



DCHHS
Safe families, healthy lives
Dallas County Health and Human Services



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FOR IMMEDIATE RELEASE

DCHHS reports sixth flu-related death of 2019-2020 season

DALLAS (Jan. 10, 2020) – Dallas County Health and Human Services (DCHHS) is reporting the sixth flu-related death in Dallas County for the 2019-2020 season. The patient was 82 years of age and a resident of Dallas with pre-existing medical conditions. For medical confidentiality and personal privacy reasons, DCHHS does not provide additional identifying information.

“We have seen an early increase in flu activity in Dallas this season. While we cannot predict the severity or duration of the flu season from year to year, the best way to protect yourself and others is to get you flu vaccine”, said Dr. Philip Huang, DCHHS Director and Health Authority.

“Getting the flu vaccine is especially important for persons with chronic health conditions, such as asthma, diabetes, or heart disease to decrease their risk of severe flu illness. Practicing everyday preventive actions can also help slow the spread of influenza and other respiratory illnesses. These steps include frequent hand washing, covering your coughs/sneezes with a tissue or into your elbow and staying home if you have flu-like symptoms. Finally, if you do get sick with the flu, take antiviral medications if your doctor prescribes them.”

The Center for Disease Control and Prevention (CDC) recommends a yearly flu vaccine for all persons aged 6 months and older, with rare exception. Individuals should discuss flu vaccine concerns with their health care provider.

DCHHS recently announced free flu vaccines for adults and children at all DCHHS immunizations clinic locations <https://www.dallascounty.org/departments/dchhs/immunization-hours.php>

DCHHS is also extending free flu vaccines to adults and children at the following community events:

Sunday, January 12, 2020
10:30 AM – 1:00 PM
Cristo Rey Dallas College Prep
1064 N. St. Augustine Dr.
Dallas, TX 75217

Thursday, January 23, 2020
10:00 AM – 12:00 PM
Eastfield Community College
3737 Motley Dr.
Mesquite, TX 75150

**Saturday, January 25, 2020
9:00 AM – 11:00 AM
Pleasant Grove Christian Church
1324 Pleasant Dr.
Dallas, TX 75217**

For more information about immunizations, call 214-819-2162. Additional information about influenza is available at <https://www.dallascounty.org/departments/dchhs/influenza.php>

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