METRICS
CHRONIC DISEASE PREVENTION

Purpose

The program aims to combat chronic disease in Dallas County by promoting healthy eating through farmers markets, urban agriculture, and funding initiatives, while also addressing obesity, asthma, hypertension, cardiovascular disease, etc.

Key Services

The program offers a comprehensive array of chronic disease prevention services to the Dallas County communities. These services encompass health education, food and nutrition counseling for groups and individuals, a diabetes prevention program (DPP), diabetes and hypertension self-management education, tobacco cessation services and referrals, and an asthma home visit program coupled with asthma self-management education. Additionally, in partnership with local organizations, the CDPD provides free screenings for diabetes and breast cancer. To further enhance local healthy food production, the CDPD offers gardening education, technical assistance, and financial support to local gardeners and growers.

Full Time Equivalent Staffing

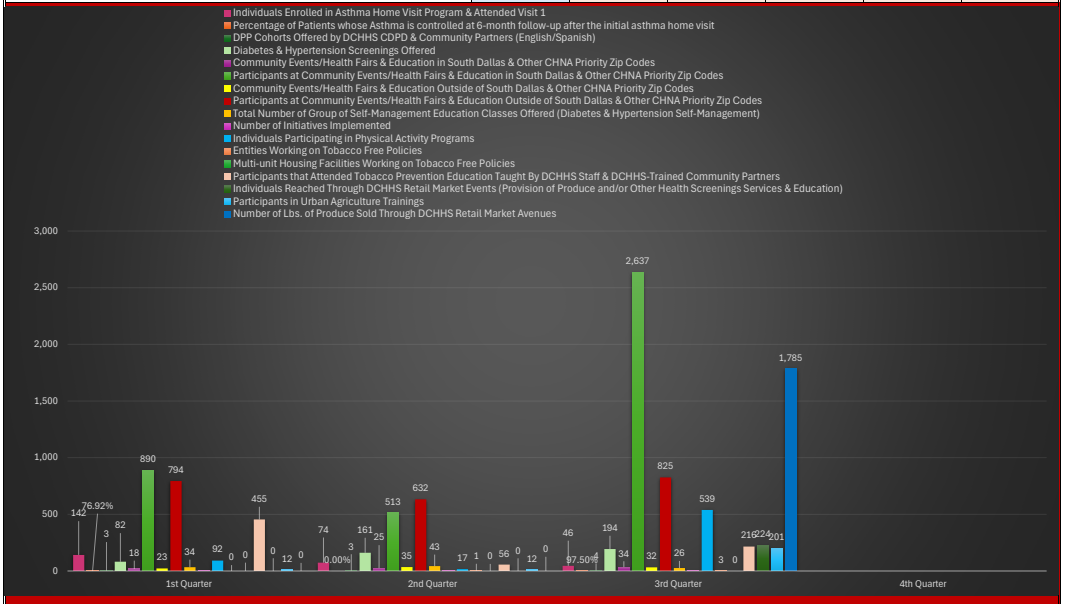
Permanent Total	3	Permanent (General Fund)	3	Permanent (Grant Fund)	0
Contractual Total	N/A	Contractual (General Fund)	N/A	Contractual (Grant Fund)	N/A

Funding

Budget	$2,376,020		General Fund	YTD	YTD	Grant/s	YTD	YTD
Type: ☑ General Fund	95%	☑ Grant Fund 5%	Budget	Exp	EXP. %	Budget	Exp	EXP. %
Source: Local and State			$2,249,000	**$942,444**	42%	$127,020	**$47,909**	38%

Key Metrics

Workload Measures	Prior Year	FY 2026 1st Quarter	2nd Quarter	3rd Quarter	4th Quarter	YTD Total
Individuals Enrolled in Asthma Home Visit Program & Attended Visit 1	98	142	74	46		262
Percentage of Patients whose Asthma is controlled at 6-month follow-up after the initial asthma home visit	-	76.92%	-	97.50%		76.92%
DPP Cohorts Offered by DCHHS CDPD & Community Partners (English/Spanish)	22	3	3	4		10
Diabetes & Hypertension Screenings Offered	496	82	161	194		437
Community Events/Health Fairs & Education in South Dallas & Other CHNA Priority Zip Codes	56	18	25	34		77
Participants at Community Events/Health Fairs & Education in South Dallas & Other CHNA Priority Zip Codes	1,840	890	513	2,637		4,040
Community Events/Health Fairs & Education Outside of South Dallas & Other CHNA Priority Zip Codes	153	23	35	32		90
Participants at Community Events/Health Fairs & Education Outside of South Dallas & Other CHNA Priority Zip Codes	5,236	794	632	825		2,251
Total Number of Group of Self-Management Education Classes Offered (Diabetes & Hypertension Self-Management)	50	34	43	26		103
Number of Initiatives Implemented	5	1	1	2		4
Individuals Participating in Physical Activity Programs	3,656	92	17	539		648
Entities Working on Tobacco Free Policies	4	0	1	3		4
Multi-unit Housing Facilities Working on Tobacco Free Policies	1	0	0	0		0
Participants that Attended Tobacco Prevention Education Taught By DCHHS Staff & DCHHS-Trained Community Partners	349	455	56	216		727
Individuals Reached Through DCHHS Retail Market Events (Provision of Produce and/or Other Health Screenings Services & Education)	186	0	0	224		224
Participants in Urban Agriculture Trainings	236	12	12	201		225
Number of Lbs. of Produce Sold Through DCHHS Retail Market Avenues	600	0	0	1,785		1,785



DALLAS COUNTY FY2026 PERFORMANCE INDICATORS

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DCHHS
Dallas County Health and Human Services
Healthy People Healthy Communities
Health and Social Equity

Chronic Disease Prevention (CDP)

KEY METRICS	METRIC DESCRIPTORS
Individuals Enrolled in Asthma Home Visit Program & Attended Visit 1	Dallas County residents (youth or adults) who enrolled in the DCHHS Asthma Home Visit Program and attended Visit 1, which includes taking an Asthma Control Test or Childhood Asthma Control Test (based on age). Dallas County residents (youth or adults) who enrolled in the DCHHS Asthma Home Visit Program and attended Visit 1, which includes taking an Asthma Control Test or Childhood Asthma Control Test (based on age).
Individuals with Uncontrolled Asthma at 1st AHV Session Who Report Improvement in their Asthma at 6 months	Dallas County residents (youth or adults) enrolled in the DCHHS Asthma Home Visit Program and had a score of 19 or less on the Asthma Control Test or Childhood Asthma Control Test (based on age) and then had a score of 20 or greater at the 6-month follow-up visit.
DPP Cohorts Offered by DCHHS CDPD & Community Partners (English/Spanish)	A Diabetes Prevention Program (DPP) cohort is a set of participants that began the program at the same time. Cohorts run for 12 months. This metric includes cohorts provided by DCHHS or by one or more community partners that is also a CDC-recognized DPP provider.
Diabetes & Hypertension Screenings Offered	Screenings include blood glucose, A1c, Prediabetes Risk Test, and/or blood pressure screenings conducted by DCHHS or in collaboration with one or more community partner.
Community Events/Health Fairs & Education in South Dallas & Other CHNA Priority Zip Codes	The total number of community events, health fairs, and educations that DCHHS staff attended and or organized within South Dallas or CHNA (Community Health Needs Assessment) priority zip codes
Participants at Community Events/Health Fairs & Education in South Dallas & Other CHNA Priority Zip Codes	The total number of people engaged in community events or health fairs attended and/or organized by DCHHS staff within South Dallas or CHNA (Community Health Needs Assessment) priority zip codes
Community Events/Health Fairs & Education Outside of South Dallas & Other CHNA Priority Zip Codes	The total number of community events/ health fairs & educations that DCHHS staff attended and/or organized outside of CHNA priority zip codes and South Dallas
Participants at Community Events/Health Fairs & Education Outside of South Dallas & Other CHNA Priority Zip Codes	The total number of community events/health fairs and educations that DCHHS staff attended and/or organized outside of CHNA priority zip codes and South Dallas
Total Number of Group of Self-Management Education Classes Offered (Diabetes & Hypertension Self-Management)	Self-management education classes include group education classes conducted using evidence-based curricula by DCHHS or in collaboration with one or more community partners.
Individuals Participating in Physical Activity Programs	Physical activity programs include community events or activities, group sessions, and/or trainings which focus on physical activity.
Participants that Attended Tobacco Prevention Education Taught By DCHHS Staff & DCHHS-Trained Community Partners	Dallas County residents (youth or adults) who hear and learn about any type of tobacco policy education, or tobacco & vaping prevention education in a structured class setting (a class series or one-time group presentation at an event).
Individuals Reached Through DCHHS Retail Market Events (Provision of Produce and/or Other Health Screenings Services & Education)	The total count of people who engage with DCHHS retail market events, including those who receive fresh produce, health screenings, or educational resources.
Participants in Urban Agriculture Trainings	The total number of individuals who attend and complete education and or training sessions focused on increasing knowledge of urban agriculture practices, including gardening, farming, and sustainable food production.
Number of Lbs. of Produce Sold Through DCHHS Retail Market Avenues	The total weight in pounds of fresh produce distributed or sold through DCHHS retail market avenues, including mobile markets, farmers' markets, and other channels.