



LUBY'S CULINARY SERVICES®

BUSINESS HEALTHCARE EDUCATION SENIOR LIVING

HOMESTYLE WEEKLY MENUS



Records Café

MONDAY 09/28
Grill Pork Chop
Fried Chicken
Navy Beans
Roasted Mixed Veggies
Macaroni and Cheese
Cream of Broccoli Soup

TUESDAY 09/29
Blackened Chicken Breast
Italian Spaghetti
New Potato
Seasoned Spinach
Fresh Green Beans
Tortilla Soup

WEDNESDAY 09/30
Teriyaki Salmon
Chopped Steak
Baked Potato
Seasoning Mushrooms
Fried Okra
Beef Chili Soup

THURSDAY 10/01
Chicken Fried Steak
Teriyaki Chicken
Street Corn on the cob
Mashed Potato
Peas and Carrots
Minestrone Soup

FRIDAY 10/02
Fried Cod Fish
Fried Rice
Broccoli Casserole
Skillet Cabbage
Vegetable Egg Rolls
Chicken Noodle



Allen Cafe

Lemon Pepper Salmon
Baked Chicken
Brussels Sprouts
New Potato
Fried Squash
Baked Potato Soup

Fried Pork Chop
Nacho Special
Butter Corn
Spanish Rice
Pinto Beans
Home Style Chicken

Green Chile Chicken
Beef Lasagna
Fresh Broccoli
Roasted Sweet Potato
Jalapeno Rice
Vegetable Soup

Chicken Fried Chicken
Bacon Cheese Steak
Tomato Basil Squash
Collard Greens
Macaroni and Cheese
Green Chile Chicken

Fried Catfish
Sweet and Sour Pork
Holiday Rice
Fresh Green Beans
Cream Corn
Sea Food Gumbo



Crowley Cafe

Blackened Salmon
Chicken Pot Pie
Roasted Mixed Veggies
Black eyed Peas
Brussel Sprouts
Vegetable Soup

Fried Pork Chop
Roasted Chicken
Butter Cob
Green Beans
Mashed Potato
Chicken & Noodle Soup

Lemon Herb Tilapia
Chicken Enchiladas
Spanish Rice
Fresh Broccoli
Pinto Beans
Mexican Pozole

Parmesan Chicken
Turkey Meatloaf
Macaroni and Cheese
Roasted New Potato
Butter Squash
Cream of Potato

Fried Catfish
Empanadas
Spanish Baked Corn
Fried Okra
Skillet Cabbage
Chicken Creole Gumbo