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FOR IMMEDIATE RELEASE

## DCHHS Reports Eighth Flu-Related Death of 2018-2019 Season

DALLAS (February 12, 2019) – Dallas County Health and Human Services (DCHHS) is reporting the eighth flurelated death in Dallas County for the 2018-2019 season. The patient was 69 years of age and a resident of Dallas. For medical confidentiality and personal privacy reasons, DCHHS does not provide additional identifying information.

"If you still haven't gotten your flu shot it still is not too late", said Director Dr. Philip Huang.

"We cannot predict the intensity, severity or duration of the flu season from year to year," said Dr. Christopher Perkins, DCHHS Health Authority/Medical Director. "The best way to protect yourself and others is to get your seasonal flu shot."

It is not too late to receive the flu vaccine. DCHHS recently announced free flu vaccines for children at all six immunizations clinic locations <a href="http://www.dallascounty.org/department/hhs/immunizationhours.html">http://www.dallascounty.org/department/hhs/immunizationhours.html</a>

DCHHS is also extending free flu vaccines to adults and seniors at the following clinic locations and community events while supplies last:

- Main DCHHS Building 2377 North Stemmons Freeway, First Floor, Dallas, Texas 75207
- February 15, 2019 from 10 am 12 pm at the Pleasant Grove Library-7310 Lake June Rd, Dallas, TX 75217

The Centers for Disease Control and Prevention (CDC) recommends a yearly flu vaccine for all persons aged 6 months and older, with rare exception. Individuals should discuss flu vaccine concerns with a health care provider. The flu vaccine DCHHS provides is an all-in-one shot that protects against multiple flu strains including the H1N1virus. The adult flu vaccine is given in the adult immunization clinic on the first floor at the DCHHS building located at 2377 N. Stemmons Frwy in Dallas. The children's vaccine is available at all DCHHS immunization clinics. Clinic hours are from 8 a.m. to 4 p.m. Monday through Friday. For more information call 214-819-2162 or visit <a href="https://www.dallascounty.org/department/hhs/influenza.html">www.dallascounty.org/department/hhs/influenza.html</a>

Philip Huang, M.D., M.P.H. Director Christopher Perkins, D.O., M.P.H. Medical Director / Health Authority