

**\*Calendar does not reflect events requested after May 1st.**

# MAY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Tobacco Cessation Class Session 4 (Virtual) @ 6p.m.	3 Nutrition Lunch & Learn (FB LIVE) 12:00P.M.	4 For Oak Cliff Farmers Market (SNAP ACCEPTED) 10:00 A.M.
5	6	7 Tobacco Cessation Class Session 5 (Virtual) @ 6p.m. 10 Tips for Adults @ Boys and Girls Club Mesquite 6P.M.	8 Healthy For Life (AHA) @ North Dallas Senior Center 10:00 A.M. Healthy For Life (AHA) @ Walnut Senior Center 11:00A.M.	9 Healthy For Life (AHA) @ Jefferson 10:00A.M. Healthy For Life (AHA) @ Emeritus 11:00A.M.	10	11
12	13	14 Tobacco Cessation Class Session 6 (Virtual) @ 6p.m.	15 DCHHS Employee & Community Health Fair @ DCHHS 10:00 A.M.	16 Older Americans Month Information & Health Fair @ Centennial Hall Fair Park 10:00A.M.	17 Nutrition Lunch and Learn (Microsoft Teams) 12:00 P.M.	18 Community Fair @ Full Gospel Tabernacle 10:00 A.M.
19	20	21 Tobacco Cessation Class Session 7 (Virtual) @ 6p.m.	22	23	24	25
26	27 <b>Memorial Day Office Closed</b>	28 Tobacco Cessation Class Session 8 (Virtual) @ 6p.m.	29 World No Tobacco Day Awareness Event @ DCHHS 10A.M.	30	31 Food Distribution Outreach @ Igelsia Adventista del Septimo Dia 10:00 A.M. World No Tobacco Day Lunch and Learn (Virtual) 12:00P.M.	