February 2025

Treasury Notes

Keeping up with the Treasurer's Office

Heart Association Month

This February, the Treasurer's Office participated in learning more about February's Heart Association Month. Here are some activities for a strong, healthy heart you can do :

Eat a healthy diet, Be physically active, Check your blood pressure

Try the 4-7-8 Breathy technique:

Inhale deeply through your nose for 4 seconds
Hold your breath for 7 seconds
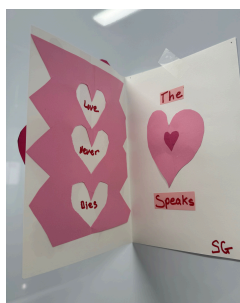Exhale slowly through your mouth for 8 seconds
Repeat for 4 cycles

Taking a stroll to promote exercise and reduce stress

Valentine Cards

Several employes participated in making Valentine cards for our love ones

We hope everyone had a wonderful Valentine's Day! For many couples from Dallas, Collin, Rockwall, and Tayor Counties, they had an unforgettable day.

On February 14, 2025, **Judge Staci Williams** of the 101st District court married over **forty-five couples** and conducted **two vow renewals.** Judge Williams shared that one couple had been married for 65 years on Valentines Day. The cost of the marriage fee is around $80.00, however for these lucky beautiful couples it was done **free** of charge. Each couple had their own ceremony and celebrated with cake and ginger ale with friends and family.

Thank you, Judge Staci Williams