The rise in temperatures this summer should trigger a heightened awareness for our elderly neighbors and family members.

These residents are at high risk for heat-related illnesses.

- Take time to check on them regularly.
- Make sure they have access to air conditioning.
- Encourage them to stay indoors during peak daytime temperatures.
- Seek immediate medical attention if you notice a change in their health.

Need relief from the heat?
Call 214-819-6001 to see if you qualify for assistance.

214-819-2100 | www.dallascounty.org/hhs
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