

alcohol poisoning: know the signs, save a life.

C.U.P.S.

Cold and sweaty skin
Unconscious
Puking
Slow/irregular breathing or heartrate



Confusion



**Slurred
Speech**



Seizure



**Conscious but
unresponsive
(in a daze)**



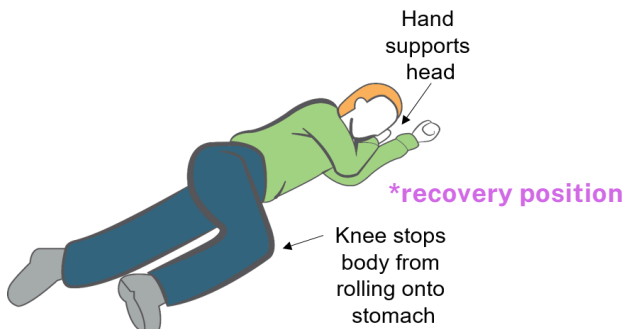
**Blue or
pale
skin**



**Low body
temperature**

what to do:

If you think someone has alcohol poisoning, it's crucial to take immediate action.



1

Check in with the person by talking to them.

2

If they are not responsive, call emergency services (911) immediately.

3

Monitor breathing and check their pulse. If you are CPR certified, be prepared to respond if necessary.

4

Keep them awake and talking. Sit them down, or if they are unable to sit up, lay them on their side in **recovery position*** to prevent choking.

5

Stay with them until medical professionals arrive and provide information to the first responders.



DCHHS
Dallas County Health and Human Services

Healthy People Healthy Communities
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