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For Immediate Release

## **Judge Jenkins Urges Certain Individuals to Not Travel to Countries with Reported Zika Activity**

To minimize the risk of Zika virus infection passing to fetuses, pregnant women, women who may become pregnant or their partners should not travel to countries with reported Zika virus activity. Information about countries with Zika activity can be found at the following link:  
<http://www.cdc.gov/zika/geo/>

It's important to encourage all individuals to follow travel precautions and avoid mosquito bites as a general public health precaution. To prevent the spread of the disease, people traveling to those areas should carefully follow steps to avoid mosquito bites while there and for at least seven days after returning home. People can protect themselves from mosquito bites by:

- Wearing long-sleeved shirts and long pants
- Using EPA-registered insect repellents
- Using permethrin-treated clothing
- Staying and sleeping in screened-in or air-conditioned rooms
- Avoiding or limiting outdoor activities during peak mosquito times.

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