



**DCHHS**  
*Safe families, healthy lives*  
Dallas County Health and Human Services



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**Dr. Philip Huang, MD, MPH, Director**

**FOR IMMEDIATE RELEASE**

## **DCHHS reports third flu-related death of 2019-2020 season**

**DALLAS** (Dec. 18, 2019) – Dallas County Health and Human Services (DCHHS) is reporting the third flu-related death in Dallas County for the 2019-2020 season. The patient was 79 years of age and a resident of Irving with pre-existing medical conditions. For medical confidentiality and personal privacy reasons, DCHHS does not provide additional identifying information.

“This is the earliest we have had this much flu activity in than last ten years”, said DCHHS Director Dr. Philip Huang. “It’s not too late to get your seasonal flu shot”.

“Everyone 6 months and older should get a flu vaccine every season with rare exception. Flu shots are also recommended for pregnant women and people with certain chronic health conditions, such as asthma, diabetes, or heart disease – to decrease their risk of severe flu illness. Practicing everyday preventive actions can also help slow the spread of influenza and other respiratory illnesses. These steps include: frequent hand washing, covering your coughs/sneezes with a tissue or into your elbow and staying home if you have flu-like symptoms. Finally, if you do get sick with the flu, take antiviral medications if your doctor prescribes them.”

DCHHS recently announced free flu vaccines for adults and children at all DCHHS immunizations clinic locations <https://www.dallascounty.org/departments/dchhs/immunization-hours.php>

DCHHS is also extending free flu vaccines to adults and children at the following clinic location while supplies last:

Mexican Consulate  
1210 River Bend Dr.  
Dallas, TX 75247  
Thursday, December 19<sup>th</sup> 9 am to 12 pm

For more information about immunizations, call 214-819-2162. Additional information about influenza is available at <https://www.dallascounty.org/departments/dchhs/influenza.php>

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