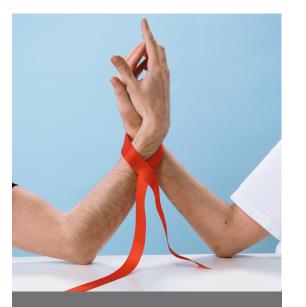
## RYAN WHITE PLANNING COUNCIL

**OF THE DALLAS AREA** MONTHLY EMAIL NEWSLETTER

### JANUARY 2021 · ISSUE 1



### RWPC MONTHLY MEETINGS

Executive Committee January 6, 2021 @ 2:00 PM

Ryan White Planning Council January 13, 2021 @ 9:00 AM

Needs Assessment Committe January 19, 2021 @ 2:00 PM

Planning & Priorities Committee January 20, 2021 @ 9:00 AM

Allocations Committee January 25, 2021 @ 5:15 PM

Evaluation Committee January 26, 2021 @ 3:00 PM

Consumer Council Committee January 28, 2021 @ 12:00 PM



# HAPPYNEW YEAR!

Each new year offers an opportunity to wave goodbye to the old and embrace the new. No matter what goals you set for the coming year, or how many resolutions you make, ringing in a new year can be a moment of reflection. "Sometimes, you have to look back in order to understand the things that lie ahead." - Yvonne Woon. So before you jump headfirst into your 2021 resolutions, let's take a moment to reflect on 2020. 2020 brought about many challenges; ultimately, the year changed life as we all knew it. 2020 introduced the world to a pandemic that made everyday life more difficult, and dangerous for people already living through difficult circumstances. Opposite that, we witnessed people around the world come together to help individuals they had never met. Community leaders took to the streets to educate the public and to advocate for financial support. Although, the path to 2021 may seem uncertain, one thing remains clear, we must work together to promote a safer and healthier community.

Happy New Year to all of the Ryan White Planning Council standing committee members, Administrative Agency, and stakeholders. The Ryan White Planning Council's Support Staff wish you all a 2021 filled with happiness and good health. We thank you for your support and continued dedication to the Dallas area HIV/AIDS community. Here's to a productive New Year!

- The Ryan White Planning Council's Support Staff



## THE RYAN WHITE PLANNING COUNCIL WANTS YOU!

The Ryan White Planning Council is a community group that has been appointed by the County Judge, to plan the organization and delivery of HIV services funded by Part A, Part B, MAI, & State Services of the Ryan White HIV/AIDS Treatment Extension Act. Each Council member is a caring, dedicated volunteer who has been carefully selected to reflect the diversity of our community. Members represent the general public, people living with HIV, funded service providers, and other health and social service organizations. Planning Council members work together to identify the care needs of people living with HIV. The Council then determines which services are of the highest priority, and how much funding should be committed to each service. Council members also evaluate the cost effectiveness and the quality of the services provided.

The Ryan White Planning Council is seeking women of color, transgender, youth, Hispanic, and Indian representation for the Planning Council and membership. Visit our website at <u>www.dallascounty.org/departments/rwpc/membership.php</u> for additional information.

Want to learn more about Ryan White? "The Ryan White Story" is available to watch now of Netflix.



### HIV/AIDS Q&A

### Q. What is HIV?

**A.** Human Immunodeficiency Virus is a virus that attacks cells that help the body fight infection, making the person more vulnerable to other infections and diseases.

### Q. What is AIDS?

**A.** Acquired Immune Deficiency Syndrome is the late stage of HIV infection that occurs when the body's immune system is badly damaged because of the virus.

### Q. How do you get or transmit HIV?

**A.** You can only get HIV by coming into direct contact with certain body fluids (blood, semen/preseminal fluid, rectal fluids, vaginal fluids, breast milk) from a person who has a detectable viral load.

Q. How do I know if I have HIV?A. The only way to know for sure if you have HIV is to get tested.

Q. Where can I get tested?
A. <u>Click here</u> to find a testing location near you.

Retrieved from <u>www.HIV.gov</u>

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