

You're Not Alone Healthy Start Can Help

The Healthy Start Program Offers:

-  Support before and after birth
-  Home visits and parenting tips
-  Assistance with appointments and essential resources like rental/utility aid, transportation, food support, childcare, health screenings, vaccines and much more!
-  Emotional and mental health support

Our services are FREE. No insurance needed.

Talk to your provider and contact us directly:

 972-804-2306

 DCHHSMaternalHealth@dallascounty.org

Let us help you and your baby have the best start in life.
Connect with one of our Health Educators or Community Health
Workers by scanning the QR below!



DCHHS
Dallas County Health and Human Services
Healthy People Healthy Communities
Health and Social Equity



Call.Refer.Empower

**Serving families in 75149, 75217, 75149, 75150, 75211, 75227, 75248, 75210, 75212,
75060, 75235, 75180, 75234, 75001, 75244, 75244, 75254, and 75201**

