

# Stay prepared. Learn how to use Narcan and save a life.

## Before Administration:



**Check Responsiveness:**  
Try to wake the person by shouting and rubbing your knuckles on their chest (sternum)



**Call for help:**  
Dial 911

## Administration:



**1** Lay the person on their back for easier administration



**2** Open the Narcan package and remove the spray from its box



**3** Hold the spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle



**4** Gently insert the tip of the nozzle into one nostril until your fingers touch the bottom of the person's nostril and press the plunger

## After Administration:



Move the person into recovery position: On their side with their top leg and arm crossed over their body



Stay with the person and monitor their condition. If they do not wake in 2-3 minutes, administer a second dose of Narcan



If trained, perform CPR if the person is not breathing



**DCHHS**  
Dallas County Health and Human Services  
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