A Letter from Office of Support...

Thank you all for your wonderful contributions throughout this past quarter. As members, your additions are deeply valued.

We appreciate how you all challenge each other for the betterment of the Planning Council, as well as yourselves.

We are truly grateful for the moments of laughter and learning. Our work together strengthens our community, and that’s something to be proud of.

Office of Support Staff

take a look—
WHAT HAVE WE BEEN WORKING ON?

Executive
Consumer Education
Evaluation
Consumer Education

RWPC
Review of Allocations Committee Recommendations
CCC

Needs Assessment
2021 Mini-Needs Assessment Project

Planning & Priorities
FY 2020 Standards of Care

Allocations
FY 2022-23 Resource Allocations
Let’s Talk About HIV Testing!

HIV TESTING IS RECOMMENDED AS PART OF ROUTINE HEALTH CARE.

HIV often shows no symptoms.

RAPID TESTS PROVIDE RESULTS

IN LESS THAN 20 MINUTES!

NOT A FAN OF NEEDLES?

ASK ABOUT:

ORAL SWAB TEST

FREE AND LOW-COST HIV TESTING IS AVAILABLE ACROSS THE U.S.

PROBLEMATIC

HIV

HIV and AIDS (when referring to both)

High(er) risk group(s)

Key populations

Victims, Sufferers, Contaminated, Sick

People/person with HIV

To catch AIDS

To catch HIV

To transmit HIV

Positives HIVers AIDS or HIV carrier(s)

HIV-positive people

People/person with HIV

PREFERRED

AIDS (when referring to the virus, HIV)

High-risk behavior

To be diagnosed with AIDS

To acquire HIV

To transmit HIV
LET'S TALK ABOUT PREVENTION

- **Condoms**: When used consistently, condoms are highly effective in protecting against HIV, as well as many other sexually transmitted diseases (STDs). Condoms are also the only method of protection that prevents both pregnancy and disease. Like male condoms, female condoms are another barrier method of protection.
  
  Click here to find out more about condoms.

- **PrEP**: This once a day pill is available by prescription for people who do not have HIV and want added protection. When taken as prescribed, PrEP is highly effective at preventing HIV. Studies show it is more than 99% effective at preventing sexual transmission, and more than 74% effective from drug injection transmission.
  
  Click here to find out more about PrEP.

- **Clean injection equipment**: Needle-exchange programs in many cities offer free, clean syringes and provide a safe means of disposal of used ones. Only use syringes that come from a reliable source.
  
  Click here to find drug treatment programs near you.

- **Treatment as Prevention**: In addition to improving health, antiretrovirals (ARVs), the prescription medications used to treat HIV, also prevent the spread of the virus to others by lowering the amount of virus in the body, often to levels undetectable by standard lab tests. According to the U.S. Centers for Disease Control and Prevention (CDC) there is "effectively no risk" of sexual transmission to others when the viral load is undetectable.
  
  Click here to find out more about HIV treatment.
The Ryan White Planning Council is a community group that has been appointed by the County Judge, to plan the organization and delivery of HIV services for the Dallas EMA, HSDA funded by Part A, MAI Part B, & State Services of the Ryan White HIV/AIDS Treatment Extension Act. Each council member is a caring, dedicated volunteer who was carefully selected to represent the general public, persons living with HIV, funded service providers, and other health and social service organizations. Please contact RWPC Office Of Support at (214)819-1840 for an application and/or more information.

Ryan White Planning Council | Home (dallascounty.org)