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FOR IMMEDIATE RELEASE

Dallas County Health and Human Services Reports First Heat-Related Death

Dallas (July 24, 2025) –Dallas County Health and Human Services (DCHHS) reports the first heat-related death for the 2025 season. The resident was a male in their 60s with unknown pre-existing medical conditions. Additional information will not be released to protect the identity of the resident.

“We are very saddened to report our first confirmed heat-related death this season,” said Dr. Philip Huang, Director of DCHHS. “As high temperatures continue to impact North Texas, DCHHS urges residents to take this tragic incident as a reminder to prioritize heat safety and protect themselves and others—especially older adults, children, and individuals with chronic health conditions.”

DCHHS recommends the following precautions:

- Stay hydrated. Drinking water every hour when it’s hot outside and even when you are not thirsty.
- Avoid alcohol on hot days.
- Wear lightweight, light-colored clothing and limit outdoor activities during the hottest parts of the day (usually 3–7 p.m.).
- Stay in air-conditioned indoor locations. If you must be outside, take frequent breaks in the shade.
- Never leave people or pets in a parked car.

If your home does not have working air conditioning, you may qualify for an emergency A/C window unit. Dallas County residents are encouraged to call 214-819-1909 to apply.

To learn more about heat-related illness, visit our dashboard:

<https://www.dallascounty.org/departments/dchhs/data-reports/heat-related-surveillance.php>