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FOR IMMEDIATE RELEASE

DCHHS Reports the First Confirmed Heat-Related Death in Dallas County

Dallas (August 15, 2024) – Dallas County Health and Human Services (DCHHS) reports the first confirmed heat-related death in Dallas County for the 2024 season. The first patient was a 79-year-old female without pre-existing medical conditions and a resident of the City of Dallas in the 75227 zip code. Due to privacy and confidentiality reasons, DCHHS does not disclose personal information.

“We are very saddened to report our first confirmed heat-related death this season,” said Dr. Philip Huang, Director of DCHHS. “We encourage everyone to take precautions to protect themselves and their children from heat-related illness as temperatures remain high throughout the summer. Hydrate constantly and limit your time outdoors to protect against the intense heat.”

Heat-related illnesses may occur when the body cannot compensate and properly cool itself. Simple practices will keep you safe and healthy during the scorching summer days.

Protect yourself from extreme heat. We recommend staying in an air-conditioned place as much as possible. Limit outdoor activities. If you must work outdoors, take frequent breaks in the shade, drink plenty of water, and watch for signs of heat-related illness.

If your home does not have air conditioning, you may qualify for an emergency A/C window unit. Call us today: 214-819-1976.

To learn more and for safety tips visit: <https://www.cdc.gov/niosh/topics/heatstress/heatrelillness.html>

Visit our website to see the Heat-Related Illness Dashboard:

<https://www.dallascounty.org/departments/dchhs/data-reports/heat-related-surveillance.php>

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