METRICS
HEALTHY START INITATIVE - ELIMINATING RACIAL/ETHNIC DISPARITIES

Purpose

This grant racial/ethnic disparities in maternal and infant health by implementing strategies that focus on comprehensive maternal health services. These strategies will ensure Dallas County residents have access to perinatal maternal health information and reasonable care with the overarching objective of decreasing low infant birth weight rates and creating a bridge between maternal and child healthcare.

Key Services

Key services under this program include a multifaceted support program for new and expecting mothers, encompassing four key services. The Home Visit Program adds three new Community Health Workers and three Licensed Vocational Nurses, who will pair up to provide in-home clinical consultations, resources, education, and referrals. The Educational Program hires a Health Educator to offer group-based parenting education in both Spanish and English, following the Centering Pregnancy model. Behavioral Health Services will include a Behavioral Health Specialist to address mental health needs, referring mothers identified as high-risk through their intake forms or home visits. Additionally, a new Program Coordinator will oversee a Community Consortium, uniting various community representatives to address perinatal health issues and improve outcomes through a multisectoral approach.

Full Time Equivalent Staffing

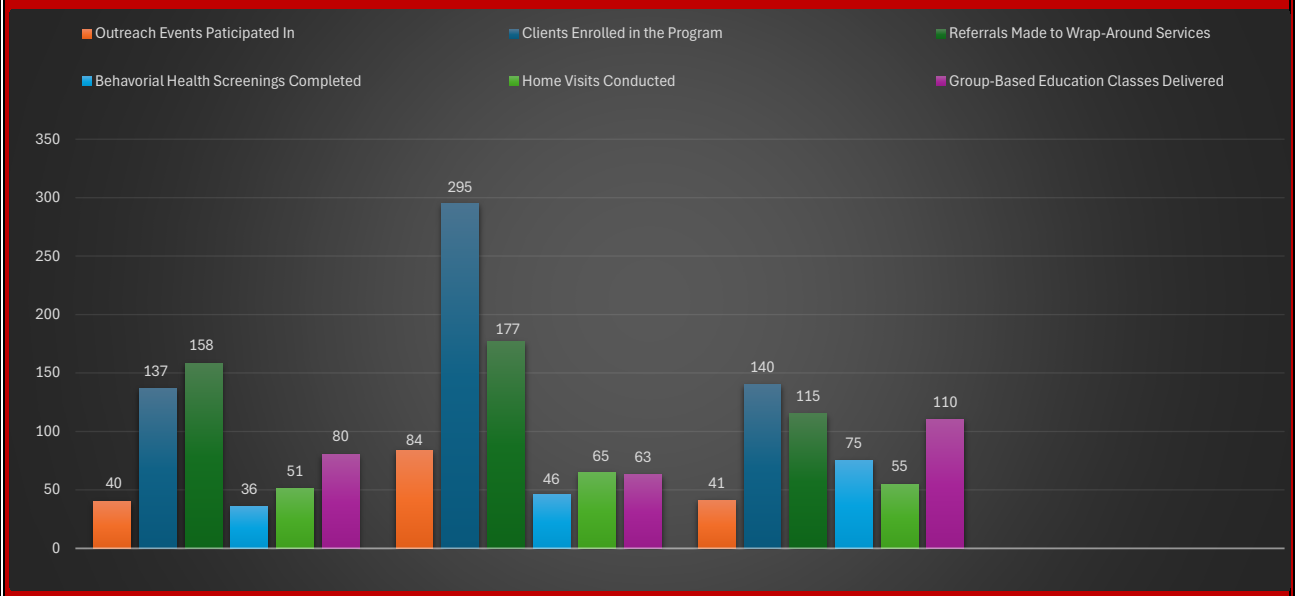
Permanent Total	8	Permanent (General Fund)	N/A	Permanent (Grant Fund)	8
Contractual Total	1	Contractual (General Fund)	N/A	Contractual (Grant Fund)	1

Funding

Budget	$3,208,333			General Fund	YTD	YTD	Grant/s	YTD	YTD
Type: ☐ General Fund	0%	☑ Grant Fund	100%	Budget	Exp	EXP. %	Budget	Exp	EXP. %
Source: Local and State				N/A	N/A	N/A	$3,208,333	**$1,243,839**	39%

Key Metrics

		FY 2026				
Workload Measures	Prior Year	1st Quarter	2nd Quarter	3rd Quarter	4th Quarter	YTD Total
Clients Enrolled in the Program	408	137	295	140		572
Outreach Events Paticipated In	54	40	84	41		165
Referrals Made to Wrap-Around Services	323	158	177	115		450
Behavorial Health Screenings Completed	59	36	46	75		157
Group-Based Education Classes Delivered	95	80	63	110		253
Home Visits Conducted	241	51	65	55		171



DALLAS COUNTY FY2026 PERFORMANCE INDICATORS

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DCHHS
Dallas County Health and Human Services
Healthy People Healthy Communities
Health and Social Equity

Healthy Start Initiative - Eliminating Racial/Ethnic Disparities

KEY METRICS	METRIC DESCRIPTORS
Number of behavioral health screenings completed	The number of completed screenings for maternal depression, anxiety, substance use, and other behavioral health concerns
Number of clients enrolled in the program	The number of clients enrolled in case management and/or group-based education
Number of group-based education classes delivered	The number of prenatal, parenting, or health education classes or support groups facilitated for participants.
Number of home-visits conducted	The total number of prenatal and postpartum home visits completed by community health workers and/or or nurses
Number of outreach events participated in	The number of community outreach events staff participate in to promote the program to the community
Number of referrals made to wrap-arouond services	The number of referrals made to supportive services (e.g., WIC, Medicaid, housing, behavioral health)