Families	1,171	131*
Total	68,549	7,719*

* *Of the total number of individuals trained in general adult or youth MHFA by NTBHA, 1,161 were members of the US military, veterans, or immediate family members who also fit into other categories. (Appendix C, Table 28, page 155.) The 131 noted on this table did not fit into the other listed categories. This document is intended for informational purposes only and is not intended to indicate a position for or against any legislation. If you have questions, please contact Janie Metzinger at jmetzinger@ntbha.org*

Personnel from the following Academies, Colleges, Independent School Districts, Schools, and Universities were trained in Mental Health First Aid by NTBHA

Appendix B—Pages 114-122

Academy for Acadmies	Aldine ISD	Allen ISD
Anna ISD	Arlington ISD	Austin ISD
Bastrop ISD	Bishop Lynch High School	Bland ISD
Blue Ridge ISD	Boles ISD	Bonham ISD
Brooks County ISD	Caddo Mills ISD	Carroll ISD
Carrollton Farmers Branch ISD	Cedar Hill ISD	Celeste ISD
Celina ISD	CityScape Schools	Claredon ISD
Comal ISD	Commerce ISD	Community ISD
Coppell ISD	Corsicana ISD	Crandall ISD
Dallas Catholic Schools	Dallas College	Dallas International School
Dallas ISD	Decatur ISD	Denison ISD
Denton ISD	DeSoto ISD	Donna ISD
Duncanville ISD	Ennis ISD	Education Service Centr.Reg. 10
Farmersville ISD	Ferris ISD	Frisco ISD
Forney ISD	Garland ISD	George Gervin Academy
Golden Rule Charter	Grace Prep	Grand Prairie ISD
Grapevine Colleyville ISD	Great Hearts of Texas	Greenville ISD
Harmony Science ISD	Hayes ISD	Highland Park ISD
Houston ISD	Hurst	IDEA Public Schools
Inspired Vision Academy	Irving	Katy ISD
Kemp ISD	KIPP Public Schools	Lamar Consolidated ISD
Lancaster ISD	La Verina ISD	Leadership Prep
Legacy Prep	Lewisville ISD	Little Elm ISD
Littlefield ISD	Lovejoy ISD	Mabank ISD
Mansfield ISD	Maypearl ISD	McKinney ISD
Melissa ISD	Mesquite ISD	Midland ISD
Midlothian ISD	Natalia ISD	New Braunsfels ISD
Northeast ISD	Northside ISD	Northwest ISD
Perryton ISD	Pilot Point ISD	Pioneer Tech
Plano ISD	Princeton ISD	Prosper ISD
Quinlan ISD	Radiant STEM Academy	Red Oak ISD
Rice ISD	Richardson ISD	River Road ISD
Rockwall ISD	Round Rock	Royce City ISD
Sherman ISD	St. Anthony Catholic Schools	St. Patrick Catholic School
St. Philip & St. Augustine Catholic School	Stanton ISD	Stephenville ISD
Sunray ISD	Terrell ISD	Texas Can Academy
Texas Leadership	Tioga ISD	Trenton ISD
Trinity Basin Prep	Trinity Christian School	Texas Woman’s University
University of Dallas	Univ. of North Texas-Dallas	Uplift Education
Van Alstyne ISD	Waxahachie ISD	Whitesboro ISD
Wichita Falls ISD	Wills Point ISD	Wylie ISD