What You Need to Know: 2019 Novel Coronavirus Disease (COVID-19)

• There is an outbreak of respiratory disease (which affects breathing), called COVID-19. It is caused by a new virus called SARS-CoV-2. The outbreak is centered in Wuhan, China. Infections with this new virus are also being reported in other regions of China and other countries.

• We are learning new things about this illness every day.

• The virus can spread from person to person. However, the immediate health risk to the general public in Dallas County is considered low.

• There is no vaccine or treatment available.

Symptoms

• Fever
• Cough
• Shortness of breath

If you have a fever and cough or shortness of breath AND 1) Traveled from China within the past 14 days OR 2) Had close contact with someone who has been confirmed to have COVID-19:

• Before seeking medical care, call Dallas County Health and Human Services (DCHHS) at 877-605-2660. Afterward, call the healthcare provider and tell the doctor or their staff about your travel to China or about your close contact with a confirmed COVID-19 case. Tell them to call DCHHS at 877-605-2660. **Give the healthcare provider this card when you arrive for medical care.**

• After you have been seen by a medical provider, stay home and avoid contact with others until you are well.

• Avoid travel on any public transportation (such as bus, subway, train or airplane).

• Wear a face mask if you need to leave your home when sick.

• Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.

• Wash hands often with soap and warm water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.

Visit [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus) for the latest information.