

## CONTACTS

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## FOR IMMEDIATE RELEASE

# DCHHS Now Offering Flu Vaccine for Adults

**DALLAS (September 20, 2019)** – Influenza season is fast approaching and Dallas County Health and Human Services (DCHHS) is now offering the seasonal flu vaccine for adults. Residents can get the flu shot at any of the seven DCHHS clinic locations throughout Dallas County. Business hours for all locations are 8:00a.m.-4:00 p.m. Monday through Friday except the Grand Prairie location which is every 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> Wednesday of each month 8:00 a.m.-3:30 p.m. Locations and numbers of our clinics are listed below. The cost of the flu vaccine is \$30. Flu vaccine is covered by Medicare and Medicaid at no charge. DCHHS is awaiting shipment of the children's flu vaccine.

- DCHHS Imm Clinic, 2377 Stemmons Frwy, #141, Dallas, 75207, 214-819-2162 or 214-819-1903
- John West Branch, 3312 N. Buckner Blvd, #200, Dallas, 75228, 214-321-5747
- Jefferson Branch, 1113 E. Jefferson Blvd., #200, Dallas, 75203, 214-948-0425
- Farmers Branch, 2774 Valwood Pkwy., Farmers Branch, 75234, 972-241-2684
- Irving Branch, 440 S. Nursery Rd., Irving, 75060, 972-721-3661
- Spring Valley Branch, 8202 Spring Valley Rd., #200, Dallas, 75240, 214-358-0926
- Grand Prairie Branch, 1413 Densman St., Grand Prairie, 75051, 972-642-5962

"We urge everyone to get their flu shot while it is early in the season," said Dr. Philip Huang, DCHHS director. "We want our residents to protect themselves and their families by being vaccinated before flu season spikes."

DCHHS is following guidelines from the Centers for Disease Control and Prevention (CDC) to begin offering the flu vaccine as soon as it becomes available in the community. CDC recommends the flu vaccine as the best means of preventing the flu and its complications, and is recommended for all people aged 6 months and older. The flu vaccine DCHHS provides is an all-in-one shot that protects against multiple flu strains including the H1N1 virus.

"It takes about two weeks for the body to develop the antibodies needed to provide protection against the flu virus," Dr. Huang said. "Vaccination can also protect people around you, including those who are more vulnerable to serious flu illness, like babies, young children, the elderly, and people with certain chronic health conditions."

In addition to getting the flu shot, DCHHS encourages everyone to practice cough and sneeze etiquette along with proper hand-washing. DCHHS has [flu prevention materials](#) on its website available for the public to download.

For more information, call 214-819-2162.



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