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FOR IMMEDIATE RELEASE

DCHHS Offers Free Flu Vaccine Beginning Dec. 10

DALLAS (Dec. 10, 2019) – Dallas County Health and Human Services (DCHHS) begins Tuesday, Dec. 10 offering the seasonal flu vaccine for children and adults at *no charge*. The seasonal flu vaccine is free for all uninsured and low-income Dallas County residents.

"We're seeing much more flu cases earlier this year than last", said DCHHS Director Dr. Philip Huang. "It's not too late to get your seasonal flu vaccine".

Practice healthy habits to prevent flu such as:

- Get a flu vaccine every season, especially people at high risk
- Washing your hands often with soap and water
- Cover your mouth and nose with a tissue when coughing or sneezing
- Avoid close contact with people who are sick
- Stay home when you are sick
- Avoid touching your eyes, nose or mouth

Visit our website for clinic locations and hours or call 214-819-2162 for more information https://www.dallascounty.org/departments/dchhs/immunization-hours.php

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