



LUBY'S CULINARY SERVICES®
 BUSINESS HEALTHCARE EDUCATION SENIOR LIVING

HOMESTYLE WEEKLY MENUS



Allen Café

MONDAY 10/20

Grilled Pork Chop
 Fried Chicken
 New Potato
 Mixed Veggies
 Macaroni and cheese
 Cream of Broccoli

TUESDAY 10/21

Soft Beef Tacos
 Nacho Special
 Corn on the Cob
 Green Beans
 Spanish Rice
 Tortilla

WEDNESDAY 10/22

Veracruz Tilapia
 Italian Spaghetti
 Baked Potato
 Fresh Broccoli
 Roasted Asparagus
 Beef Chili Soup

THURSDAY 10/23

Chicken Fried Chicken
 Beef Stew
 Mashed Potato
 Brussel Sprouts
 Peas and Carrots
 Minestrone Soup

FRIDAY 10/24

Fried Cod
 Teriyaki Chicken
 Ginger Roasted Carrots
 Fried Skillet Cabbage
 Broccoli Casserole
 Chicken and Rice



Crowley Cafe

Turkey Breast
 Beef Soft Tacos
 Candied Yams
 Pinto Beans
 Spanish Rice
 Chicken and Rice

BBQ Ribs
 BBQ chicken/ sausage
 Corn on the cob
 Mashed Potato
 Roasted Mixed Veggies
 Tortilla Soup

Cordon Bleu Chicken
 Catfish Nuggets
 Au gratin Cauliflower
 Garlic Butter Pasta
 Fresh Broccoli
 San Juan Soup

Chicken Fried Chicken
 Red Bean and Sausage
 Stew Okra
 Mashed Potato
 Butter Corn
 Tomato Basil Soup

Veracruz Tilapia
 Chicken Alfredo
 Fresh Green Beans
 Tomato Basil Squash
 Fried Okra
 Sea Food Gumbo

Records Cafe

Blackened Salmon
 Chicken Pot Pie
 Brussels Sprouts
 Mixed Veggies
 Almond Rice
 Vegetable Soup

Fried Pork Chop
 Beef Stew
 Mashed Potato
 Green Beans
 Butter Corn
 Chicken Noodle

Stuffed Tilapia
 Chicken Enchiladas
 Fresh Broccoli
 Spanish Rice
 Pinto Beans
 Pozole

Parmesan Chicken
 Turkey Meatloaf
 Macaroni and cheese
 Rosemary New Potato
 Butter Squash
 Cream of Potato

Fried Catfish
 Pizza Special
 Spanish Baked Corn
 Fried Okra
 Skillet Fried Cabbage
 Chicken Creole Gumbo

